APPENDICES
PROFORMA
APPENDIX – 1:

Dr. Swapan Dholakia
Guide : Dr. Prof. N. C. Mehta.
Head, Department of Medicine.

Proforma of hypertensive subjects

<table>
<thead>
<tr>
<th>PATIENT’S PARTICULARS</th>
<th>INDOOR REG NO.:</th>
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<tbody>
<tr>
<td>NAME</td>
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<tr>
<td>AGE</td>
<td>OUTDOOR REG NO.:</td>
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<tr>
<td>SEX</td>
<td>D.O.A.:</td>
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<tr>
<td>EDUCATION</td>
<td>D.O.D.</td>
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<tr>
<td>OCCUPATION</td>
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<tr>
<td>MARITAL STATUS</td>
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<td>RELIGION</td>
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<tr>
<td>FAMILY INCOME</td>
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<td>ADDRESS</td>
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<table>
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<th>COMPLAINTS</th>
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<tr>
<td>HEADACHE</td>
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<td>CHEST PAIN</td>
<td>VOMITTING</td>
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<td>BREATHLESSNESS</td>
<td>POLYURIA</td>
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<td>GIDDINESS</td>
<td>POLYPHAGIA</td>
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<td>EPISTAXIX</td>
<td>POLYDYSPIA</td>
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<td>VISUAL DISTURBANCES</td>
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<td>OLIGURIA</td>
<td>BOWEL DISTURBANCES</td>
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<td>OEDEMA</td>
<td>COMA</td>
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D.O.A.: Date of Admission
D.O.D.: Date of Death
HISTORY OF HYPERTENSION
DURATION OF HYPERTENSION
AGE AT WHICH DETECTED
PRESENTING COMPLAINTS
TREATMENT PROFILE

PAST HISTORY
ANGINA
MYOCARDIAL INFARCTION
C.V. STROKE
TUBERCULOSIS
DIABETES

PVD
PERIPHERAL NEUROPATHY
HIV
HBs Ag
BT

FAMILY HISTORY
DIABETES
HYPERTENSION
CAD
OBESITY

OBSTETRIC/MENSTRUAL HISTORY
NO OF CONCEPTIONS
ABORTION AND CAUSE
MENARCHE
MENSTRUAL CYCLES
CONTRACEPTION
PERSONAL HISTORY
DIET: CALORIES
   DISTRIBUTION OF CALORIES
SLEEP
APPETITE
BLADDER
BOWEL
SEXUAL DYSFUNCTION

DRUG HISTORY

GENERAL EXAMINATION
CONSCIOUSNESS
TEMP
PULSE
BLOOD PRESSURE
RESP
SIGNS OF ATHEROSCLEROSIS
ICTERUS
PEDAL EDEMA
LYMPHADENOPATHY
BACK AND SPINE
HEIGHT
WEIGHT

PERIPHERAL PULSES:

CAROTID
BRACHIAL
RADIAL
ULNAR
FEMORAL
POPLITEAL
POST. TIBIAL
DORSALIS PEDIS
SYSTEMIC EXAMINATION
CENTRAL NERVOUS SYSTEM

HIGHER FUNCTIONS
CRANIAL NERVES

MOTOR
NUTRITION
TONE
POWER
COORDINATION
INVOLUNTARY MOVEMENTS

SENSORY
SUPERFICIAL SENSATIONS
DEEP SENSATIONS
CORTICAL SENSATIONS

REFLEXES
SUPERFICIAL
CORNEAL
CONJUNCTIVAL
GAG
ABDOMINAL
BULBOCAVERNOSUS
CREMASTERIC
PLANTARS

DEEP
BICEPS
TRICEPS
SUPINATOR
KNEE
ANKLE
ROMBERG’S SIGN

TROPHIC CHANGES

CEREBELLAR SIGNS

MENINGEAL SIGNS

GAIT

CARDIOVASCULAR SYSTEM

INSPECTION APEX
  OTHERS

PALPATION APEX
  OTHERS

PERCUSSION

AUSCULATATION
  S1
  S2
  MURMERS
  RUBS
RESPIRATORY SYSTEM

UPPER RESPIRATORY TRACT
LOWER RESPIRATORY TRACT

INSPECTION
PALPATION
PERCUSSION
AUSCULTATION

BREATH SOUNDS
VOCAL RESONANCE
CREPTS
RONCHI

PER ABDOMEN EXAMINATION

ORAL CAVITY

ABDOMEN

INSPECTION
PALPATION:
SPLEEN
LIVER

PERCUSSION
AUSCULTATION

INVESTIGATIONS:

HAEMOGLOBIN
TOTAL COUNT
DIFFERENTIAL COUNT
ESR

URINE ALB
SUGAR:
MICROSCOPIC
S.CREAT
BLOOD UREA
FBS
PP2BS
DILATED FUNDUS
LIPID PROFILE
  TOTAL CHOLESTEROL:
    HDL
    LDL
    TRIGLYCERIDE
    VLDL
ECG:
X.RAY CHEST (P/AVIEW)

BRACHIAL ARTERY DIMENSIONS:
  RESTING:
  POST SHEAR-STRESS:
  POST GTN:
  FMD%
  GTN%
PROFORMA FOR CONTROLS
“ENDOTHELIAL FUNCTION IN HYPERTENSION”
By: Dr. Swapan Dholakia
Guide: Dr. Prof. N.C. Mehta

Head, Department of Medicine.

NAMES:
AGE:
SEX:
FAMILY HISTORY:
PULSE:
BLOOD PRESSURE:
S/E: CVS
   RS
   P/A
   CNS
INVESTIGATIONS
ECG:
CHEST X-RAY (P/A)
LIPID PROFILE
BRACHIAL ARTERY ULTRASOUND:
   Resting Brachial Artery Diameter:
   Post Shear Stress Diameter
   Post GTN Diameter
   FMD%:
   GTN%: