SUGGESTIONS
AND
CONCLUSIONS
M.Phil. and Ph.D. Students should also be studied by investigator.

(4) This present study has been conducted on regular students by the investigator. However, it is more important suggestion to the researchers to conduct comparative study by using private and regular students in future.

CONCLUDING REMARK

The investigator has presented significantly new and authentic knowledge about the nature of selected variables used in this study. This study has Importance to understand the anxiety related problems of students. The findings of the study clearly indicate that these students used as subjects need help and counselling in exam time from consultants and psychologists.

This study itself is a contribution to the field of psychology, in the sense, that this will be useful for students and teachers engaged in psychology, education and counselling, and for all persons specially parents who are interested to understand the nature, causes and reduction of anxiety of their children studying in lower and higher classes. This study is also important, in that, it highlights the anxiety related problems of youth studying in colleges, and the value of this research will be source of inspiration and motivation for those psychologists working in the field of anxiety related problems in the discipline of clinical psychology.