ABSTRACT

The present study precisely sought to determine:


2. The relationship between scores on self-esteem and actual social support among pre-menopausal, transitional menopausal, menopausal and post-menopausal women.

3. The relationship between scores on self-esteem and ideal social support among pre-menopausal, transitional menopausal, menopausal and post-menopausal women.

4. The relationship between scores on self-consciousness and actual social support among pre-menopausal, transitional menopausal, menopausal and post-menopausal women.

5. The relationship between scores on self-consciousness and ideal social support among pre-menopausal, transitional menopausal, menopausal and post-menopausal women.

6. The partial correlations between self-esteem and self-consciousness (when the variable of actual/ideal social support is partialled out) among pre-menopausal, transitional menopausal, menopausal and post-menopausal women.

7. The partial correlations between self-esteem and actual/ideal social support scores (when the variable of self-
consciousness is partialled out) among pre-menopausal, transitional menopausal, menopausal and post-menopausal women.

8. The partial correlations between self-consciousness and actual/ideal social support scores (when the variable of self-esteem is partialled out) among the pre-menopausal, transitional menopausal, menopausal and post-menopausal women.

9. The significance of partial $r$ ($r_{12.3}$, $r_{13.2}$, $r_{23.1}$) at the 0.95 confidence interval among pre-menopausal, transitional menopausal, menopausal and post-menopausal women.

10. The multiple coefficient of correlations between scores actually earned and scores predicted on the self-esteem from the two variables - self-consciousness and actual/ideal social support scores among pre-menopausal, transitional menopausal, menopausal and post-menopausal women.

11. The significance of multiple $R$ at the 0.95 confidence interval among the pre-menopausal, transitional menopausal, menopausal and post-menopausal women.

12. The relative incidence (in percentages) of hot flushes, night sweats and sleeplessness among pre-menopausal, transitional menopausal, menopausal and post-menopausal women on Section A of menopause symptom checklist.
The differences between pre-menopausal and transitional menopausal, pre-menopausal and menopausal, pre-menopausal and post-menopausal, transitional menopausal and menopausal, transitional menopausal and post-menopausal, and menopausal and post-menopausal women on Section B scores of MSC.

Two hundred women served as subjects for the present study. The four group of subjects represented the pre-menopausal (N=50), transitional menopausal (N=50), menopausal (N=50) and post-menopausal (N=50) women. Menopausal Symptoms Checklist, Self-Rating Scale, Self-Consciousness Scale, Significant Others Scale and Personal Data Sheet were used as the tools for the present study. The data were collected in two sessions. The data were analysed by means of various correlational techniques such as Pearson product moment correlations method, partial correlation, significance of partial correlation, multiple correlation, significance of multiple correlation, t-test and simple percentages.

The major findings of the present study were:
-- Significant positive correlation coefficients were found between scores on self-rating and self-consciousness scales among pre-menopausal, transitional menopausal, menopausal and post-menopausal women.
-- No significant relationships were found to exist between scores on self-rating scale and significant others scale.
(actual) among pre-menopausal, transitional menopausal and post-menopausal women.

- Significant correlation coefficients were not found between scores on self-rating scale and significant others scale (ideal) among transitional menopausal, menopausal, and post-menopausal women.

- Scores on self-rating scale and significant others scale (actual) correlated positively and significantly among menopausal women; significant positive relationship existed between self-rating scale and significant others scale (ideal) among pre-menopausal women.

- Self-consciousness correlated positively and significantly with actual social support among pre-menopausal, transitional menopausal, menopausal and post-menopausal women.

- Significant positive correlation coefficients were found between self-consciousness and ideal social support among the pre-menopausal, transitional menopausal, menopausal and post-menopausal women.

- The values of partial $r_{12.3}$ and $r_{13.2}$ were found to be significant at the 0.95 confidence interval among pre-menopausal women and partial $r_{23.1}$ were found to be significant among transitional menopausal, menopausal and post-menopausal women.
The value of R were found to be significant at 0.95 confidence interval among pre-menopausal and transitional menopausal women for the actual social support; pre-menopausal and post-menopausal for the ideal social support.

Significant differences were not found between pre-menopausal and transitional menopausal, pre-menopausal and post-menopausal, transitional menopausal and menopausal, transitional menopausal and post-menopausal and menopausal and post-menopausal women.