CHAPTER SIX

CONCLUSIONS AND FURTHER RESEARCH SUGGESTIONS
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SUGGESTIONS

Conclusions

The finding of the present study can be summarized as:

- Significant differences existed between the mean score of single career couples and dual career couples on quality of relationship.

- Significant differences existed between the mean score of working husbands of single career couples and working husbands of dual career couples on quality of relationship.

- Significant differences existed between the mean score of non-working wives of single career couples and working wives of dual career couples on quality of relationship.

- Significant differences existed between the mean score of single career couples and dual career couples on subjective well-being.

- Significant difference was found to exist between the mean scores of working husbands of single career couples and the working husbands of dual career couples on subjective well-being.
Significant differences existed between the mean score of non-working wives of single career couples and the working wives of dual career couples on subjective well-being.

Non-significant rank difference correlation coefficient ($\rho$) was found between the single career couples and dual career couples on terminal values.

Insignificant rank difference correlation coefficient ($\rho$) was found between the working husbands of single career couples and working wives of dual career couples on terminal values.

Significant rank difference correlation coefficient ($\rho$) was not found between the non-working wives of single career couples and the working wives of dual career couples on terminal values.

Significant rank difference correlation coefficient ($\rho$) was found between the single career couples and dual career couples on instrumental values.

Significant rank difference correlation coefficient ($\rho$) was not found between the working husbands of single career couples and working wives of dual career couples on instrumental values.

Significant rank difference correlation coefficient ($\rho$) was found between the non-working wives of single career couples and the working wives of dual career couples on instrumental values.
- Working husbands of dual career couples and working wives of dual career couples attached highest importance to terminal values i.e., *A world at peace* and *salvation*.

- *Mature love* and *equality* terminal values were given highest priority by working and non-working wives.

- Working husbands and wives of dual career couples and non-working wives of single career couples gave most preference to *responsible* terminal value.

- Working wives of dual career couples and non-working wives of single career couples gave highest preference to *loving* instrumental value.

**FURTHER RESEARCH SUGGESTIONS**

The present study highlight the difference among single and dual career couples on quality of relationship, subjective well-being and human values. In future there is need to identify the mediators and moderators of quality of relationship, subjective well-being and human values.

Due to certain practical constraints, the study was confined only to single and dual career couples of urban area and literate ones, thereby hampering the generalization of results for the overall married populace. Therefore, it would be a worthwhile effort to cover a large sample encompassing different sociodemographic variables i.e., area of residence, age (i.e., younger and older couples), socioeconomic status and length of marriage etc.
Further studies could be done by conducting indepth interviews with the spouses of single and dual career couples. Such qualitative analysis can through more light on the spouses’ quality of relationship, subjective well-being and value profiles.

Since cognitive and personality variables play an important role in determining the quality of relationship in couples, therefore in the prospective studies these may be taken into account.