APPENDICES

APPENDIX I  STRESS LEVELS INVENTORY FOR D.I.E.T. STUDENTS - A Self Reported Scale (English Version) (Pilot Study)

STRESS LEVELS INVENTORY FOR D.I.E.T. STUDENTS - A Self Reported Scale (Telugu Version) (Pilot Study)

APPENDIX II  BELL’S ADJUSTMENT INVENTORY (Pilot Study and Final Study)

APPENDIX III  TEACHING COMPETENCE SCALE FOR D.I.E.T. STUDENTS (Pilot Study and Final Study)

APPENDIX IV  ACADEMIC ACHIEVEMENT TEST FOR D.I.E.T. STUDENTS (Pilot Study) (English Version)

ACADEMIC ACHIEVEMENT TEST FOR D.I.E.T. STUDENTS (Pilot Study) (Telugu Version)

APPENDIX V  HOME ENVIRONMENT SCALE (Pilot Study)

APPENDIX VI  STRESS LEVELS INVENTORY FOR D.I.E.T. STUDENTS - A Self Reported Scale (English Version) (Final Study)

STRESS LEVELS INVENTORY FOR D.I.E.T STUDENTS - A Self Reported Scale (Telugu Version) (Final Study)

APPENDIX VII  ACADEMIC ACHIEVEMENT TEST FOR D.I.E.T STUDENTS (Final Study) (English Version)

ACADEMIC ACHIEVEMENT TEST FOR D.I.E.T STUDENTS (Final Study) (Telugu Version)

APPENDIX VIII  HOME ENVIRONMENT SCALE (Final Study)

APPENDIX IX  YOGA AND MEDITATION PHOTOS AND VIDEO CDs