Most surely in the creation of the heavens and the earth and (in) the alternation of the night and the day there are signs (of His sovereignty) for men who understand—those who remember Allah standing and sitting and lying on their sides and reflect on the creation of the heavens and the earth (and say): Our Lord! Thou hast not created this vain! Glory be to Thee; save us from the chastisement of fire.

(Al-Quran, 3:190-191)