APPENDIX – I

LIST OF AFFILIATED GOVERNMENT COLLEGES

1. D. M. College of Science, Imphal
2. D. M. College of Arts, Imphal
3. G. P. Women’s College, Imphal
4. D. M. College of Teacher’s Education, Imphal
5. D. M. College of Commerce, Imphal
6. Kha-Manipur College, Kakching
7. C. I. College, Bishnupur
8. Moirang College, Moirang
9. Nambol L Sanoi College, Nambol
10. Presidency College, Motbung
11. Imphal College, Imphal
12. Manipur College, Singjamei, Imphal
13. Modern College, Porampat, Imphal
14. Oriental College, Takyelpat, Imphal
15. Ideal Girls’ College, Akampat, Imphal
16. M. B. College, Palacegate, Imphal
17. N. G. College, Lamphel, Imphal
18. Lilong Haoreibi College, Lilong, Thoubal District
19. Lamka College, Churachandpur
20. Y. K. College, Wangjing
21. Churachanpur College, Churachandpur
22. Thoubal College, Thoubal
23. Pettigrew College, Ukhrul
24. Hill College, Tadubi
25. LMS Law College, Imphal
26. Regional Institute of Medical Sciences, Imphal
27. Hindi Teachers’ Training College, Imphal
28. Tamenglong College, Tamenglong
29. United College, Chandel
30. Manipur Institute of Technology, Imphal
32. DOEACC, Akampat, Imphal
33. Institute of Cooperative Management, Imphal
34. Government Dance College, Imphal
APPENDIX – II

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Class</th>
<th>Stream</th>
</tr>
</thead>
<tbody>
<tr>
<td>Upinder Dhar (Indore)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Manisha Jain (Indore)</td>
<td></td>
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</tr>
</tbody>
</table>

Please provide the following information.

Name (optional) ..........................................................

Age ........................................................Sex ..........................................................

Address ..........................................................................

Class ...................................... Stream ..................................

Educational level of the parents ..................................

Monthly income of the family ..................................

Date:

INSTRUCTIONS

This scale has two parts I & II, former contains 17 statements whereas later contains 16 statements related to various behavioural experiences in day to day life. You have to read each statement carefully and make your responses by marking tick (✓) against the cells (○) indicating the degree of five alternatives as “Strongly Agree, Agree, Uncertain, Disagree and Strongly Disagree”. As all statements are related to your views and expressions and there is no right or wrong response, therefore be honest in making your preference and your responses are kept confidential.
## PART – I

<table>
<thead>
<tr>
<th>Sl. No.</th>
<th>Statements</th>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Uncertain</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>V    I prefer to move around rapidly when I am not doing anything.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2.</td>
<td>II   I prefer to finish the tasks at hand as soon as possible.</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>3.</td>
<td>IV   I am never late if I have an appointment.</td>
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<td></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>4.</td>
<td>III  I tend to feel impatient with the rate at which most events take place.</td>
<td></td>
<td></td>
<td></td>
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<td></td>
</tr>
<tr>
<td>5.</td>
<td>VI   I have very few interests outside my work.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6.</td>
<td>II   I feel impatient when I don’t have any work in hand.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7.</td>
<td>III  I always feel rushed.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8.</td>
<td>I    I am habitual of having quick meals.</td>
<td></td>
<td></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>9.</td>
<td>IV   Competition is my first choice.</td>
<td></td>
<td></td>
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</tr>
</tbody>
</table>
10. I enjoy doing two or more things simultaneously.

11. V Quantity is a measure of success for me.

12. VI I cannot relax without guilt.

13. I have always been struggling to achieve more in less time.

14. V I am very particular to exhibit my superiority whenever I play.

15. I have always lived the life of deadlines.

16. IV I take it as a privilege to display or discuss my achievements or accomplishments whenever I get an opportunity to do so.

17. III I have never found time sufficient for the task at hand.
PART – II

<table>
<thead>
<tr>
<th>Sl. No.</th>
<th>Statements</th>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Uncertain</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. IV</td>
<td>I do not work under time pressure.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>2. III</td>
<td>I do not display or discuss either my achievements or accomplishments unless such exposure is demanded by the situation.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>3. IV</td>
<td>I have never set deadlines for my accomplishments.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>4. II</td>
<td>I play for fun and relaxation.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>5. I</td>
<td>I relax whenever I want to do so.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>6. V</td>
<td>I do not give much weightage to quantity in comparison to other measures of success.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>7. II</td>
<td>I prefer to concentrate on one task at a time.</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>
8. IV I enjoy my food by making no haste while eating.  

9. V I never feel rushed.  

10. III Leisure time is welcome after a spell of work.  

11. V I am open in expressing my feelings.  

12. II I have many interests outside my work.  

13. III I am comfortable with the rate at which most events take place.  


15. I I prefer to complete the tasks at hand slowly.  

16. I I prefer to sit at one place when I am not doing anything.
APPENDIX – III

H. J. Eysenck’s M. P. I.

Name ........................................................................................................................................
Sex ........................................ Age .................................. Date .............................................
Occupation ................................................ Monthly Income (students should mention parent’s income) .................................................................

Instructions

Here are some questions regarding the way you feel and act. There are no right or wrong answers because different people react in different manners for the same kind of experience. Therefore, what you feel right is the most appropriate answer for you. For example;

Do you like to indulge in gossip?  Yes □  ? □  No □

As you can see that every question has three possible answers; “Yes”, “?” and “No”. You have to decide whether “Yes” or “No” represents your usual way of acting or feeling, then put a (×) mark in the box right next to “Yes” or “No”. If you find it absolutely impossible to decide, put a (×) mark in the box next to “?” But do not use this answer very frequently. Work quietly and do not spend too much time over any question. Give the first natural answer as it comes to you. Of course, the questions are too short to give you all the particulars you would sometime like to have, even then give the best possible answer. Be sure not to skip anything, and answer every question, somehow. You should finish the entire questionnaire in not more than fifteen minutes. Therefore, work quickly and remember to answer every question.
1. Are you happiest when you get involved in some projects that calls for rapid action?
   Yes ☐  ? ☐  No ☐

2. Do you sometimes feel happy, sometimes depressed without any apparent reason?
   Yes ☐  ? ☐  No ☐

3. Does your mind wonder while you are trying to concentrate on some topic?
   Yes ☐  ? ☐  No ☐

4. Do you usually take the initiative in making new friends?
   Yes ☐  ? ☐  No ☐

5. Are you quick and sure in your actions?
   Yes ☐  ? ☐  No ☐

6. Are you frequently lost in thoughts even when you are conversing?
   Yes ☐  ? ☐  No ☐

7. Are you sometimes bubbling over with energy and sometimes very sluggish?
   Yes ☐  ? ☐  No ☐

8. Would you rate yourself as a lively individual?
   Yes ☐  ? ☐  No ☐

9. Would you be unhappy if you were prevented from making social contacts?
   Yes ☐  ? ☐  No ☐

10. Do you have frequent ups and downs in your mood?
     Yes ☐  ? ☐  No ☐

11. Does your behaviour keeps changing without any apparent reason?
     Yes ☐  ? ☐  No ☐

12. Do you prefer action to planning for action?
     Yes ☐  ? ☐  No ☐

**Total of Short Scale**: N E

**Raw Scores** :

**Standard Scores** :