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Subject "AYURVEDA IN HINDI LITERATURE." I decided to meet Dr. Tiwari. One day I went to Guwahati University regarding discussion of my book "Uttar Purvanchal Ki Vasanusadhiyan." I could get opportunity to talk with Dr. Dharamdeo Tiwari regarding my desire to do some specialised work on Ayurveda through Hindi literature. While talking Dr. Tiwari agreed to guide me and show his keen interest to help me for this noble job. He is one of the intellectuals person who has knowledge of Sanskrit and Ayurveda by virtue of his tradition and study. Ultimately Dr. Tiwari kindly and graciously agreed to help and guide me.

The subject for my research was finalised but such works are not completed by such finalisations only. Even the fulfilment of preliminary conditions and requirements do not hasten the completion of or give mobility to such works, for there still remains the necessity of proper guidance, pursuit of subject in right dimension and translation of researcher's thoughts and conception in black and white. But as regards guidance I was lucky in the sense that whenever I went to Dr. Tiwari, with any problem and difficulty regarding my research work, he quickly and readily unquotted all the knots which afforded me much needed mobility to work that ultimately led to its completion and realisation of my dream. As such it would be very unbecoming, very ungrateful of me, if I don't put at his feet the flowers of my respect and obligation. Therefore I am offering my "HAMAH" to him as :-
(III)

* GURUR BRAHMA GURUR VISHNU
GURUDEV MAHESVARAH.
GURURBAHMA T PARAM BRAHMA.
TASMAI SHRE GURUDEV MANAH.

Besides the preface and relevant books of refer-
ances, some pictures of medical plants and instruments used
in Ras Sastra the present research work is divided in to
following chapters :-

I introduction :- under this chapter a short
introduction is given under different heads like; Utility
of subject and classification of Ayurveda, scope of the
subject and sources of the subject.

II Ayurveda in Adikal Hindi literature:

2 nd chapter of this thesis consists of discussion
on Adikal Hindi literature. Matters related to Ayurveda
in the works of different poets of Adikal Hindi literature
would be discussed in this chapter. For systematic study
of Adikal Hindi literature, it is divided into six separate
groups, such as 1. Siddha Sahitya, 2. Jain Sahitya
3. Nath Sahitya 4. Ras Sahitya 5. Lokik Sahitya and

III. Ayurveda in Bhaktikal Hindi literature.

This chapter contains discussion on the works of
different writers of Hindi Literature of that L11 (Period)
the selection of works is made on the basis of prominence
of the writers and their contribution to the subject of
Ayurveda. Discussion would take place under serial order
IV. Ayurveda in Hitikal Hindi Literature.

Under this chapter works of different poets of Hitikal Hindi literature is discussed, which are related to Ayurveda. In this chapter the selection of works of different poet is made on the basis of their prominence and contribution to the subject of Ayurveda. These are discussed serially according to their period.

V. Ayurveda in Adhunik Kal Hindi literature.

This chapter discusses on the works of some of the prominent writers of Adhunik Kal Hindi literature, who contributed for the subject of Ayurveda. Selection is based on the prominence and their contribution to the subject.

VI. Conclusion. This is the final chapter of this thesis. Under this chapter of thesis the investigator like to give a brief discussion on the subject and findings with his personal views.

I considered it my bounden to express my greatfulness to the institutions and persons who have contributed immensely in the completion of this difficult and uphill task of mine. In my present research work I have received valuable help and sympathetic suggestion from Dr. Acharya Jyotir Mitra. Prof A Head Department of basic principles Institute of medical Science, Banaras Hindu University, Dr. Late Kshund of Hindi Department, Guwhati University, Dr. H Tivari (Reader Hindi) Guwhati University, Dr. Hem Chaudhary(Vice Principle, Pachunga University College, Aswal, Shri. W Kshund (Secy. to H.E. Governor of Mizoram), Shri. Vijayan(Secy. Health
Govt of Misoran), Shri. T. Gupta (Secy. Home, Govt of Misoran),
Shri. HS Dubey (Ex. Hon. L. Governor of Misoran). I express
my gratitude to them who have helped me in various ways.
Humb. IHS of Misoran, Medical Supt. Civil Hospital, Aiswal
for their assistance to me and also in granting me leaves to
under take this research work and to collect materials for this
from Guhathi and Varamasi and other places time to time.

In my wife Smt. Rohima Devi, I found a great helper in
all my works and in this present research work also. Pictures
my
given in this thesis drawn by my wife which is a great help in it.

I have collected the materials for my research work mainly
from my own collection of books, Nagaripracharini Sabha
(Arya Bhasa library) Varamasi, Guhathi University Library
Hindi Prashikshana Sansthan Library, Aiswal. I am much
greatful to these institutions and their authorities. I am
thankful to Shri. AA Barther, Naik Clerk of 1 ASSAM RIFLES
for taking trouble to type the pages of the present
research work.

However despite care and caution, some typing errors
have crept in these pages of this thesis, for which I express
my deep regrets. Humbly and hopefully I present my research
work before and dedicate it to the lovers and devotees
of Hindi and Ayurveda and wait their reaction and response

Dated: ___________ 88

(NP Sarmah)