PREFACE

Burnout, a relatively newer phenomenon has been discovered in the human service professions. It is a serious issue that affects their welfare. The term, propounded by Freudenberger, has been popularized theoretically as well as empirically. Various antecedent conditions and factors have been identified as important contributors. Though burnout is a western concept, it has implications and relevance for other cultures too. In India, situations of work set-up may not be similar to that in the west but its existence needs carefully designed study to explore the field.

Medical professionals not only play a crucial role in society but are responsible for its well being too. However, little attention is paid to their problems by organizations in general and researchers in particular. It may be relevant to study the burnout amongst medical professionals.

Keeping in view the above, present investigation focuses on Burnout Stress Syndrome as a function of behaviour pattern, sex and job-level among medical professionals. Besides, other work-related and socio-demographic factors too have given due consideration.

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