DECLARATION

I declare that the thesis entitled "PHYSICAL AND PHYSIOLOGICAL VARIABLES AS PREDICTORS OF KHO-KHO PERFORMANCE" is my own work, conducted under the supervision of Dr. A.K. Datta, Reader, Lakshmibai National Institute of Physical Education, Gwalior, and was approved by the Research Degree Committee. I have put in more than 200 days of attendance with the supervisor at the center Lakshmibai National Institute of Physical Education, Gwalior (M.P.) India.

I further declare that to the best of my knowledge, the thesis does not contain any part of any work, which has been submitted for the award of any degree either in this Institute or in any other University/Deemed University without proper citation.

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