APPENDICES

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Interview Guide
Socio economic and Demographic Profiles
SHG member / Non-SHG member/ Girl children

1-Name of the respondent
2-Age
3-Name of your SHG
4-Position held in SHG
5-No of years as group member
6-Purpose of joining SHG
   i-Only for saving and taking loan
   ii-Something else
7-Who suggested you to join SHG
8-Caste
9-Religion
10-Marital Status
11-Age at time of marriage
12-When did you shift to Dharavi
   i-After marriage( specify no. of years)
   ii-Before marriage(specify no. of years)
   iii- Born and brought up in Dharavi
      If not
13-Where did you spend your life before coming to Dharavi
   (a) village
   (b) town
14-Family type-Nuclear/ joint/Extended
15-Family size-
16-Give information about the members of your family
   Sl no    Relation  Age  Education  Occupation  Income
17-Headship-Male headed/ Female headed
18-In which type of house your family stays-Own house/ Rented house
   If own house
19-Who is the registered owner
20-Language known- Speak  Read  Write
   i-Hindi
   ii-Marathi
   iii-English

I-Educational Status
1-Illiterate
2-Literate
   If literate
      i-only signature and numbers
      ii-primary
iii-upto5th
iv-graduate
v-post-graduate
3-Where did you get your education
   -In village
   -In town
4-Have you received any training, If Yes, Specify

II-Occupation

1-Occupation(paid/unpaid), If paid
   i-Working as domestic worker
   ii-Casual worker
   iii-Construction labourer
   iv-Home-based worker
   v-Self-employed
   vi-Any other, specify
2-If unpaid, Domestic work and responsibilities
   i-Cooking and serving
   ii-Washing clothes
   iii-Caring sick and old member of the family
   iv-Nurturing children
   v-Any other
3-Who takes care of your domestic responsibilities when you are busy in SHG meeting or you go out of your house
   -i-Husband/ ii-son/ iii-daughter/ iv-other female members in the family

III-Material possession

1-What do your family own or facilities within the house
   i-T.V and cable connection
   ii-Fridge
   iii-Computer
   iv-Washing Machine
   v-Water facility
   vi-Toilet facility
   vii-Telephone and mobile
   viii-Any other

IV-Access to Mass Media

1-Do you watch T.V, read news papers and watch movies in theatres-
What are your favourite programmes
   i-News
   ii-Serials
   iii-Movies and songs
   iv-Any other
V- Income

1- Income of the family
2- Income of the husband
3- Monthly Income of the respondent

VI- Power of Decision making

1- Decision making on earning, spending and saving
i- How do you supplement your family income?
ii- Who encouraged you to take up job
   a- yourself
   b- Husband
   c- Any other family member
   d- SHG member
   e- Any resource person from NGO

iii- On what items you can spend independently without taking permission of your husband/other family member
   a- Vegetables
   b- Groceries
   c- Clothes for children and yourself
   d- Doctors and medicines
   e- Purchase of small assets
   f- Purchase of big assets
   g- Any other

iv- Do you save- Yes/ No, Why?

v- What are the forms of your saving
   a- Cash
   b- Saving in SHG fund
   c- Silver and gold
   d- Any other

2- Decision making before and after joining SHG

i- What is the degree of change in decision making in family after you became member of SHG (Please tick in the appropriate column)

   STATEMENT
   Very much
   a- Increased  b- Increased  c- No change  d- Decreased  e- Very much
   decreased

i- Vegetables, groceries,
   menu deciding, purchasing assets
ii- No of children
iii--- Use of family planning method
iv--- Education of children
v--- Marriage of daughters
vi--- Types of investment

VII- Mobility/ Participation
1- Are there i- mahilamandal/ ii-women’s community group/ iii-social organization(other than SHG) in your community

2- Are you involved in the activities. If yes

3- What is the form of your participation in the social activities
   i- Only member but not attend meetings
   ii- Only attend meetings
   iii- Participate in all the activities of mahilamandal. Specify
   iv- Participate actively in initiating and planning activities

4- If No, give the reason

5- Are you used to go out of your house, If yes
   i- Alone
   ii- In group of other women
   iii- Accompanied with any male member such as son, husband

6- You mainly visit Before joining SHG After joining SHG
   i- Banks and Govt
   ii- Offices
   iii- Market
   iv- Hospital
   v- Native place
   vi- School
   vii- Social visit to meet friends, relatives
   viii- Any other

7- What is the frequency of visit

8- Does your husband/ other family members support and encourage you to participate in the activities related to SHG. If yes,
   i- Attending meetings, interaction with officials
   ii- Going to banks
   iii- Other social activities
   iv- Other reasons

VIII- Level of Awareness

1- Do you know about the following Programmes and if yes, from where did you get the information?) YES/ NO
If yes
   y- Source of knowledge
   yi- SHG OR yii- OUTSIDE

Programmes Yes No

i- Marriageable age for girls is 18 and for boys it is 21
ii- Dowry giving/ accepting are prohibited
iii- Immoral traffic of women and girl’s is legally punishable
iv- Women also have the right to divorce on same ground as admissible for men
v- Women are entitled to get equal wage with men for same type of work
vi- Right to education is a right for the child
vii- SJSY
viii-S G S Y
ix-Prime Ministers Rashtriya Yojana
x- Any other
If NO—Why?

IX-Finally
1-Have your situation or life changed after you joined SHG
If YES. In positive way, in terms of
  yi- More confident and self-respect
  yii- More respect and recognition from family member
  yiii- More respect in the community
  yiv- Increased mobility
  yv- More say in household decision making
  yvi- Increased knowledge
  yv- Any other specify
In negative way, in terms of
  Ni-Increase in domestic violence
  Nii- More suspicion from husband
  Niii- Increased burden of domestic responsibilities
  Niv- Any other
Yn-In both way
Nu-No change

FOR GIRLCHILDREN

I--Nutritional status
1-Anthropometric measurement
i-Name of the girl child-
ii-Age of the girl child-
iii-Birth order-
iv-Height of the girl child-
v-Weight of the girl child-

Table 1.1–Weight and height og girl children

<table>
<thead>
<tr>
<th>Sl no</th>
<th>Age</th>
<th>weight</th>
<th>height</th>
<th>Recommended weight &amp;height</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>.</td>
<td>.</td>
<td>.</td>
<td></td>
</tr>
<tr>
<td>14</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

2-Dietary Survey
I-Twenty-four hours Dietary recall

i-What was eaten 24 hours before the interview
ii-How much food was eaten
iii-When was the food eaten
iv-How was the food prepared
v--How many meals you take in a day
vi--Who decides the menu of everyday meals
vii--Who serves food for family members
viii-Do you feel any discrimination while serving food for you and other male member especially brother.

Table-Twenty Four- hour Recall of food intake of an individual

<table>
<thead>
<tr>
<th>Sl.no</th>
<th>meal</th>
<th>menu</th>
<th>ingredients</th>
<th>Amount Cooked / raw</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>breakfast</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>lunch</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>.</td>
<td>Evening snacks</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>.</td>
<td>Dinner</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>.</td>
<td>Any other</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

II-Health care-(Immunization/ Illness)

1-NATIONAL IMMUNIZATION SCHEDULE

<table>
<thead>
<tr>
<th>BENEFICIARY</th>
<th>AGE</th>
<th>VACCINE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Infants</td>
<td>Birth</td>
<td>BCG* and OPV**</td>
</tr>
<tr>
<td></td>
<td>6 weeks</td>
<td>DPT&amp;OPV</td>
</tr>
<tr>
<td></td>
<td>10 weeks</td>
<td>DPT&amp;OPV</td>
</tr>
<tr>
<td></td>
<td>14 weeks</td>
<td>DPT&amp;OPV</td>
</tr>
<tr>
<td></td>
<td>9 months</td>
<td>Measles vaccine</td>
</tr>
<tr>
<td></td>
<td>18 months</td>
<td>DPT&amp;OPV(Booster dose)</td>
</tr>
<tr>
<td>Children</td>
<td>5 years</td>
<td>DT vaccine</td>
</tr>
<tr>
<td></td>
<td>10 years</td>
<td>Tetanus toxoid</td>
</tr>
<tr>
<td></td>
<td>16 years</td>
<td>Tetanus toxoid</td>
</tr>
</tbody>
</table>

*At birth or at the time of DPT/OPV ;
** dose called as Zero dose and can be given till 14 days of age ,if missed early.

ABBREVIATIONS: BCG=Bacillus calmittee Guerin;
DPT=Diphtheria,Pertussis & Tetanus;
OPV =Oral Polio Vaccine;
DT=Diph & Tetanus vaccine.
2-Do you feel healthy

3-How frequently you fall ill

4-What is your illness

5-Are you treated at home or by doctor

6-Do you take vaccination time to time. If yes

7-What vaccine you have taken

8-Do you or your mother have any record of that

III-Educational status of children

1-Are you continuing education or not
   If yes
      a-Level of education
         i-Only signature and number
         ii-primary
         iii-upto 5th
         iv-High school
   If No
   b-Reasons of discontinuing education
      i-Nonavailability of school
      ii-Financial constraints of family/ Higher school fees
      iii-Parental ignorance of importance of education for girl children
      iv-She has to take care of younger siblings
      v-She has to do the household chores
      vi-Distance of school
         via-Non availability of transportation/Inhibition of
         vib-Parents sending daughters to distance school
     vii-Sex defined roles
     viii-Any other

2-Who takes the decision regarding the education of children

3-Do you have any discussion at home regarding importance of education

IV-Participation in Domestic activities

1-Do you work outside your house for money;
   If yes
   i-What type of work you do
   ii-How much you get for that
   iii-How many hours you work for that
   If No
1-Are you going to school
2-What type of work you do at home
   a-Cleaning and washing clothes
   b-Cooking
   c-Taking care of siblings as mother goes for work
   d-Fetching water
   e-any other
3--Do you get tired doing these work
4--Do you get time to play
5--Don’t you miss your friends while confining yourself to house.
   Who mainly insists you to take care of the house
   If you don’t do, What happens
   i- beaten up by parents or any other

---------------------------------------------XXXXXXXX---------------------------------------------
APPENDIX-III

Twenty Broad Qualitative Questions

For Self-help group women

1---When did you join SHG/Why you decided to join SHG?
2---What are the activities you perform in the Self Help Group? Do you feel you are able to do certain activities which you were not doing before joining SHG? Explain.
3 ---What are the changes you find in yourself after joining SHG.
4----Do you really feel education opens the door to the world and makes the life meaningful. If yes, how do you contribute to upgrade your level of education and education of family members as well.
5—Do you feel you have supplemented the family income after joining the group? Are you feeling more confident with your increased income? How do you spend it?
6—Whether all your financial decisions (earning, spending, investment, entitlement) are taken by you? Who else takes part and How?
7-- Being SHG member, does it help to boost your self-confidence? Explain.
8-Do you participate in decision-making process at individual, household and community level. Explain.

9 ----What are the changes you have brought to your family after joining SHG.
10-Do you take part in community affairs? Explain. What are the important issues you work on in group?
11—Are you aware of the programmes/ legal help you can avail to strengthen the status of women?
12-Have you ever felt your adulthood would have been better if your childhood had been taken care of?
13—How do you see your daughter when she grows upto 20 years old ?
14---How do you contribute for shaping the foundation to your daughter’s childhood.

For Non-self-help group women

15—Many women in your area are part of SHG. What really deters you to join SHG? Explain constraints.
16__Do you feel your SHG member friend is more in an advantageous position – socially, educationally, psychologically and economically than you? Describe How?
17—Do you feel your SHG member friend is in a better position to offer the better future to her daughters?

For Girl children

18—What really you like to do whole day? And what you really do?
19--- Do you face sex-defined roles at home. Do you ever get tired of doing work whole day, How do you get energy for that – finding yourself healthy enough or eating balanced food or spending some quality time for recreation.
20—What do you want to be when you grow up?
21—Do your mother inspires you to fulfill your dream? And how she contributes?
22---Do you feel your mother as a SHG member is putting in something extra to your upbringing than your friend whose mother is not SHG member? How?
APPENDIX-IV

To

The Director, YUVA

Sub: Request for providing assistance for collection of data from women SHG members in Dharavi

Dear Sir

Ms. Uttara Ray is a Research Scholar pursuing her Ph. D from the Tata Institute of Social Sciences, Mumbai under my guidance. Her Topic of Research is ‘Women Empowerment and Self Help Group: A structural paradigm to challenge the status of the Girl Children’. The participants of the Research would be women SHG members and also some ladies who are not members of SHG.

We would like to request you to provide necessary assistance for collecting data from SHG members in Dharavi slum. We would like to reiterate that researcher shall take utmost care for not to inconvenience the daily routine of the participants.

We look forward to your co-operation

Thanking you

Yours sincerely

Dr. Vrinda Datta
Professor, Tata Institute of Social Sciences
APPENDIX-V

The ‘I’ of the Research

I grew up in a University campus in a small city emerging as an important urban centre in eastern India after being declared as a capital. My father who taught in the University and did his research was also a teacher par excellence at home. My mother who had unquestioned faith on my father’s credos did her maternal duties with unfailing regularity. I was the youngest amongst four siblings and my precocity and tiresome talkativeness was perhaps due to my mothers’ fatigue in upbringing three of my elder siblings. Growing up was easy and happy go lucky with strong community sense within the campus. The campus school was an extension of home and I loved my school ambience where the punctuality and obedience to teacher’s dictates were axiomatic truths.

I never endeavoured to explore the inexplicability of my transition from a talkative child to a reticent conforming adolescent. I completed my schooling and college within the campus and though studied science, the close knit communities and the matrix of social relationships intrigued me. Child Development was an obvious choice in my graduation and post graduation for my fascination for children and my predilection for social sciences. I enjoyed the subject to the hilt and devoured every moments specially during post graduation. For my post graduation, first time I went out of my home and my old campus to a distant place where the university campus was nestled in a sylvan surrounding and the fresh morning air brought the smell of tender tea leaves. I feel nostalgic more often. I was left to myself and thoroughly enjoyed the new found independence and the responsibilities. It was a steep learning curve and here I learned the basic nitty-gritty of social science research. It was all unto myself and did exceedingly well in the evaluative exams.

I had multitude of plans after my post graduation and back home it was time for marriage. The transition after marriage was smooth and the new ambience was intellectually satisfying and was favourable for fulfilling the dreams I cherished. I
started teaching in the college where I studied the same subject and it was immensely engrossing to interact as a teacher.

I also got involved in a Child Labour project implemented by an NGO. The exposure to the realities of life was painful and intriguing. It was enormously satisfying to free the children from the clutches of undesirable human enterprises and provide them the basic education and other amenities. Though it appeared simpler at the theoretical level, the social dynamics made it quite complex and difficult. My experience was enriching and helped me to a great extent to adopt pragmatic models from theoretical constructs. This exposure also helped me to be a better teacher and enjoyed introducing case studies in classroom situations.

My husband’s transfer brought me to Mumbai leaving my earlier assignments. The teacher in me found its expression after I landed up in Mumbai. I started teaching again in a neighbourhood Nursery Teacher Training School. The interaction with prospective teachers was a new experience with special requisite for an urban agglomeration.

I shifted to a new place in Mumbai with my husband. By the time we settled down, we were expecting a baby. It was a whole new experience of motherhood. The cute smiles, giggles and titters filled my world. Two years passed, without my knowledge, happily watching my son grow with fascination. My engagement with my baby prolonged my research work. My stature as a mother grew in strength with my baby growing up. Each day was a new day with new experiences in the whole new world.

My baby egged me on. I realized I have come a long way and sincerely hope this work reflects some of these experiences..