Appendix VI

CONSENT FORM

I agree to participate voluntarily in the community health study entitled “Effect of supplementation of probiotic and synbiotic fermented milk in diets of institutionalized elderlies (60 yrs and above)”.

I understand the study will involve:

a) The filling up of questionnaire regarding my health behavior and psychological status.

b) Anthropometry measurements and blood pressure measurements

c) Daily intake of probiotic fermented milk or synbiotic (probiotic curd+ 15 g of inulin addition) fermented milk (curd) during lunch hours for 45 days.

d) A fasting blood sample of 5ml for biochemical analysis.

e) A fecal sample for microbiological analysis

I understand that I will be informed of the results of the test (even if they are abnormal) when they are ready. In addition I understand the information obtained from me be kept strictly confidential.

Date: Signature:

Name:

Witness: Signature:

Name: Designation:

Parnami and Sheth 2010