DECLARATION

I hereby declare that the thesis entitled “Oxidative Stress and Muscle Soreness: Induction-Threshold and Alleviation by Green Tea Extract” being submitted through the Department of Physical Education and Sports Sciences to the University of Mysore, Karnataka, India, in partial fulfillment of the requirement for the degree of Doctor of Philosophy in Physical Education, is an original piece of research work done by me and it has not previously formed the basis for the award of any Degree, Diploma, Associateship, Fellowship or any other similar title.

I have specified by means of reference, from where the Information has been gathered.

Signature of Doctoral Candidate with Date  
(Mr. Mohammad Reza Morad Pourian)

Signature of Guide with Date  
(Dr. C. Venkatesh)

Counter Sign

Date:

Signature of Chairperson / Head of Department  
Institution with Name and Official Seal