APPENDIX - A

INTERVIEW SCHEDULE FOR THE CURRENT AND PAST DRUG USER
I. PERSONAL DATA

1. Age : ____________ years.

2. Sex : [ ] Male [ ] Female

[ ] Hindu.
[ ] Sikh.
[ ] Seng Khasi.
[ ] Muslim.
[ ] Any other.

4. Ethnic Background : [ ] Khasi.
[ ] Assamese.
[ ] Manipuri.
[ ] Bihari.
[ ] Jaintia.
[ ] Garo.
[ ] Bengali.
[ ] Mizo.
[ ] Naga.
[ ] Punjabi.
[ ] Any other.
5. Course of Study Pursued : _______________________

6. (a) Residential Information

- [ ] With Parents.
- [ ] College Hostel.
- [ ] Self.
- [ ] Rented House.
- [ ] With Relatives.
- [ ] Any other.

6. (b) Family Background :

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<th>Educational Qualification</th>
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6. (c) Birth order of the Respondent :

- [ ] Eldest Child.
- [ ] Youngest Child.
- [ ] Middle Child.
- [ ] Only Child.

7. Family's Monthly Income :

- [ ] Below Rs. 2,000/-.
- [ ] Rs. 2,000 - Rs. 3,000/-.
- [ ] Rs. 3,000 - Rs. 4,000/-.
8. Do you take drugs in any form?

- Yes.
- No.

(a) If no, then do you use to take drug in any form earlier and have now given up.

- Used to take earlier but not now.

N.B. Those who have given up drugs should now shift to Item III.

II. FOR THOSE WHO ARE CURRENTLY TAKING THE DRUGS (CURRENT USERS)

9. (a) When did you first use drug? __________ years.
   (at what age).

   (b) Which drug did you first use? (Please identify the name).

   (c) How did you get motivated to take drugs for the first time in your life?

10. (a) Have you been taking it regularly since your first trial?

    - Yes.
    - No.

   (b) Since when (for how long) have you been taking the drugs regularly?

11. Of the following which are the substances you have been using?

   (i) Hashish/Ganja/Bhang/Dope.
   (ii) Barbiturates.
   (iii) Dexedrine.
   (iv) Opium.
   (v) Morphine.
(vi) Mandrax.
(vii) Diazepam.
(viii) Acid/LSD.
(ix) Heroin/No-4.
(x) Phensedyl.
(xi) Calmpose.
(xii) Any other.

12. Frequency of use:

(i) Once a month or less often.
(ii) Once a week.
(iii) Twice a week.
(iv) Thrice a week.
(v) Once a day (daily).
(vi) More than once a day.

13. Please explain the reasons/causes motivating you to continue taking drugs? (We have listed below some of the possible reasons/causes you may choose from one or more alternatives, causes may be indicated by ticking in the appropriate boxes. In case some possibilities are not covered by us then please indicate that under the other category).

- [ ] Gives physical energy in doing daily work.
- [ ] Gives mental alertness in everyday life.
- [ ] Gives proper sleep and rest to the body at night.
- [ ] Gives good appetite.
- [ ] Gives confidence in interacting with friends.
- [ ] Gives confidence in interacting with friends of the opposite sex.
Gives confidence in interacting with family members.
Gives confidence to move in public places.
Increases concentration in studies.
Makes me perform better in examination.
Drug taking is the "in-thing" "mod of the day"
To be acceptable in the group.
Satisfy curiosity.
Feel good, get high.
To remove boredom.
For kicks.
Relieve tension, facilitate relaxation.
Makes me forget the miseries of life or uncertainty of the future.
Any other (Please Specify).

14. From where do you generally procure these substances?

Friends.
Drug stores.
Medical practitioners.
Pushers.
Peddlers.
Any other.

15. Did you ever try to give up drug consumption?

Yes.
No.

If no, why? (Please explain).

(a) What is the Percentage of marks obtained in the last examination?
   (i) Before taking drugs
   (ii) After taking drugs

(b) Do you attend all your classes regularly (daily) in the College?
   (i) Before taking drugs
   (ii) After taking drugs

(c) Do you always sit for all the class tests in the College?
   (i) Before taking drugs
   (ii) After taking drugs

(d) Do you revise your lessons daily?
   (i) Before taking drugs
   (ii) After taking drugs

(e) Do you complete your homework daily?
   (i) Before taking drugs
   (ii) After taking drugs

(f) Do you study regularly (daily)?
   (i) Before taking drugs
   (ii) After taking drugs
(g) Do you read the newspaper regularly?

(i) Before taking drugs

(ii) After taking drugs

(h) Do you participate in co-curricular activities?

(i) Before taking drugs

(ii) After taking drugs

Specify the types of co-curricular activities participated in:

(i) Before taking drugs

(ii) After taking drugs

III. FOR THOSE RESPONDENTS WHO HAVE GIVEN UP TAKING DRUGS: (PAST USER)

17. For how long did you take drugs regularly in the past?

18. Frequency of use: (i) Once a month or less often
   (ii) Once a week
   (iii) Twice a week
   (iv) Thrice a week
   (v) Once a day (daily)
   (vi) More than once a day

19. Indicate the type of drugs taken by you at that time?

20. What are the reasons which led you to stopped taking the drugs?

21. For how long have you stopped taking the drugs?

22. (i) Do you find any change in your life style after stopping the consumption of drugs?

   change for the better.
   change for the worse

   (ii) Please explain in detail particularly in regard to your educational performance:
APPENDIX B

QUESTIONNAIRE ON DRUG ABUSE PREVENTION AT THE COLLEGE LEVEL
The following are some of the questions regarding the preventive work done by the Colleges in Khasi and Jaintia Hills in the field of Drug abuse. You are requested to read the questions carefully and to give the correct response of what is actually practised in your College. Your answers will be kept confidential and used for research purposes.

(1) Name of the College: 

(2) Type of College: Male Female Co-educational

(3) Are you aware of the problem of drug abuse existing among the students of your college?

(4) Does the college have a counselling centre?

(5) What are the different types of preventive work undertaken by your college?

(i) Awareness building

(ii) Identification of addicts

(iii) Counselling

(iv) Any other (please specify)

(6) (i) Does the college conduct drug awareness programmes?

Yes No

(ii) If yes, how many times in a year are the drug awareness programmes conducted?

(a) Once a year

(b) Twice a year

(c) Thrice a year

(d) Four times in a year.

(7) What suggestions would you like to give with regard to the prevention activities?
APPENDIX C

QUESTIONNAIRE ON DRUG ABUSE PREVENTION DONE BY NON-GOVERNMENTAL ORGANISATION
The following are some of the questions regarding the preventive work done by the Non-governmental organisations in Khasi and Jaintia Hills in the field of Drug abuse. You are requested to read the questions carefully and to give the correct response of what is actually practised in your centre/organisation. Your answers will be kept confidential and used for research purposes.

(1) Name of the centre/organisation:

(2) Year of establishment:

(3) Objectives of the centre:

(4) What are the target groups aimed at for drug prevention programmes?

(5) What are the different types of preventive work done by the centre/organisation? Please specify -

   (i) Awareness building

   (ii) Identification of addicts

   (iii) Counselling

   (iv) Follow-up

   (v) Referral service

   (vi) Any other

(6) In awareness building, what type of media do you make use of? Please specify -

   (i) Films and slides

   (ii) Printed material

   (iii) Radio

   (iv) Television

   (v) Recorded talk

   (vi) Any other
(7) Do you get any form of involvement from the community in the following areas?

(i) Resource persons

(ii) Fund raising shows

(iii) Materials required for creating awareness

(iv) Parents involvement

(v) Any other

(8) In what language are these programmes being conducted?

(i) English

(ii) Khasi

(iii) Mizo

(iv) Hindi

(v) Any Other

(9) From where does the centre/organisation get financial assistance?

(10) What are the major obstacles faced by your centre/organisation in carrying out the drug preventive programmes?

(11) How many times in a year are the preventive programmes conducted?

(i) Once

(ii) Twice

(iii) Thrice

(iv) Four Times

(12) What suggestions would you like to give with regard to preventive activities?
APPENDIX D

INTERVIEW SCHEDULE USED IN CASE STUDIES
I. Identification Data
1. Name :
2. Age :
3. Sex :
4. Religion :
5. Place of Birth : State : District :
6. Date of Birth :
7. Address :

II. Family History
A. Father
1. Name :
2. Address :
3. Education :
4. Occupation :
5. Income :
6. Habits :
7. Attitude towards the child :

B. Mother
1. Name :
2. Address :
3. Education :
4. Occupation :
5. Income :
6. Habits :
7. Attitude towards the child :
C. Brothers and Sisters
(a)
(b)
(c)
(d)

D. State of Home Atmosphere (To be inferred from interview schedule)

E. Family Diagram
(1) Any other person interested in the child:
(2) Childhood (details about the child should be recorded):
(3) Friends, companions and associates:

III. Educational History
A. School History
1. School attended:
2. Academic performance:
3. Teachers' attitude towards him:
4. Attitude towards school:
5. Attitude towards co-curricular activities:
6. Future academic plans:

B. College History
1. College attended:
2. Course of study:
3. Academic performance:
4. Attitude towards college:
5. Attitude towards co-curricular activities:
6. Future academic plans:
IV. For Current Users (for those who are currently taking the drug)

1. Factors that led to drug use (Reasons for starting) :
2. At what age :
3. Drug first used :
4. Pattern/schedule of usage :
5. Experience :
6. Parents view :
7. Effects on educational performance :

V. For Past Users (for those who have given up drug taking)

1. Causes of drug use (Reasons for starting) :
2. At what age :
3. Drug first used :
4. Pattern of usage :
5. Experience :
6. Parents view :
7. Effects on educational performance :
8. Reasons for giving up drug use :
9. Change in life style (especially in the area of educational performance) after discontinuance drugs :