Dynamics means the forces acting on the team members or on a team for group integration. These forces are physical as well as psychological. In the work set up, there are important performance measures such as job satisfaction, absenteeism, psychological well being, productivity etc. Each measure has various psychodynamics. In this modern world, everyone is involved in cut throat competition to obtain his/her goals. Women are equally representing the global world. To have job satisfaction and balanced mental health, they also face various difficulties, i.e., work stress, adjustment problems etc. The present research work represented the interrelationship between Work Stress, Job Satisfaction, Psychological Well-Being, Marital Adjustment and Self-Efficacy among working women in banking sector.

THANKS - these six letters seem to be very simple to be used and said, but my vocabulary and language fails to find any other work than be so precise and expressive in extending One's gratitude and indebtedness as these six golden letters. I really feel today that the most difficult job is 'Thanks giving' and wish that had there been a parameter/estimate of one's feeling, my work would have been easier and I would have had no difficulty in showing my warm and sincerest feeling for everybody with the help and support of whom I was able to undertake this endeavour successfully.

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SUNITA RANI

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