Chapter-IV

Conclusion and Further Research Suggestions
CONCLUSION AND FURTHER RESEARCH SUGGESTIONS

The findings of the present study have led to certain conclusions.

- Significant positive relationship was found to exist between mental health and worry scores among male, younger and older kith and kin of patients.

- Significant negative relationship was found to exist between mental health and alienation scores among female and younger kith and kin of patients.

- Significant positive correlation coefficients existed between worry and alienation scores among male and older kith and kin of patients.

- Male and female subjects differed significantly in the relationship scores of mental health and worry, and mental health and alienation.

- A significant difference existed in the relationship scores of mental health and alienation, and worry and alienation.

- Significant partial r were found among male, female, younger and older kith and kin of patients at the .95 confidence interval.

- The values of multiple R were found to be significant at the .95 confidence interval among male, female, younger and older kith and kin of patients.

All data are correlational; causal inference drawn from the study are more than tentative. Certainly mental health can help and
alleviate feeling of worries and alienation. Furthermore, it must be pointed out that the findings relate only to haphazard samples of fatal diseases.

**Further Research Suggestions**

The findings of the present study are worthy of future study. Studies are needed to the negative and positive psychological states as predictors of psychological health of the kith and kin of patients.

Within the kith and kin sample of patients, differences between the dependent not dependent kith and kin need to be identified on the variables of mental health, worry and alienation.

Future research should identify the moderators and mediators of positive mental health as well as to identify the health behaviour as coping strategies to overcome with the feeling of worry and alienation.

The determination of the extent of social support and family support in our society is also important for understanding whether this is needed to the kith and kin of fatal diseases or mild diseases.

There is a need for exploring the relationship between mental health and certain positive psychological states such as subjective well being, hopefulness, optimism etc. among kith and kin of patients.

There is a need to develop the psychological test to measure the mental health of kith and kin of patients. That is, kith and kin have lost their mental health and have no peace of mind because of their
relatives illness. In order to maintain their mental health it is necessary to develop an instrument that can promote mental health more narrowly defined aspects of mental health might correlate positively with various factors of worries.