Suggestions

On the basis of the results of this study the following suggestions are made.

1. Prolonged separation from the marital and familial relationship is found to have serious repercussions on the individual and the family. So arrangement by way of allowing parole is to be make for the rendezvous of the prisoner, the spouse and other family members. In allowing parole objective criteria are to be followed and no sort of influence shall make back seat driving. Prisoners are also human beings. With that thinking it is essential to relax parole rules.

2. Without prejudice to the jail rules relating to the discipline of the prisoners the inmates may be allowed to communicate with their dear ones through letters or other ways. Further, frequency of visiting prisoners by friends and relatives may be allowed at an enhanced rate. This may reduce the sense of solitude of the prisoner.

2.1. Necessary arrangements have to be made for the comfortable stay of family members near the prisons premises especially near central prisons. Jail authorities may charge a minimum rent based on their financial background. If the central prisons are having such a facility more prisoners will get visitors. That may
definitely reduce the tension of the prisoner and improve the relation between prisoner and their family.

2.2. The present practice of meeting with the relatives on the other side of the wire mesh has to be changed. Instead, a meeting room may be attached to every jail where the prisoner receives his/her visitors. A responsible official may be appointed to arrange the meeting under his supervision.

3. Awareness programmes are to be conducted to change the attitude of the society toward the prisoners and their family.

4. In order to ease the economic burden of the family created by the imprisonment certain steps may be adopted. The talents and resources (mainly manpower) of the prisoners may be valued at a higher rate and the remuneration for them is to be increased. Further, arrangements may be made to send the money home on a periodical basis if the prisoner wish so, sending of money should be at the cost of the Government.

5. In order to further alleviate the financial problem of the family the Government may take necessary steps to provide bank loans at reduced rates of interest.