CONTENTS

LIST OF TABLES III - V
LIST OF MAPS VI
LIST OF FIGURES VII - VIII

Chapter 1
Introduction 1 - 16
1.1. Theoretical background information 1
1.2. Problems of the study 13
1.3. Objectives of the study 16

Chapter 2
Material and Methods 17 - 25
2.1. Material and methods 17

Chapter 3
An overview of the Land and the Aimol People 26 - 43
3.1. Environmental setting 26
3.2. Physiography 26
3.3. Climate 29
3.4. The Aimols - an overview 30
3.5. Social System 42

Chapter 4
Results and Discussion 44 - 58
4.1. Demographic profile of the population 44 - 58
  4.1.I Age and sex composition 44
  4.1.II. Sex ratio 45
  4.1.III. Marriage 48
  4.1.IV Family size and households 49
  4.1.V Literacy 51
  4.1.VI. Occupational Status 52
4.1.VII. Age dependency groups and sex ratio 55
4.1.VIII. Economic Status 58

4.2. Reproductive profile of the population 59 - 76
4.2.I Age at Menarche 59
4.2.II. Educational status of the couples 61
4.2.III. Age at marriage 62
4.2.IV. Age at First Conception 66
4.2.V. Age at First Delivery 67
4.2.VI Live birth 69
4.2.VII. Measures of fertility 71
4.2.VIII. i. Child-Woman Ratio 71
4.2.VIII. ii. Crude Birth Rate 72
4.2.VIII. iii. General Fertility Rate 72
4.2.VIII. iv. Total fertility rates 73
4.2.VIII. Age at Menopause 74
4.2.IX. Lactational Amenorrhoea 76

4.3. Family planning and contraception 77 - 83
4.3.I Sources of BCM 77
4.3.II. Concept of BCM 77
4.3.III. Attitude for adoption of BCM 80
4.3.IV. Responses to adopt BCM 81

Chapter 5
Summary and Conclusion 117 - 123

Bibliography 124- 140

Appendix