ACKNOWLEDGEMENTS

It is my proud privilege to express my first word of gratitude and indebtedness to Prof. K.K. Verma, Vice Chancellor, Lakshmibai National Institute of Physical Education, Gwalior, India for giving me opportunity and provide facilities for the accomplishment of my research work.

I owe my special debt of gratitude to my supervisor Dr. A.K. Datta, Reader, Lakshmibai National Institute of Physical Education, Gwalior, India for his keen interest, invaluable help, continuous supervision, untiring patience, constructive criticism and constant inspiration which enabled me to do this work so as to reach a stage of completeness and presentability.

I owe a heavy debt of gratitude and sincere regard to my teachers and role model's Dr. Vivek Pandey, Sr. Lecturer and Dr. Guru Dutt Ghai, Sr. Lecturer, Lakshmibai National Institute of Physical Education, Gwalior for there unceasing, as a found of infinite wisdom, professional competence as they have always been a source of encouragement for me.

My sincere regards are due to Dr. N.P. Sharma and Dr. Anil Vinayak, Reader Physical Education, Indira Gandhi Institute of Physical Education and Sports Sciences, University of Delhi, for their invaluable help, support and cooperation.
ACKNOWLEDGEMENTS (Contd.)

A deep sense of gratitude is due to Dr. B. Kapari, Reader Physical Education, M.M.H. College (Meerut University), Ghaziabad for there help, support and motivation. Whenever I gaped in darkness of confusion and dilemma enlighten some from their suggestions clearing the horizons for me.

My sincere thanks is due to Mr. Brij Kishore, Lecturer, Lakshmibai National Institute of Physical Education, Gwalior for their help in statistical work.

Last but not least, I also acknowledge gratefully the help and co-operation provided by the Lecturer, Physical Education of various colleges of Delhi University, Delhi and Choudhary Charan Singh University, Meerut. This could provide me an opportunity to collect the referred data for my thesis in most appropriate and manner.

M.P.S.