ACKNOWLEDGEMENT

The research scholar is grateful to Prof. Dr. K. VAITHIANATHAN, Vice Chancellor, Tamil Nadu Physical Education and Sports University, Chennai.

It is with real pleasure the researcher record his indebtedness for his guide, Dr. C. ARUMUGAM, Asst Prof Department of Advanced Training and Coaching, Tamil Nadu Physical Education and Sports University, Chennai for his counsel and guidance during the preparation of the dissertation, since the day began working on the origin of my studies. He helped me to come up with this topic and guided me for the development of this study. He gave me a moral support and freedom to finish my studies in a successful manner.

Sincere thanks to Dr. CH. V. S. T. SAIKUMAR, Ph.D, Principal, Maruthi College of Physical Education, Coimbatore. Faculty and staff members of Tamil Nadu Physical Education and Sports University for their support in the successful completion of this research work.

The investigator wishes to record his sincere thanks to Mr. D. HARIPRASAD, Assistant Professor(Selection Grade), Department of MCA, Sri Ramakrishna Institute of Technology, Coimbatore, and Mrs. C. R. Jothi, TGT, English, KV-AFS, Sulur, for their support in the successful completion of this research work.

The investigator sincerely owes his heartfelt thanks and kind regards Dr. M. RAJESWARI, Principal KV no 2 Madurai for her able research assistance in carrying out this research work.

The investigator wishes to record his sincere thanks to the Librarian of Tamil Nadu
Physical Education and Sports University, Chennai, Principal and Librarians of L N U P E Gwalior who helped for collection of related literature in their library.

The researcher extends his whole hearted thanks to the Principal, Correspondent and Staff members of the Kendriya Vidyalaya Air Force Station, Sulur, and Coimbatore for their permission and support for doing this research work.

The investigator is deeply indebted to his better half Mrs. A. KUTTINAFEEZA and daughter C. JANAVI. for their moral support in the successful completion of this research work.

The researcher is deeply indebted to his friend Dr. K. VADIVELU, Director Physical Education, SNR Sons College, Coimbatore for unstinted efforts to encourage and help at every stage.

The investigator wishes to record his sincere thanks to Dr. WISEBLESSEDINGH, Assistant Professor, Department of Physical Education, Annamalai University, Chidambaram, Mr. PALANISAMY, Volleyball Coach, KVS, and Mr. THOMSON, Volleyball Coach, Indian Air Force, for their assistance for the successful completion of the study.

The research scholar thanks the heads of the institutions and the subjects, but for their consent and whole hearted participation, this research would not have been a fruitful one.

P.CHANDRASEKAR