CHAPTER-3
PROBLEM AND HYPOTHESES

The review of literature (chapter 2) apparently indicates that now a days the key concern for behavioral scientist is to understand the phenomenon of emotional and social intelligence which are considered important predictors of happiness in one's life. An earlier research in this area has hardly provided any clear cut clue regarding independent existence of these types of intelligence (i.e. emotional vs. social intelligence). The pioneer work of Salovey and Mayer (1990) indicated the possibility of confounding of same dimensions of these two types of intelligence. A little work in India has been done so far to explore the independent existence of these two types of intelligence and to examine the role of emotional and social intelligence in determining the happiness in adolescents. So the author of the present study, decided to select the problem related to this specific issue.

**Problem:**

To assess and explore emotional and social intelligence as predictors of happiness in adolescents.

*On the basis of above problem the current research work was carried out with the following objectives:*

**Objectives:**

1. To assess the degree of emotional and social intelligence and happiness among adolescents.
2. To explore the orthogonality of the constructs of emotional and social intelligence.
3. To find out the association between emotional intelligence and happiness.
4. To examine the association between social intelligence and happiness.
5. To investigate emotional intelligence as a predictor of happiness in adolescents.
6. To explore social intelligence as a predictor of happiness in adolescents.
Hypotheses:
The following hypotheses were formulated:

1. Emotional and social intelligence would emerge as orthogonal constructs.
2. There would be a positive significant correlation between emotional intelligence and happiness in adolescents.
3. There would be a significant association between social intelligence and happiness in adolescents.
4. Emotional intelligence would emerge as a predictor of happiness in adolescents.
5. Social intelligence would emerge as a predictor of happiness in adolescents.