ABSTRACT OF THE RESEARCH STUDY

A STUDY OF SPORTS INFRASTRUCTURE AND FACILITIES IN SCHOOLS AND COLLEGES OF AWADH

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The reason for this study was to research sports Infrastructure and Facilities in Different Schools and Colleges of Awadh Region. Physical instruction is the methodology by which changes in the individual are purchased about through development's encounters. Physical training points at physical improvement as well as, additionally mental advancement of the individual through physical exercises. 'Offices and Infrastructure' for the reasons of this overview can be characterized as all the area, structures and supplies required for an organization to effectively complete its main goal. Everything foundations need to give a situation that backings the fullfillment of their association's objectives and targets. The reason for this study of offices and framework is to discover the space and foundation of physical instruction in schools and universities. Physical instruction obliges offices as play grounds of diverse diversions, swimming pool, classrooms, class furniture, labs and libraries as crucial offices for games. The results of this study may help the education planners to take effective steps in providing due emphasis to physical education and sports program. The study may helpful to know the standards of schools and colleges in terms of sports infrastructure and facilities existing in schools and colleges of The study will be
further delimited fifteen districts of Awadh region however randomly selected schools and colleges from each districts region.

**Keywords:** Sports Facilities, Schools and Colleges, Physical education Infrastructure, Awadh Region.