Chapter III

PROCEEDURES

The study dealt with organised and deliberate social endeavours in the field of physical education and sports in Kashmir. Thus it covered physical education and sports in schools, colleges and the University of Kashmir, and the sports activities looked after by the J&K State Sports Council and State Sports Associations.

Physical education and sports in schools in Kashmir is run by the Directorate of Youth Services and Sports, Jammu and Kashmir Government. Accordingly evidence on this aspect of the study was obtained from:

(a) the Director, Youth Services and Sports, J&K Government, through questionnaire and interview;

(b) from the Divisional Youth Welfare Officer, and District Youth Welfare Officers, through interviews;

(c) from several head masters, physical education teachers and coaches, through interviews.

The evidence on university and college physical education and sports was collected from.
(a) the Director of Physical Education, Kashmir University, through questionnaire and interview;

(b) from several principals and physical directors of colleges through interview;

(c) from the personal knowledge and experience of the research worker himself as he has had a long association with the university and college of physical education and sports, himself being a physical director of one of the colleges in Kashmir for fourteen years now (from 1968).

Sports activities for student and non-student youth are being catered for by the State Sports Council, and State Associations in individual sports. Accordingly data for sports activities was collected from the following sources:

(a) The Secretary, J&K State Sports Council, through questionnaire;

(b) From Secretaries of individual sport State Associations (in football, hockey, cricket, athletics, volleyball, basketball, handball, table tennis, wrestling, weight lifting and power lifting, kabaddi and badminton), and from the Secretary J&K Mountaineering and Hiking Club, through questionnaire and interviews (in case of some new association e.g.
Judo Association, information was got through inter-
views only).

(c) From the Secretary, J&K Olympic Associa-
tion, Secretary, Kashmir Olympic Association, and J&K
State Sports Council coaches, some old timers in
sports and some present outstanding sportsmen, through
interviews;

(d) From the Deputy Director, Tourism (skiing,
mountaineering, trekking and hiking), through inter-
view.

The other background information was collected
from reading of books, souvenirs, magazines, theses
and project reports, etc.

Administration of the Questionnaires

Separate questionnaires were framed for the
Director, Youth Services and Sports, J&K Government;
Director of Physical Education, Kashmir University;
Secretary, J&K State Sports Council; and Secretaries
of individual sport State Associations.

The questions were simple and easy to reply
and were such as could elicit information on the
following features of the departments/associations:
1. Historical background information;
2. Pattern of organisation and administration;
3. Names of the office bearers;
4. Job description, programmes and activities;
5. Finances;
6. Facilities;
7. Achievements;
8. Awards and incentives;
9. Outstanding players;
10. Problems, if any;
11. Suggestions for improvement

Before handing out the questionnaires to the respondents, letters (format of which appears in the Appendix A), were sent well in advance, to the Director, Youth Services and Sports, Jammu and Kashmir Government, Director of Physical Education, The University of Kashmir; and to the Secretary, J&K State Sports Council, under the signatures of the Principal, Lakshmibai National College of Physical Education, explaining the need and purpose of the study and soliciting their cooperation in its pursuit. This created favourable effect on the respondents, and the investigator found the things easier when he approached the respondents for the needed information.
The questionnaires were handed over personally by the investigator to the respondents. The questionnaires were accompanied by a covering letter from the investigator, again explaining the need and purpose of the study and requesting the respondents for their whole hearted cooperation. Dates on which the investigator should come to collect the reply questionnaires were settled with the respondents. Many of the secretaries of individual sport State Associations filled the questionnaires off hand, in presence of the investigator, while others asked for a day or two for filling the desired information in the questionnaires.

**Administration of the Interviews**

The questions for the interviews were framed in advance and the dates for the interviews were settled with the interviewees before hand (some of the interviewees did not ask for pre-settling of the dates). But the interviews were not strictly closed type. Some of the questions cropped up during the interview itself. The informants were encouraged to feel free and secure while confiding the information. Questions which could embarrass or annoy the informants were scrupulously avoided. Most of the interviews were recorded by the investigator during the interviews.
itself, but in some cases important points were noted and the interviews were developed immediately after the interviews were over.

The evidence collected through the questionnaires, interviews, readings, personal observation, knowledge and experience of the investigator, was systematically organised, analysed and interpreted. Conclusions were drawn and recommendations were framed on the basis of the findings.