CHAPTER FIVE

CONCLUSIONS,
IMPLICATIONS AND FUTURE
RESEARCH SUGGESTIONS
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Conclusions

There are some interesting findings of the present study related to the relationship between achievement motivation and grit, achievement motivation and spiritual intelligence and spiritual intelligence and grit among students of professional and non-professional courses as follows:

- Significant positive correlation was found between spiritual intelligence and achievement motivation for the overall sample of students.
- Significant positive correlations were found between spiritual intelligence and achievement motivation among students of professional courses (SPC) and non-professional courses (SNPC).
- Significant positive correlation was found between spiritual intelligence and grit for the overall sample of students.
- Significant positive correlation was found between spiritual intelligence and grit among students of non-professional courses (SNPC).
- Significant positive correlation coefficients were found between achievement motivation and spiritual intelligence among male and female students.
- Significant positive correlation coefficients were not found between grit and spiritual intelligence among male and female students.
Achievement motivation and grit emerged as the predictors of spiritual intelligence among overall sample of students.

Achievement motivation and grit emerged as predictors of spiritual intelligence among non-professional courses.

Achievement motivation and grit emerged as the predictors of spiritual intelligence among male and female students.

**Implications**

The findings of the present study reveal several important implications for teachers and family educators or coaching institutes. This research revealed positive correlations between spiritual intelligence and achievement motivation, spiritual intelligence and grit and achievement motivation and grit among students of professional and non-professional courses. These findings indicate that spiritual intelligence, achievement motivation and grit should be the target of adolescents’ behaviour. These findings are particularly influential for teachers and educational institutions to be more aware of the courses that students are studying.

Students studying in professional courses are more likely to possess spiritual intelligence, achievement motivation and grittier behaviour as compared to the students of non-professional courses. The findings of this study indicate that professional courses students’ behaviour is consistent because they are career oriented. Therefore, it is important that teachers and family educators or coaching institute should devise programmes to motivate students of non-professional courses and also encourage parents to be active and to intervene in their studying behaviour. Moreover, parents should be aware to improve their children behaviour. Parents have a significant role in adolescents’
lives by understanding their problems, providing regular rules and discipline and being involved in their learning and education. In sum, educational interventions can positively strengthen to make good decisions on their own with regard to vocational choice.

**Future Research Suggestions**

It is evident from the findings that researches on achievement motivation, grit and spiritual intelligence are still needed. New ideas are needed for shaping the prospective studies. But empirical knowledge and conceptual advances are needed in the forefront of personality research. Future research should examine the extent to which factors of achievement motivation are differentially predictive.

Creativity seems to be associated with grit, it needs to be examined in diverse samples. Gender differences should also be examined and reported in the relationship scores of achievement motivation and spiritual intelligence, achievement motivation and grit and spiritual intelligence and grit.

Finally, it should be pointed out that the researches on grit remained largely unexplored and open for future research. This non-cognitive trait may be correlated with personality variables like hardiness and telic dominance etc.