ACKNOWLEDGEMENTS

I wish to extend my sincere gratitude to the research degree committee for giving me the opportunity to undertake this study.

I record my sincere gratitude to the Vice-Chancellor, Lakshmibai National Institute of Physical Education (Deemed University), Gwalior for his sincere help in the formulation and completion of the study and for providing me all the facilities at the institute.

I express my sincere appreciation and gratitude to Dr. Rishipal Singh, Reader, Lakshmibai National Institute of Physical Education (Deemed University), Gwalior, the advisor, for his valuable and dedicated guidance, constant inspiration and help in completing the manuscript.

I acknowledge my special thanks to Dr. Ajay Singh Ruhai, Dr. G.D. Ghai, Dr. Vivek Pandey, Reader, Dr. B. Basumatary, Sr. Lecturer, and Dr. Rajeev Chaudhary, Lecturer, Lakshmibai National Institute of Physical Education (Deemed University), Gwalior for their valuable suggestions and advice at each step in formulation, completion and finalization of the manuscript.

I express my affectionate thanks to Mr. Nana Ashish Prem Singh, Dr. Pankaj Gupta, Dr. Jayni Adyapak, Dr. Ratnesh Saxena, Dr. Sangeeta Talwar, Mr. B.S. Hooda, Mr. Sanjeev Yadav, Abha, Briendra Jhajhria, Ajit, Pradeep, Roli for their valuable help.

I have a deep sense of appreciation for the coaches, referees and managers of the various Basketball teams for their willingness, enthusiasm and wholehearted co-operation in the collection of data as subject.
ACKNOWLEDGEMENTS (Continued)

I thank to the library staff of the Lakshmibai National Institute of Physical Education (Deemed University), Gwalior for their co-operation and making available to me all the needed research material.

Last but not the least, I extend thank to those who directly or indirectly contributed to complete the research work of mine.

A.G.