Chapter 8

Suggestions for Future Research
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SUGGESTIONS FOR FUTURE RESEARCH

Research is a continuous process and there is no end to research. Every research raises new questions which can be answered only after further research. Hence, the researcher proposes the following suggestions for future research.

1. An analysis of the functional dimension of social support using qualitative inquiry can be undertaken. Also, a more refined conceptualization of ‘functional’ aspects of social support can be done since it includes perceived social support, emotional and informational support, along with other aspects.

2. A comparison of retired/post retired aging females with females without retirement status and pension can be done to understand the significance of pension in the later life of aging females.

3. The importance of yoga, meditation, leisure activities and intellectual pursuits such as reading and writing; which is likely to contribute to positive aging in post retired years, can also be explored further.

4. The findings of the study reveal that the primary family for an aging person dissolves with the death of spouse and is replaced by stronger friendships and neighbors in case of men while dependence on family relatives, children and grandchildren are observed in case of females. Studies pertaining to family therapy and social re-organization of social networks can also be undertaken.

5. A similar study can also be conducted in another places of the country and comparisons can be made in positive aging and social support at different places.