LIST OF ABBREVIATIONS

AOA - American Obesity Association
AR - Adiposity Rebound
BMI - Body Mass Index
CATCH - Child and Adolescent Trial for Cardiovascular Health
CDC - Centre for Disease Control and Prevention
CDD - Chronic Degenerative Disease
CHD - Coronary Heart Disease
CHO - Carbohydrate
CVD - Cardiovascular Diseases
DNCDs - Diet Related Non-Communicable Diseases
DXA - Dual X Ray Absorptiometry
FBS - Fasting Blood Sugar
GI - Glycemic Index
HDL-C - High Density Lipoprotein Cholesterol
HT - Hypertension
IBWH - Ideal Body Weight for Height
ICMR - Indian Council of Medical Research
INCLEN - International Clinical Epidemiology Network
IOTF - International Obesity Task Force
KIA - Kappa Index of Agreement
LDL-C - Low Density Lipoprotein Cholesterol
NAASO - North American Association for The Study Of Obesity
NCDs - Non-Communicable Diseases
NCHS - National Council for Health Statistics
NHANES - National Health and Nutrition Examination Survey
NHES - National Health Examination Survey
NIDDM - Non Insulin Dependent Diabetes Mellitus
NIH - National Institute of Health
Non Ow/Ob - Non Overweight/Obese
Ob - Obese
Ow - Overweight
PI - Ponderal Index
RMR - Resting Metabolic Rate
SFT - Skin Fold Thickness
TC - Total Cholesterol
TEE - Total Energy Expenditure
TG - Triglyceride
TV - Television
US - United States
VAT - Visceral Adipose Tissue
VLDL-C - Very Low Density Lipoprotein Cholesterol
WC - Waist Circumference
WHO - World Health Organisation
WHR - Waist to Hip Ratio