Chapter 6

Suggestions for Future Research and Implications
SUGGESTIONS FOR FUTURE RESEARCH
AND IMPLICATIONS

6.1 Suggestions for Future Research

1) A comparative study of youth involved with AOL with those not involved will
determine difference in experiences of spirituality in day to day life. It will
also determine perception of religion and spirituality, spiritual/religious
observances at home and other variables of significance to youth.

2) A comparative study of those who leave AOL after the introductory courses
with those who stay on will throw light on factors maintaining their
involvement.

3) Some other standardized quantitative measures could be used for assessment
of Happiness and Well-being, as they have emerged as important variables in
the present study.

4) A sample comprising of comparable number of participants from different
cultural backgrounds will throw light on the cultural difference in the
perception of youth about spirituality, and their involvement in a spiritual
group.

5) A comparative study on AOL and other spiritual groups such as ISKON, Isha
Foundation and Auro-Youth can be undertaken to bring out the difference in
spiritual experiences of youth involved in different organisations.

6.2 Implications of the Study

The study has implications for organisations working for youth, and for the
educationists. Some such implications are as follows:

1) There exists a great need for growth centers for holistic development of youth
which educational institutions do not offer.
2) There is an important role of accomplished and spiritually evolved teachers and mentors in the lives of youth.

3) The concept of Indian systems of yoga, meditation and others techniques highlighted in Vedas and Upanishads are understood by intellectual young minds as extremely effective in providing a strong base for psychological benefits.

4) Spiritual engagement can be incorporated in the education system to produce holistically empowered youth.

5) The general apathy towards social work may be reduced by having centers for spiritual development since it is a part of spiritual growth. Engaging in social work may have a different meaning for the youth, and they may engage in it more readily.