CONTENTS

PREFACE .. .. i-iv

Chapter I : INTRODUCTION .. 1

Psychological standpoint of Buddhism - development of science - ethical base of Buddhism.

A brief account of psychology in general .. 4

Psychology and mind - synonymous terms - different types of psychology - Buddhism in comparison to them - theory and practice in life.

An account of Buddha's life and philosophical Teachings .. 9

The last one of the hundreds of incarnations - types of perfections - real experience of Truth-Dukkha-Kkhandha - causal chain - Nibbana - The Path-intuitive nature - logical analysis - value of nothingness.

Buddhist Psychology .. 20

Logical character - ethical character - psychological theory - metaphysical element.


Chapter II: CONCEPT OF MIND IN BUDDHIST PSYCHOLOGY

Ancient and modern concept - Indian concept - Vedic Upanisadic and Buddhist-modes - kusala - akusala and neutral - level of consciousness - equivalent words - specific outlook.

The Ego and the question of Free-Will

Definition of Karma - use of cetana, tanha - samkappa, mano, iddhi - vayama, attadama, lokuttara - freedom of personality, self-determinism.

Sense-perception, affection, will and knowledge

Process of perception - objective and subjective processes - vibhuta and avibhuta, stimulus, feeling - different interpretations, Vedana under three contexts - hedonistic meaning - ethical meaning - gradation of consciousness - synthetic harmony.

Chapter III: THE PROBLEM OF ATTITUDE AND ITS RELATION WITH KARMA

Attitude - subjective group pattern - healthy attitude - right views - liberation, tranquility - emotional disturbances - individual existence-experience - impressions - rebirth - Nibbana.
Sub-consciousness-rebirth
Level and gradation of consciousness
- sub-conscious or sub-peripherical - meditative power to cross the levels, rebirth - karmic energy - flow of consciousness - causal dependence - flow of becoming-momentary existence.

Psychological basis of Buddhist ethics

Buddhist psychology and modern psychology
Anti-substantialistic tradition - experience, psychical process - Rupino and Arupino Dhamma - absence of psychical entity.

Chapter IV: BUDDHIST TRIBES OF ARUNACHAL PRADESH
Buddhists in India - reduced influence - outspread and its cause - cause of its decline in India - return of the faith by two different paths - Geographical account of Arunachal - Mahayana Buddhists and their holy places - Hinayana school - historical account of the Khamtis and

(A) Khamtis:


(B) Singphos:

Origin - residential areas - cultural pattern - monastery - education - marriage - women's position - social class-naming peculiarity - traditional beliefs and festivals - religious function - day-to-day life - habit - influence of Buddhism - characteristic assimilation with the Khamtis.

(A) Religious Practices of the Bhikkhus


(B) Religious Practices of the laymen in these Tribes


Psychological bearings of the religion upon (a) the social and (b) the religious practices of these tribes

Distinctive features of socio-cultural life of these two tribes - religion and education - character formation - psychological impact of panca-sila - time limit of the vows - sight of the monks - peace of mind - intellectual guidance.
Chapter VII: CONCLUSION

SELECT BIBLIOGRAPHY