CHAPTER-V

CONCLUSION, LIMITATIONS & SUGGESTIONS

Conclusion

As all we know that the youth are the pillars of the country. They are great contributing factors in every area of country development and only youth can bring the great changes. According to this study it is revealed that caste, gender and locality influence the values, personality traits as well as mental health of college students. More than half a century has elapsed after India attained independence. Ever since then our National leaders and the successive Governments have brought about a number of reforms with the specific objective of alleviating the poverty of the downtrodden masses especially the backward communities such as scheduled caste and scheduled tribes. Despite all these efforts we came across that even now they continue to remain marginalized from enjoying the fruits of development.

The findings concluded that significant difference were observed between scheduled caste and non scheduled caste college students regarding some of the values, personality and mental health dimensions. Whatever may be the cause, no one can deny the fact that value crisis is creating serious threats to individual, society, the nation and the globe at large. Our present system of education is not quite effective in inculcating among the young generation the values such as love, co-operation, trust, acceptance, joy, dignity, compromise, respect for others, sympathy, tolerance, forgiveness which are the backbone of Indian society. Education is becoming day by day more or
less materialistic and value traditions are being slowly given up. The prime objective of education today is no longer the formation of character and promotion of values, but the emphasis is on promotion of technical knowledge, skills, and technologies for material progress.

The findings highlighted that differences in personality patterns are present among SC and Non-SC college students but they are more prominent in rural areas than in urban areas. So a concentrated effort needs to be taken for the overall development of SC and ST college students particularly in rural areas. Not only the teachers in rural schools should be trained to take care of each individual but also the curriculum should be designed in a manner that the leadership qualities in each individual can be nurtured so that the overall development of personality can take place.
Table: Showing Summary of ANOVA Results for various factors of values, personality & mental health.

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*Significant at 0.05 level, ** Significant at 0.01 level, - means Not Significant

Key Words for Independent Variables: A: Caste, B:Gender, C:Locality, A X B: Caste & Gender, A X C: Caste & Locality, B X C: Gender & Locality, A X B X C: Caste, Gender & Locality,

Research findings

Theoretical value

1. Caste: Significant difference is not found between Scheduled caste and Non-scheduled caste college students on theoretical value. Caste had no effect on theoretical value.
2. Gender: Significant difference is observed between Male and Female college students on theoretical value.
   - The mean score of female is higher than Male college students. It means females have high theoretical value.
3. Locality: Significant difference is not found between Urban and Rural college students on theoretical value. Locality had no effect on theoretical value.
4. Significant interaction effect is not reported among caste and Gender on theoretical value. Minute mean differences are found in both the groups.
5. Caste and locality is not interacting significantly with each other on theoretical value.
6. Interaction of Gender and locality do not interact significantly with each other on theoretical value.
7. Interaction of Caste, Gender and Locality: Caste, Gender and Locality do not interact significantly with each other on theoretical value.

Economic value

8. Caste: Significant difference is reported between Scheduled caste and Non-scheduled caste college students on economic value.
Non-Scheduled caste college students are better than scheduled caste college students on economic value.

9. Gender: Significant difference is existed between Male and Female college students on economic value.
   - Male college students have scored higher mean on economic value.

10. Locality: There is a significant difference between Urban and Rural college students on economic value.
   - Urban college students obtained higher mean scores on economic value. Urban students have greater economic values.

11. Significant interaction effect is not reported among caste and Gender on economic value.

12. Caste and locality is not interacting significantly with each other on economic value.

13. Interaction of Gender and locality do not interact significantly with each other on economic value.

14. Interaction of Caste, Gender and Locality: Caste, Gender and Locality do not interact significantly with each other on economic value.

**Aesthetic value**

15. Caste: Significant difference is not existed between Scheduled caste and Non- scheduled caste college students on aesthetic value.

16. Gender: Significant difference is observed between Male and Female college students on aesthetic value.
   - Male college students obtained higher aesthetic value as compare to female college students.
17. **Locality**: Significant difference is reported between Urban and Rural college students on aesthetic value.
   - Urban college students have higher mean than rural college students.

18. Significant interaction effect is not existed among caste and gender on aesthetic value.

19. Caste and locality is not interacting significantly with each other on aesthetic value.

20. Interaction of Gender and locality do not interact significantly with each other on aesthetic value.

21. Interactions of Caste, Gender as well as Locality do not interact significantly with each other on aesthetic value.

**Social value**

22. **Caste**: Significant difference is not observed between Scheduled caste and Non-scheduled caste college students on social value.

23. **Gender**: Significant difference is reported between Male and Female college students on social value.
   - Female college students have higher social values as compared to male college students.

24. **Locality**: Significant difference is existed between Urban and Rural college students on social value.
   - Rural college students are better than urban college students on social value.

25. Significant interaction effect is not found among caste and gender on social value.
26. Caste and locality is not interacting significantly with each other on social value.
27. Interaction of Gender and locality do not interact significantly with each other on social value.
28. Interactions of Caste, Gender as well as Locality do not interact significantly with each other on social value.

**Political value**

29. Caste: Significant difference is not existed between Scheduled caste and Non-scheduled caste college students on political value.
30. Gender: Significant difference is observed between Male and Female college students on political value.
   - Male college students have higher political value in comparison of female college students.
31. Locality: Significant difference is reported between Urban and Rural college students on political value.
   - Urban college students are obtained higher mean than rural college students on political value.
32. Significant interaction effect is found among caste and gender on political value.
   - Male non SC college students are obtained higher mean score than male SC college students on political value.
   - Female SC college students have higher political values than non SC female students.
33. Caste and locality is interacting significantly with each other on political value.
Urban non SC college students obtained higher mean than urban SC college students on political value.

Rural SC college students have higher mean scores as compare to rural non-SC college students on political value.

Interaction of Gender and locality do not interact significantly with each other on political value.

Interactions of Caste, Gender as well as Locality are interacting significantly with each other on political value.

- Male urban non SC college students have higher mean as compare to male urban SC college students on political value.
- Male rural non SC college students have slight higher mean scores than male rural SC college students on political value.
- Female urban non SC is obtained little bit higher mean than female urban SC college students on political value.
- Female rural SC is scored higher mean than female rural non SC college students on political value.

Religious value

Caste: Significant difference is observed between Scheduled caste and Non-scheduled caste college students on religious value.

- Non-Scheduled caste college students have higher mean than scheduled caste college students on religious value.

Gender: Significant difference is reported between Male and Female college students on religious value.

- Female college students have higher religious value as compared to male college students.
38. Locality: Significant difference is existed between Urban and Rural college students on religious value.
   - Rural college students are better than urban college students on religious value.
39. Significant interaction effect is not found among caste and gender on religious value.
40. Caste and locality is not interacting significantly with each other on religious value.
41. Interaction of Gender and locality is interacting significantly with each other on religious value.
   - Male rural college students have higher mean than male urban college students on religious value.
   - Female rural college students scored higher mean than female urban college students on religious value.
42. Interactions of Caste, Gender as well as Locality do not interact significantly with each other on religious value.

**Personality Dimension: Decisiveness**

43. Caste: Significant difference is existed between Scheduled caste and Non-scheduled caste college students on personality dimension decisiveness.
   - Non Scheduled caste college students have higher mean score than scheduled caste college students on personality dimension decisiveness.
44. Gender: Significant difference is observed between Male and Female college students on personality dimension decisiveness.
Male college students have higher mean scores as compared to female college students on personality dimension decisiveness.

45. Locality: Significant difference is reported between Urban and Rural college students on personality dimension decisiveness.
   - Urban college students is obtained higher mean than rural college students on personality dimension decisiveness.

46. Significant interaction effect is found among caste and gender on personality dimension decisiveness.
   - Male non SC college students are obtained higher mean score than male SC college students on personality dimension decisiveness.
   - Female non SC college students are obtained higher mean score than female SC college students on personality dimension decisiveness.

47. Caste and locality is not interacting significantly with each other on personality dimension decisiveness.

48. Interaction of Gender and locality do not interact significantly with each other on personality dimension decisiveness.

49. Interactions of Caste, Gender as well as Locality are interacting significantly with each other on personality dimension decisiveness.
   - Male urban non SC have higher mean as compare to male urban SC college students on personality dimension decisiveness.
   - Male rural non SC college students have scored higher mean scores than male rural SC college students on personality dimension decisiveness.
Female urban non SC is obtained higher mean than female urban SC college students on personality dimension decisiveness.

Female rural non SC is observed higher mean than female rural SC college students on personality dimension decisiveness.

**Personality Dimension: Responsibility**

50. Caste: Significant difference is observed between Scheduled caste and Non-scheduled caste college students on personality dimension responsibility.

- Non Scheduled caste college students have higher mean than scheduled caste college students on personality dimension responsibility.

51. Gender: Significant difference is reported between Male and Female college students on personality dimension responsibility.

- Female college students have higher responsibilities as compared to male college students.

52. Locality: Significant difference is existed between Urban and Rural college students on personality dimension responsibility.

- Rural college students are better than urban college students on personality dimension responsibility.

53. Significant interaction effect is found among caste and gender on personality dimension responsibility.

- Male SC college students are obtained higher mean score than male non SC college students on personality dimension responsibility.
Female Non SC college students have higher feelings of responsibilities than female SC college students.

54. Caste and locality is not interacting significantly with each other on personality dimension responsibility.

55. Interaction of Gender and locality is interacting significantly with each other on personality dimension responsibility.

- Male rural college students have higher mean than male urban college students on personality dimension responsibility.
- Female rural college students have higher mean than female urban college students on personality dimension responsibility.

56. Interactions of Caste, Gender as well as Locality are interacting significantly with each other on personality dimension responsibility.

- Male urban SC is obtained higher mean as compare to male urban non SC college students on personality dimension responsibility.
- Male rural SC college students have little bit high mean scores than male rural non SC college students on personality dimension responsibility.
- Female urban non SC is obtained slight higher mean than female urban SC college students on personality dimension responsibility.
- Female rural non SC is obtained higher mean than female rural SC college students on personality dimension responsibility.

**Personality Dimension: Emotional Stability**

57. Caste: Significant difference is existed between Scheduled caste and Non-scheduled caste college students on personality dimension emotional stability.
Non Scheduled caste college students are more emotional stable than scheduled caste college students.

58. Gender: Significant difference is not observed between Male and Female college students on personality dimension emotional stability.

59. Locality: Significant difference is not reported between Urban and Rural college students on personality dimension emotional stability.

60. Significant interaction effect is not found among caste and gender on personality dimension emotional stability.

61. Caste and locality is not interacting significantly with each other on personality dimension emotional stability.

62. Interaction of Gender and locality is interacting significantly with each other on personality dimension emotional stability.

- Male urban college students have more emotional stable than male rural college students.
- Female rural college students have higher mean than female urban college students on personality dimension emotional stability.

63. Interactions of Caste, Gender as well as Locality are interacting significantly with each other on personality dimension emotional stability.

- Male urban non SC have higher mean as compare to male urban SC college students on personality dimension emotional stability.
- Male rural non SC college students have scored higher mean scores than male rural SC college students on personality dimension emotional stability.
Female urban non SC is obtained slight higher mean than female urban SC college students on personality dimension emotional stability.

Female rural non SC is gained higher mean than female rural SC college students on personality dimension emotional stability.

**Personality Dimension: Masculinity**

64. Caste: Significant difference is observed between Scheduled caste and Non-scheduled caste college students on personality dimension masculinity.

- Non Scheduled caste college students have higher mean than scheduled caste college students on personality dimension masculinity.

65. Gender: Significant difference is reported between Male and Female college students on personality dimension masculinity.

- Male college students have higher masculinity as compared to female college students.

66. Locality: Significant difference is not existed between Urban and Rural college students on personality dimension masculinity.

67. Significant interaction effect is found among caste and gender on personality dimension masculinity.

- Male non SC college students are obtained higher mean score than male SC college students on personality dimension masculinity.

- There is no mean difference is found in both Female SC and Female Non SC college students on personality dimension
masculinity. It means both the groups have more or less similar masculinity.

68. Caste and locality is not interacting significantly with each other on personality dimension masculinity.

69. Interaction of Gender and locality is not interacting significantly with each other on personality dimension masculinity.

70. Interactions of Caste, Gender as well as Locality are not interacting significantly with each other on personality dimension masculinity.

**Personality Dimension: Friendliness**

71. Caste: Significant difference is existed between Scheduled caste and Non-scheduled caste college students on personality dimension friendliness.
   - Scheduled caste college students are friendlier than non-scheduled caste college students.

72. Gender: Significant difference is not observed between Male and Female college students on personality dimension friendliness.

73. Locality: Significant difference is reported between Urban and Rural college students on personality dimension friendliness.
   - Rural college students have higher mean scores than urban college students on personality dimension friendliness.

74. Significant interaction effect is not found among caste and gender on personality dimension friendliness.

75. Caste and locality is interacting significantly with each other on personality dimension friendliness.
Minor mean difference is observed between Urban non SC college students and urban SC college students on personality dimension friendliness.

Rural SC college students have obtained higher mean score as compared to rural non-SC college students on personality dimension friendliness.

Interaction of Gender and locality is not interacting significantly with each other on personality dimension friendliness.

Interactions of Caste, Gender as well as Locality are not interacting significantly with each other on personality dimension friendliness.

Personality Dimension: Hetero Sexuality

Caste: Significant difference is not observed between Scheduled caste and Non-scheduled caste college students on personality dimension hetero sexuality.

Gender: Significant difference is reported between Male and Female college students on personality dimension hetero sexuality.

Male college students have higher hetero sexuality as compared to female college students.

Locality: Significant difference is not existed between Urban and Rural college students on personality dimension hetero sexuality.

Significant interaction effect is not found among caste and gender on personality dimension hetero sexuality.

Caste and locality is not interacting significantly with each other on personality dimension hetero sexuality.

Interaction of Gender and locality is not interacting significantly with each other on personality dimension hetero sexuality.
Interactions of Caste, Gender as well as Locality are not interacting significantly with each other on personality dimension heterosexuality.

**Personality Dimension: Ego strength**

85. Caste: Significant difference is not existed between Scheduled caste and Non-scheduled caste college students on personality dimension ego strength.

86. Gender: Significant difference is not observed between Male and Female college students on personality dimension ego strength.

87. Locality: Significant difference is not reported between Urban and Rural college students on personality dimension ego strength.

88. Significant interaction effect is not found among caste and gender on personality dimension ego strength.

89. Caste and locality is not interacting significantly with each other on personality dimension ego strength.

90. Interaction of Gender and locality is not interacting significantly with each other on personality dimension ego strength.

91. Interactions of Caste, Gender as well as Locality are not interacting significantly with each other on personality dimension ego strength.

**Personality Dimension: Curiosity**

92. Caste: Significant difference is not observed between Scheduled caste and Non-scheduled caste college students on Personality Dimension Curiosity.

93. Gender: Significant difference is not reported between Male and Female college students on Personality Dimension Curiosity.
94. Locality: Significant difference is not existed between Urban and Rural college students on Personality Dimension Curiosity
95. Significant interaction effect is not found among caste and gender on Personality Dimension Curiosity.
96. Caste and locality is not interacting significantly with each other on Personality Dimension Curiosity.
97. Interaction of Gender and locality is interacting significantly with each other on Personality Dimension Curiosity.
   - Male rural college students have higher mean than male urban college students on Personality Dimension Curiosity.
   - Female urban college students have higher mean than female rural college students on Personality Dimension Curiosity.
98. Interactions of Caste, Gender as well as Locality are interacting significantly with each other on Personality Dimension Curiosity.
   - Male urban non SC is obtained higher mean as compare to male urban SC college students on Personality Dimension Curiosity
   - Male rural SC college students have higher mean scores than male rural non SC college students on Personality Dimension Curiosity.
   - Female urban SC is obtained higher mean than female urban non SC college students on Personality Dimension Curiosity.
   - Female rural non SC is scored higher mean than female rural SC college students on Personality Dimension Curiosity.

**Personality Dimension: Dominance**
99. Caste: Significant difference is existed between Scheduled caste and Non-scheduled caste college students on personality dimension dominance.
Non Scheduled caste college students have more dominance than scheduled caste college students.

100. Gender: Significant difference is observed between Male and Female college students on personality dimension dominance.
   - Male college students have higher mean scores as compared to Female college students on personality dimension dominance.

101. Locality: Significant difference is reported between Urban and Rural college students on personality dimension dominance.
   - Rural college students have higher mean scores than urban college students on personality dimension dominance.

102. Significant interaction effect is found among caste and gender on personality dimension dominance.
   - Male SC college students have more dominance than male non SC college students.
   - Female Non SC college students are obtained higher mean score than female SC college students on personality dimension dominance.

103. Caste and locality is interacting significantly with each other on personality dimension dominance.
   - Urban non SC college students are obtained higher mean than urban SC college students on personality dimension dominance.
   - Rural non SC college students have obtained higher mean score as compared to rural SC college students on personality dimension dominance.

104. Interaction of Gender and locality is interacting significantly with each other on personality dimension dominance.
Male rural college students have more dominance than male urban college students.

Female urban college students have higher mean than female rural college students on personality dimension dominance.

Interactions of Caste, Gender as well as Locality are not interacting significantly with each other on personality dimension dominance.

**Personality Dimension: Self concept**

106. Caste: Significant difference is not observed between Scheduled caste and Non-scheduled caste college students on Personality Dimension self concept.

107. Gender: Significant difference is not reported between Male and Female college students on Personality Dimension self concept.

108. Locality: Significant difference is existed between Urban and Rural college students on Personality Dimension self concept.

- Rural college students are better than Urban college students on Personality Dimension self concept.

109. Significant interaction effect is not found among caste and gender on Personality Dimension self concept.

110. Caste and locality is interacting significantly with each other on Personality Dimension self concept.

- Urban SC college students obtained higher mean than urban non-SC college students on Personality Dimension self concept.

- Rural non SC college students have obtained higher mean score as compared to rural SC college students on Personality Dimension self concept.
111. Interaction of Gender and locality is interacting significantly with each other on Personality Dimension self concept.

- Male rural college students have higher mean than male urban college students on Personality Dimension self concept.
- Female urban college students have higher mean than female rural college students on Personality Dimension self concept.

112. Interactions of Caste, Gender as well as Locality are interacting significantly with each other on Personality Dimension self concept.

- Male urban SC is obtained higher mean as compare to male urban non SC college students on Personality Dimension self concept.
- Male rural non SC college students have higher mean scores than male rural SC college students on Personality Dimension self concept.
- Female urban SC is obtained little bit higher mean than female urban non SC college students on Personality Dimension self concept.
- Female rural non SC is scored higher mean than female rural SC college students on Personality Dimension self concept.

**Personality over all**

113. Caste: Significant difference is existed between Scheduled caste and Non-scheduled caste college students on personality.

- Non Scheduled caste college students have more balanced personality than scheduled caste college students.

114. Gender: Significant difference is observed between Male and Female college students on personality.
- Male college students have higher mean scores as compared to Female college students on personality.

115. Locality: Significant difference is reported between Urban and Rural college students on personality.
- Rural college students have higher mean scores than urban college students on personality.

116. Significant interaction effect is found among caste and gender on personality.
- Male non SC college students have mature personality than male SC college students.
- Female Non SC college students are obtained higher mean score than female SC college students on personality.

117. Caste and locality is not interacting significantly with each other on personality.

118. Interaction of Gender and locality is not interacting significantly with each other on personality.

119. Interactions of Caste, Gender as well as Locality are not interacting significantly with each other on personality.

**Mental Health**

120. Caste: Significant difference is not existed between Scheduled caste and Non-scheduled caste college students on mental health.

121. Gender: Significant difference is not observed between Male and Female college students on mental health.

122. Locality: Significant difference is reported between Urban and Rural college students on mental health.
Rural college students have better mental health than urban college students.

123. Significant interaction effect is not found among caste and gender on mental health.

124. Caste and locality is not interacting significantly with each other on mental health.

125. Interaction of Gender and locality is not interacting significantly with each other on mental health.

126. Interactions of Caste, Gender as well as Locality are not interacting significantly with each other on mental health.

**Physical Health**

127. Caste: Significant difference is existed between Scheduled caste and Non-scheduled caste college students on physical health.

- Scheduled caste college students have better physical health than non scheduled caste college students.

128. Gender: Significant difference is observed between Male and Female college students on physical health.

- Male college students have higher mean scores as compared to female college students on physical health.

129. Locality: Significant difference is reported between Urban and Rural college students on physical health.

- Rural college students have higher mean scores than urban college students on physical health.

130. Significant interaction effect is found among caste and gender on physical health.
Male non SC college students have better physical health than male SC college students.

Female SC college students are obtained higher mean score than female Non SC college students on physical health.

131. Caste and locality is interacting significantly with each other on physical health.

Urban non SC college students obtained slight higher mean than urban SC college students on physical health. Urban SC and Non Sc college students have more or less similar physical health.

Rural SC college students have obtained higher mean score as compared to rural non SC college students on physical health.

132. Interaction of Gender and locality is not interacting significantly with each other on physical health.

133. Interactions of Caste, Gender as well as Locality are interacting significantly with each other on physical health.

Male urban non SC have little bit higher mean as compare to male urban SC college students on physical health.

Male rural non SC college students have higher mean scores than male rural SC college students on physical health.

Female urban SC is obtained slight higher mean than female urban non SC college students on physical health.

Female rural SC college students have higher mean scores than female rural non SC college students on physical health.
Limitations:

- The present study has included the sample of only college students, school students and other professional courses students were not included.
- The sample size of each sub group or cell was small so that finding of the present investigation cannot be generalized on a larger population or group.
- Community differences have not investigated in the present study.
- Some of the personality clinical factors like impulsivity, suspiciousness, dependency, stress etc. were not incorporated in this investigation.

Implications

- There is devaluation of values in various aspects of life relating to political, social, philosophical, economic, educational, and cultural and many other fields. Therefore carefully planned and consciously prepared programmes should be organized to motivate the scheduled caste college students as well as to enable them to inculcate all the high-quality values.
- The results of the present investigation are very useful for the curriculum planners of teacher education programme. Value based curriculum relevant to Indian society should be included in Teacher Education, which has been clearly visualized by NCTE.
- Programmes should be organized from time to time so that the college students can practice the values in the field of life and work. Moreover, frequent workshops under the various colleges and
university department should also be organized and it should be impressed upon the college students that it is their duty to impart values to their classmates, and that is obligatory for them to become value conscious and practice values themselves.

- Some of the significant gender, caste and locality differences may be attributed to socio-cultural stereotype and taboos. Education of younger generation in the form of personality development soft skill training will help to reduce these genders, caste and locality related prejudices and stereotypes. And help to foster an atmosphere of equality among male and female, SC and Non-SC as well as rural and urban college students.

- The management of colleges and Universities should encourage innovative methods of teaching like group discussion, presentations, and debates etc. Students’ performance on academic and nonacademic/ soft skills should be nurtured. Parents and teachers should provide caring and stimulating environment that will minimize the problems of all the students and should encourage for attaining their potential.

- As it is observed from the study that SC students had poor some of personality traits and facing more problems, it is suggested to avoid the identification as SC students and maintain the confidentiality. Educate the general category students to avoid such prejudices.
Suggestion for further research

Following studies can be taken in the future for investigation

- Influence of home and family environment on values, personality traits as well as mental health of college students.
- Influence of adjustment and educational system on values, personality traits as well as mental health of college students.
- Intervention strategies need to be developed to enhance self-concept and improve confidence and independency among scheduled caste student.
- Studies can be done by increasing the number of samples in other states of India.
- Studies can be done by taking the students as sample at school level.
- Studies can be done on the basis of age level of the students.

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