A STUDY OF MENTAL HEALTH AMONG ADOLESCENTS

Thesis
Submitted by
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This is my original work as no such work earlier had been undertaken in Gujarat. The study of the problems of mental hygiene of adolescents has been done through an adjustment inventory which was developed by me. All items of the inventory were coined by me and it was standardised by me on the population of certain institutions in Gujarat. Thus the data on which the study is based are entirely collected by me alone and is therefore my original work. The adjustment inventory can be used by teachers and guidance workers for properly guiding adolescent students.

- Archana Vyas