PREFACE

An attempt has been made in this study to find out the problems of adolescent girls and, to construct and standardize an Adjustment Inventory for urban adolescent girls. The period of adolescence, being the critical period of human development and adjustment has drawn worldwide attention of psychologists, educators, and social scientists. The study begins with the derivation of the concept of adjustment from the investigator's point of view. Different sources of problems of adolescents and the importance of studying them are also stated along with the significance of the study. Sex differences in adjustment problems and the major problem areas of the adolescent girls are discussed in the following chapter. The third chapter deals with different types of personality measurement and a brief history of the development of adjustment inventories. The methods and approaches used for collecting information regarding the problems of adjustment of adolescent girls and different steps taken for constructing the preliminary draft of the adjustment inventory have been discussed in chapter 4. In the following chapter the purposes for trying out the test experimentally and the details about the selection of a sample for experimental tryout are given. The meaning, different indices of item analysis and the statistical procedure used for computation of the indices of the items of the test are stated in the next chapter. Chapter 7 devotes to different constructional features leading to the final draft of the inventory. Reliability and Validity of the test
have been discussed in chapter 8 and 9. Chapter 10 deals with the derivation of both total-score-wise and class-wise norm tables for evaluation of test results along with the details of sample selection, administration, scoring of the test and the distribution of scores of the standardization sample. The study is concluded with a statement outlining the summary and a discussion bearing on the usefulness and limitation of the test.