### APPENDIX - 5

**TREATMENT EVALUATION SHEET**

<table>
<thead>
<tr>
<th>Name of group member</th>
<th>Sheet No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Date</td>
<td>Session No</td>
</tr>
</tbody>
</table>

#### I. (a) Family Welfare

<table>
<thead>
<tr>
<th>He has some interest in the welfare of the family.</th>
<th>He has quite good interest in the welfare of the family.</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 2 3 4 5 6 7</td>
<td></td>
</tr>
</tbody>
</table>

#### I. (b) Family Identification

<table>
<thead>
<tr>
<th>He has poor sense of family identification and loyalty.</th>
<th>He has a strong sense of family identification and loyalty.</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 2 3 4 5 6 7</td>
<td></td>
</tr>
</tbody>
</table>

#### II. (a) Understanding of Self

<table>
<thead>
<tr>
<th>He has poor understanding of self.</th>
<th>He has quite satisfactory understanding of self.</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 2 3 4 5 6 7</td>
<td></td>
</tr>
</tbody>
</table>

#### II. (b) Ability to Control Impulses

<table>
<thead>
<tr>
<th>He is not firm and stable emotionally (Anger, fear, joy, love etc) and cannot control impulses.</th>
<th>He is firm and stable emotionally (Anger, fear, joy, love etc) and can control impulses.</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 2 3 4 5 6 7</td>
<td></td>
</tr>
</tbody>
</table>
III (a) **Lasting Relationship**

He cannot have long and lasting relationship with various persons. He feels that he can have long and lasting relationship with various persons.

1 2 3 4 5 6 7

(b) **Stable set of social expectations**

He is not stable in his expectations from relatives and friends. He is quite stable in his expectations from relatives and friends.

1 2 3 4 5 6 7

IV (a) **Scornful Remarks**

He does not have the capacity to withstand the scornful remarks of others. He has capacity to withstand the scornful remarks of others.

1 2 3 4 5 6 7

(b) **Temper Control**

He cannot control his temper after listening to other's negative remarks. He can control his temper after listening to other's negative remarks.

1 2 3 4 5 6 7

V (a) **Needs and Choices**

He cannot understand his needs and cannot decide his choices on the basis of his nature and special qualities. He can understand his needs and decide choices on the basis of his nature and special qualities.

1 2 3 4 5 6 7
(b) **Timid**

He is timid, vacillating and cannot make up his mind firmly.  
He is pleasant and can make up his mind firmly.

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1 2 3 4 5 6 7

**VI (a) Personal Strength**

He does not have various qualities which can make him a strong person.  
He has various qualities which can make him a strong person.

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1 2 3 4 5 6 7

(b) **Personal Weaknesses**

(i) He is not aware of his personal weaknesses.  
He is aware of his Personal weaknesses.

---

1 2 3 4 5 6 7

(ii) He does not have the ability to cope up with the problem situations of one's own life.  
He has ability to cope up with problem situations of one's own life.

---

1 2 3 4 5 6 7

**VII Sense of belonging**

He feels strange and uneasy  
He feels comfortable and at ease.

---

1 2 3 4 5 6 7
VIII Acceptance of others

He does not feel friendly toward some members interested in them.
He feels kindly disposed toward and interested in other members.

IX Concentration

He has difficulty in following the strands of thoughts.
He follows the strands of thought with only slight difficulty.

X Creative Differences

Differences of ideas make him uneasy.
Differences of ideas are interesting to him.

XI Sense of Responsibility

He does not have a sense of responsibility.
He has a fair sense of responsibility.

XII Doubt about others

He doubts others intentions and motives.
He trusts others and is not skeptical of others intentions and motives.
### XIII Ability to share experiences

<table>
<thead>
<tr>
<th>1</th>
<th>2</th>
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<th>6</th>
<th>7</th>
</tr>
</thead>
</table>

He does not feel like sharing his experiences with others. **He shares his experiences with others.**

### XIV Receiving V/s Giving Help

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<tr>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
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<th>6</th>
<th>7</th>
</tr>
</thead>
</table>

He has a strong need to receive help from others. **He has a need to receive help from others as well as looks for giving help.**

### XV Imagination and Dynamism

<table>
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<th>1</th>
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<th>6</th>
<th>7</th>
</tr>
</thead>
</table>

He lacks imagination and dynamism. **He has fair imagination and dynamism.**

### XVI Resourcefulness and Courage

<table>
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<tr>
<th>1</th>
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<th>7</th>
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</thead>
</table>

He does not have competence to face the challenges of life with courage and resourcefulness. **He has competence to face the challenges of life with courage and resourcefulness.**

### XVII Afraid of making mistakes

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<th>1</th>
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<th>7</th>
</tr>
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</table>

He is always afraid of making mistakes and scared of incurring the wrath of others. **He is sometimes only afraid of making mistakes and scared of incurring the wrath of others.**
XVIII Inquisitiveness

He lacks the inquisitiveness and inquiring mind. He is inquisitive and has inquiring mind.

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1 2 3 4 5 6 7