APPENDIX-1
COVERING LETTER

SUPERVISOR
Dr. A.K. DATTA
LNIPE, Gwalior

RESEARCH SCHOLAR
AMIT RAWAT
LNIPE, Gwalior

TO
Mr./Miss./Mrs.-----------------------------

Dear Sir/Madam

At the outset let me introduce myself. I am Amit Rawat, a regular Ph.D scholar at Lakshmi Bai National Institute Of Physical Education, Gwalior. At present I am undergoing my Ph.D. work in the field of Physical Education for which I have to submit a thesis. To submit the thesis the undersigned has taken up a problem on Dr. ROBSON MOSES “PIONEER OF PHYSICAL EDUCATION IN INDIA” A CASE STUDY.

I solicit your cooperation and shall highly appreciate if you could furnish the following information to the best of your knowledge and belief. It shall be not for the purpose of any grading but to help me in finding out your opinion towards Dr. Robson Moses.

Enclosed please find here with a questionnaire. Please go through the questionnaire carefully. It is my fervent appeal and earnest request that you answer the questions candidly by putting tick (    ) mark on any one of the options that are Agree, Strongly Agree, Disagree and Strongly Disagree.

Please remember that the success of my study entirely depends on your kind cooperation. So please express your personal and fair opinion. Looking forward for your active cooperation and thanking you in hopeful anticipation. I assure you that the information supplied by you will be kept confidential and will be used only for the research purpose.

Sincerely yours
AMIT RAWAT
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<tr>
<th>S.No.</th>
<th>Statements</th>
<th>Agree</th>
<th>Strongly Agree</th>
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<td>1.</td>
<td>Usually affected by feelings.</td>
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<td>Behaved in a sober manner.</td>
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<td>3.</td>
<td>Followed rules.</td>
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<td>4.</td>
<td>Behaved boldly in decision making.</td>
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<td>5.</td>
<td>Acted in self-reliant manner.</td>
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<td>6.</td>
<td>Did not trust others.</td>
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<td>7.</td>
<td>Was a practical man.</td>
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<td>8.</td>
<td>Was shrewd.</td>
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<td>9.</td>
<td>Respected established traditions.</td>
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<td>10.</td>
<td>Behaved in a relaxed manner.</td>
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<td>11.</td>
<td>Was a warm-hearted person.</td>
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<td>13.</td>
<td>Acted in a dominant manner.</td>
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<td>14.</td>
<td>Took his own decisions.</td>
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<td>15.</td>
<td>Possessed a good reasoning capacity.</td>
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<td>1.</td>
<td>Kept all the records upto date.</td>
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<td>2.</td>
<td>Encouraged the contribution of staff.</td>
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<td>3.</td>
<td>Appointed staff on merit.</td>
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<td>4.</td>
<td>Delegated authority and responsibility clearly.</td>
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<td>5.</td>
<td>Involved staff in framing the policies.</td>
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<td>6.</td>
<td>Encouraged and promoted staff for better future prospects.</td>
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<td>7.</td>
<td>Provided a reasonable training load.</td>
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<td>8.</td>
<td>Framed policies based on facts.</td>
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<td>9.</td>
<td>Used the facilities of Institution for welfare of local community.</td>
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<td>10.</td>
<td>Was an administrator par excellence.</td>
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<td>11.</td>
<td>Administrative approach was always democratic.</td>
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<td>12.</td>
<td>Never used his position for personal benefits.</td>
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<td>13.</td>
<td>Had tremendous capacity to handle the complex problem with competency and clarity.</td>
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<td>14.</td>
<td>Never hesitated to bear responsibility of his decisions.</td>
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<td>15.</td>
<td>Asked for support on personal basis.</td>
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<td>1.</td>
<td>Well read person.</td>
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<td>2.</td>
<td>Sincere and honest to his assignments.</td>
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<td>3.</td>
<td>Pragmatist.</td>
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<td>4.</td>
<td>Created opening and trusting climate.</td>
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<td>5.</td>
<td>Retirement had not diminished his enthusiasm to promote physical education and sports.</td>
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<td>6.</td>
<td>Had pleasing manners.</td>
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<td>7.</td>
<td>Believed in scientific approach towards physical education.</td>
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<td>8.</td>
<td>Published articles in national and international journals.</td>
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<td>9.</td>
<td>Wrote books in physical education.</td>
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<td>11.</td>
<td>Possessed an excellent convincing power.</td>
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<td>12.</td>
<td>Explained vividly by giving appropriate examples.</td>
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<td>13.</td>
<td>Innovative.</td>
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<td>15.</td>
<td>Encouraged physical educators to acquire research degrees.</td>
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<td>1.</td>
<td>A good conversationalist.</td>
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<td>2.</td>
<td>Punctual for his classes.</td>
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<td>3.</td>
<td>Did not showed inclination or favour.</td>
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<td>4.</td>
<td>Remained eager to take his classes.</td>
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<td>5.</td>
<td>Employed variation in his teaching style.</td>
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<td>6.</td>
<td>His classes were interesting and inspiring.</td>
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<td>7.</td>
<td>Involved students in formulation and implementation of plans.</td>
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<td>8.</td>
<td>Gave adequate freedom to students for new ideas.</td>
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<td>9.</td>
<td>Provided atmosphere for creative work.</td>
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<td>10.</td>
<td>Imparted concreteness to educational planning.</td>
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<td>11.</td>
<td>Employed audio-visual aids.</td>
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<td>12.</td>
<td>Provided suitable examples related to the topic.</td>
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<td>13.</td>
<td>Encouraged discussions among the students</td>
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<td>14.</td>
<td>Encouraged students to make maximum use of library.</td>
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<td>15.</td>
<td>Evaluated assignments and answer books promptly.</td>
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APPENDIX-2
The Young Men's Christian Association
College of Physical Education
Madras, India
Diploma

This Certifies that N. Rotsm completed a One Year Course of Training and qualified for the work of a Director of Physical Education having passed satisfactory examinations held in April, 1942.

He was placed in the First Class

[Signatures]

April 30th, 1942

[Signature]

Principal
THE YOUNG MEN'S CHRISTIAN ASSOCIATION
COLLEGE OF PHYSICAL EDUCATION
SAIDAPET, MADRAS

STANDARD LIFE-SAVING TESTS

Certificate awarded to

For knowledge of Rescue, Releasing oneself from the Clutch of the Drowning, also ability to render aid in Resuscitating the Apparently drowned

Date: March 31, 1947

Examiner.
THE UNITED STATES
EDUCATIONAL FOUNDATION
IN INDIA

Certifies that

Moses Robson

participated in the FULBRIGHT EDUCATIONAL
EXCHANGE PROGRAM for advanced study in
the United States from 1954 to 1955 in Physical Education
at Springfield College, Springfield, Massachusetts.

Ambassador of the U.S.
and Honorary Chairman

Chairman
Board of Foreign Scholarships
Springfield College
Springfield, Massachusetts

This certifies that

M. Robson

has completed the required course of study prescribed by the Graduate Division.

and by authority of the Trustees is granted the degree of

Master of Physical Education

In testimony whereof I have hereby affixed my signature and the Seal of the College this 12th day of June, 1955.

[Signature]

Donald C. Stone
President
University of Oregon

On recommendation of the Faculty and the
Graduate School
and by authority of the State of Oregon the State Board
of Higher Education has conferred upon

Robson Moses

the degree of
DOCTOR OF EDUCATION

with a major in
Physical Education

at Eugene, Oregon on September 1, 1972

with all the rights and privileges appertaining to that degree

Chancellor
President of the Board

President of the University
Dean, Graduate School
The President and Members
OF
The Rotary Club of Tiruchirapalli Fort

assure you of their sincere appreciation and

gratitude for your excellent speech

on 7. 11. 1973

To Rtn. Dr. Robson,

Karaikudi.

S. Narayanan
President

S. Venkateswara
Joint Secretary
Dr. Alagappa Chettiar Educational Trust

1st March 1975

CERTIFICATE

Dr. M. Robson, Principal, Alagappa College of Physical Education, has creditable academic record besides distinction in sports and games. He was the first Director of Physical Education at the Alagappa College (Arts & Science) from 1947 to 1954. In September 1954, he entered the Springfield College, Mass., USA., for the Masters Degree in Physical Education, as a Fulbright Scholar with a tuition scholarship through the Institute of International Education, New York.

After his return from the U.S.A., the Alagappa College of Physical Education was started in 1956 and he was appointed as its first Principal. He has been instrumental for developing this College into one of the leading institutions of Physical Education in India. Due to his ceaseless efforts, the College offered from 1966 the Bachelor of Physical Education Degree course, first in South India and again from 1970 the Masters Degree course in Physical Education from July 1970 onwards, also first in South India. In September 1970, he was again selected as a Fulbright scholar, for his Doctoral programme at the University of Oregon, Eugene, Oregon, U.S.A., where he was awarded a Teaching fellowship by the Oregon University. It is a rare distinction to be a Fulbright scholar twice.

Returning from the U.S.A. in 1972, he continues to occupy the same post with considerable distinction. By his attainments, integrity and devotion to duty he has earned a name for himself and the College. He is regarded in India as an outstanding personality in the field of Physical Education. He has a genial temperament and takes very keen interest in social and cultural activities. He works tirelessly with seriousness of purpose and concentration. He is reputed for discipline, punctuality, loyalty and devotion.

His Character and Conduct have been uniformly excellent throughout.

Mrs. Umayal Ramanathan
Secretary

Alagappapuram,
Karaikudi-623003,

Umayal Ramanathan
SECRETARY & CORRESPONDENT
Alagappa College of Physical Education
BUCK'S NATIONAL AWARD

for

Physical Education and Sports

Awarded to DR. ROBSON MOSES

Year 1980

Chairman
Board of Governors of the
Y. M. C. A. College of
Physical Education
Madras, India

Principal
The Y. M. C. A. College of
Physical Education
Madras, India

Dated 20th Dec., 1980

(Instituted in the year 1970 as a Golden Jubilee Project)
प्रशिक्ष-पत्र

95 अगस्त 84

यह प्रशिक्ष पत्र श्री/श्रीमती कुमारी डॉ. डबल राबर्टसन

प्राचीन विद्यालय विद्यालय आदि को देश के अंतर्गत के

क्षेत्र में उद्योगी सेवाओं हेतु एवं साक्षरता को वृद्धिकारी

कर्तव्य हेतु प्रदान किया जाता है।

समिति उज्ज्वल भविष्य का कामना करती है।


certificate

15th August, 1984

This certificate is awarded to Dr. M. Robson,
Dean, Laheshnath National College of Physical Education,
Owlia for his distinguished services in the field of
Sports and to glorify Owlia.

The Council wishes for his bright future.

8/5/-
Dr. K.K. Tiwari
Vice-Chancellor,
Jiwaji University
8/5/-
Dr. Kumar Jain
8/5/-
Mrs. Mohn Choyal
8/5/-
Convenor
Selection Committee
DISTINGUISHED ALUMNI AWARD

LNIPE GWALIOR

CITATION


THIS PRESTIGIOUS 'DISTINGUISHED ALUMNI AWARD' FOR THE YEAR 1996 IS BEING CONFERRED ON HIM FOR HIS REMARKABLE AND VALUABLE SERVICES TO THE PROFESSION OF PHYSICAL EDUCATION AND PERSONAL ACHIEVEMENTS.

Dr Jasraj Singh
Secretary Gen.
LNIPE Association, LNIPE Gwalior

Prof. R.P. Sharma
President
LNIPE Association, LNIPE Gwalior
June 29, 1955

TO WHOM IT MAY CONCERN:

Mr. Moses Robson a graduate student (physical education) at Springfield College from September, 1954 until June 1955 (at which time he received his Master's Degree) took unusually active participation in the community.

During his comparatively short stay in Springfield, he spoke and visited more than 60 groups including churches, colleges, factories and private and community clubs. Over 30 American families had the pleasure of entertaining him in their homes. Even with such a busy schedule, Mr. Robson was an excellent student. His education in this country covered not only his class work but the cultural and spiritual phases of American life.

I have enjoyed knowing Roby and am sorry to see him leave. I feel sure that he will continue to do a good job after he returns to his home in India.

Sincerely,

Attallah A. Kidess
Foreign Student Advisor

AAA:DS8
Mr. Robson has been the Director of Physical Education of the Alagappa College from its inception in 1947 till 1956. In 1954 he was granted study leave as he entered in Springfield College U.S.A. as a Fulbright scholar. He returned home in 1955 and was appointed the first Principal of the Alagappa College of Physical Education at Karaikudi in 1956. He has had a brilliant educational career. He secured a First class in the Intermediate Examination of the Madras University and in the B.A. degree, he got a double second. From the I.M.C.A. College of Physical Education, Saidapet, he took a diploma in Physical Education securing a I class, a very rare distinction. In Springfield College U.S.A. he had a bright record of achievements. I was Principal of the Alagappa College Karaikudi during the years 1950 to 1957 when Mr. Robson was the Director of Physical Education. He organised the athletic activities of the College to a very high degree of efficiency. He was a strict disciplinarian and at the same time he was very popular with the students.

In addition to the work as Physical Director, he has been the Deputy Warden of the College Hostels for four years (1947-51) and his work was found to be very efficient. He has been one of the elected Directors of the College Students' Cooperative Stores from the inception of the stores in 1948. He was also in charge of the College Transport. He was selected as the Officer-in-charge on account of his integrity, ability, and experience.

Mr. Robson has been guiding the students considerably in the Social Service activities of the College Social Service League. From 1948 to 1954 he was the Director of the College Social Service League.

His zeal and enthusiasm and his varied experiences have enabled him to establish healthy traditions in the field of Sports.

I have always found him a willing and loyal worker.
WE LOOK FORWARD TO A GLORIOUS FUTURE FRAUGHT WITH JOY OF ADVANCEMENT.

Our Principal

DR. M. ROBSON

Though he joined the College in August as under study Principal he assumed full charge of the Principal on 1st Nov. 76. Dr. Robson is a Ph. D. from the University of OREGON, USA. He has post graduated from the Springfield College of Physical Education and on both these occasions he was a Fulbright Scholar. He was the Principal of the Algappa College of Physical Education for twenty years before joining the LNCPE fraternity. Dr. Robson is an eminent figure in the field of physical education, and commands great respect in this area.

Dr. Robson is full of enthusiasm and comraderie. He has galvanized the atmosphere with activity and infused everyone with a new zeal and dedication.

We look forward to the great future that lies ahead.
New Ph. D. heads college in Madras

University of Oregon President Robert Clark awarded a doctoral degree in physical education to a fellow college president at the university’s commencement exercises Saturday.

The new PhD is Robert Moses, president of the Alagappa College of Physical Education in Tamilnadu, Madras, India.

The 48-year-old Indian, who laughsingly says he is “getting an advanced degree at an advanced age,” is the first person from India to receive a PhD from the University’s School of Health, Physical Education, and Recreation (HER), according to former Dean Arthur Esslinger.

Moses came to Eugene in 1970 on a Fulbright fellowship. Earlier, he had held another Fulbright as a graduate student at Springfield College in Massachusetts, where he received his master’s degree in 1958.

He said he regards the Fulbright program as an outstanding way of promoting international understanding. Asked why he chose the U of O, he reacts in surprise:

“I thought everyone knew it has an international reputation as the world’s best and largest graduate program in physical education. People like Arthur Esslinger and Prof. Harrison Clarke are known all over the world.

“HER has everything — fine library, laboratory, physical facilities and very qualified faculty.”

Moses also is quick to mention that for the university educating foreign students is a priceless investment. When I go back to India my students, colleagues and many others will learn about the University of Oregon from me.”

“Word-of-mouth is a much better way of publishing what the United States has to offer than paid advertisements in newspapers or on television.”

Moses says the two-year absence from his wife and three young children has been “a terrible sacrifice,” but that many, Oregon families have been friendly and hospitable.

“LIKE MANY of the more than 300 foreign students on the UO campus, Moses has tried to establish ties with the local community. He has spoken and shown slides on India to some 40 church, school and service groups, joined the Central Lutheran Church, and as a Rotarian maintained some contact with the local Rotary Clubs.

Completing his doctoral work in two years hasn’t left Moses too much time for diversion, but he’s tried to absorb as much of the West Coast as possible during his stay. After commencement he’s heading east on a “travel-as-you-please” Greyhound bus ticket that will give him a chance to see the rest of the country.

“From the East Coast it’s on to Munich for the Olympic Games and then home in time for fall term at Alagappa.”

His College is one of the 70 to 80 colleges in his state of some 250 students — affiliated with Madras University, which has a student enrollment of more than 80,000. It’s patterned after the British universities, with each college autonomous. Although his school is small by American standards, Alagappa offers both graduate and undergraduate courses.

He describes physical education in Indian schools as not nearly as highly organized as in American schools, and much more geared to participation by every child. There is more free play at the elementary school level, and compared to American schools Indian schools encourage more team games involving all the students and much less in the way of highly competitive sports.

Moses hopes to someday return to the U.S. for a visit with his wife who has never seen this country. His nine-year-old daughter, he says, is “already talking about attending college here.”
Dr. Alagappa Chettiar Educational Trust 404
KARAUKUDI 3,
ALAGAPPA COLLEGE P.O.
(Rameswarapuram Dist.)

C.V.C.V. Venkataram Chettiar.

SIR,

June 28, 1959.

CERTIFICATE.

I have pleasure in making out this certificate for Sri M. Robson, B.A., M.P.E. (Springfield), Principal, Alagappa College of Physical Education, Karaikudi.

Sri Robson is in the employment of the Trust from the year 1947. He was appointed first as Director of Physical Education in the Alagappa College. He was shouldering additional responsibilities in the College during his tenure of office there as Officer-in-charge of the Transport Department, as Director of the Social Service League, as Director of the Students' Co-operative Stores and Deputy Warden of the Hostels, etc. During 1954-55 he was granted Study leave by the Trust to proceed to United States for Studies at the Springfield College leading to the Master's Degree in Physical Education, which he obtained with high credit. On his return from abroad, he was appointed as the first Principal of the Alagappa College of Physical Education, which position he holds from 1956 onwards. I am happy to state that throughout his period of service he has made a mark in whatever positions he occupied. He was responsible for the successful organisation of a very efficient programme of Physical Education in the Alagappa College Campus wherein number of Educational institutions are functioning. He has qualities of organisation and administration and he has always maintained a high standard of discipline. He has always been producing top results and particularly in the Alagappa College of Physical Education the results obtained from the inception of the College in 1956 have been second to none in the Madras State. Sri S.M. Hadi, Ex-Honorary Adviser to the Government of India on Physical Education and Sports who was on a visit as Head of a Committee to assess the requirement of grant for various Colleges of Physical Education in the South has paid glowing tribute to the progress made and the results produced by the Alagappa College of Physical Education and particularly to the work of Sri M. Robson as its Principal. From personal knowledge I can endorse the views expressed by Sri Hadi. Sri Robson has talents of a very high order which I am sure will mark him out as an outstanding figure in the field of Physical Education.

C.V.C.V. Venkataram Chettiar,
SECRETARY.

To:
Sri M. Robson, B.A., M.P.E. (Springfield),
Principal, Alagappa College of Physical Education,
Karaikudi 3.
SILVER JUBILEE CELEBRATIONS
August 17, 1982

Chief Guest:
SHRI BHAGWAT DAYAL SHARMA
GOVERNOR, MADHYA PRADESH

REPORT
by
Dr. M. ROBSON
DEAN
Alagappa College of Physical Education Research Bureau,
K A R A I K U D I - 623 004, I N D I A.

*Research Consultants:*

**Dr. H. Harrison Clarke, Ph. D.,**
University of Oregon, Eugene, Oregon, 97403 U. S. A.

**Dr. M. Robson, M. P. E., (Spfd. J D. Ed., (U. O.))**
Dean, Lakshmi Bai National College of Physical Education, Gwalior.

*Director:*

**Mr. A. Athicha Pillai, B. Sc., M. Ed. (P. B.)**
Principal, Alagappa College of Physical Education.
Alagappa College of Physical Education
Research Bureau

STYLE MANUAL

for
THESES AND DISSERTATIONS

APRIL 1984
THESES ABSTRACTS
1965-80

RESEARCH DIVISION
Lakshmibai National College of Physical Education, Gwalior
(Established by Govt. of India, Ministry of Education & Culture)
An Autonomous College of Jiwaji University
JULY, 1984
RESEARCH DIVISION

Dr. M. Robson — Dean
Dr. V. S. S. M. Rao — Dy. Dean
Dr. A. K. Uppal — Reader (Research)
Dr. R. N. Dey — Lecturer (Physiology)
Shri. Jasraj Singh — Lecturer (Research)
Shri. J. P. Verma — Lecturer (Statistics)
Shri. Rajender Singh — Research Assistant
Shri. K. K. Khare — Research Assistant
Shri. G. K. Sharma — Research Assistant
Kum. Usha Mennon — Research Assistant
Kum. Manga P. J. — Research Assistant
FOREWORD

The National Resource and Documentation Centre in Physical Education was established at the Lakshmibai National College of Physical Education in July, 1983 as decided by the SNIPES, based on the recommendation of the UNESCO Regional office in Asia and the Pacific, Bangkok. One of the first projects the N. R. D. C. in Physical Education undertook was the preparation of a directory of Colleges of Physical Education with up-to-date information. The Regional Office of UNESCO at Bangkok rendered the necessary financial assistance for preparing the up-dated directory.

The details of 65 institutions/Colleges of Physical Education have been included in this directory after sustained efforts to get such information and it is presumed that all the institutions/Colleges of Physical Education functioning in India as on date, have responded to our request. The N. R. D. C. in Physical Education will be keeping only these institutions on its mailing list for future correspondence. However, if any existing institution/College of Physical Education, does not find a place in the directory, or if any institution opened hereafter, such institutions are invited to contact the N. R. D. C. in Physical Education.

This directory, we are sure, will be of great value for those who need basic information regarding the institutions/Colleges of Physical Education in India.

We are obliged to the UNESCO for providing financial assistance for this project. We express our appreciation to all the institutions which furnished the necessary information. The cooperation of Research Division of the College in having spared the services of two Research Assistants for this project is also acknowledged.

Dr. M. Robson
DIRECTOR
N.-R.-D. C. P. E.
DIRECTORY
OF
INSTITUTIONS OF PHYSICAL EDUCATION
IN INDIA

Published By
National Resource and Documentation Centre in Physical Education
Lakshmibai National College of Physical Education, Gwalior
(Autonomous College of Jiwaji University)
(Established by Union Ministry of Education and Culture)
REPORT
PREPARED BY

A SPECIAL SUB-COMMITTEE OF THE PHYSICAL EDUCATION STANDING COMMITTEE OF SOCIETY FOR THE NATIONAL INSTITUTES OF PHYSICAL EDUCATION AND SPORTS (Govt. of India, Ministry of Education and Culture)
MEMBER,
Dr. Alagappa Chettiar Educational Trust,
KARAIKUDI - 630 003

MEMBER,
Asoka Charitable Trust
Chennai - 600 084

Positions held:

CHAIRMAN, Board of Management,
LNIEPE Deemed University, Gwalior - (M.P)
- Vice Chancellor, Jiwaji University, Gwalior (MP)
- Dean, Lakshmibai National College of Physical Education, Gwalior (MP)
- Founder Principal, Alagappa College of Physical Education, KARAIKUDI
- Professor and Director, Department of Physical Education and Sports Sciences, Annamalai University.
- UGC Visiting Professor, Pondicherry University, PONDICHERY.

Teaching and Research Guidance:
Bachelor's/Master's/M.Phil/Ph.D. Courses in Physical Education for over 33 years.

Professional Attributes:


Awarded International Fellowship by the INSTITUTE OF INTERNATIONAL EDUCATION (IIE), New York, USA 1954.

Honoured by the prestigious 'Buck Award' by the YMCA College of Physical Education, Madras - 1982.

Recognised as a 'DISTINGUISHED INTERNATIONAL ALUMNI' of Springfield College, - 1985.

Served as a Member of the ALL INDIA COUNCIL OF SPORTS (AICS) and the Society for NATIONAL INSTITUTES OF PHYSICAL EDUCATION AND SPORTS (NIPES) 1976-84.

Past President INDIAN ASSOCIATION OF TEACHERS OF HEALTH, PHYSICAL EDUCATION AND RECREATION (IATHPER).

Past President, ALL INDIA ASSOCIATION OF COLLEGES OF PHYSICAL EDUCATION (AIACPE).
Director, National Physical Fitness Programme (1976-84).

Member, Board of Governors, INTERNATIONAL COUNCIL ON HEALTH, PHYSICAL EDUCATION AND RECREATION (ICHPER), NEW YORK 1983-86.


Served as an Expert Member of Academic Bodies/Special Committees of many Universities.

Was an Expert Member of Special Committees of the UGC/AIU/NCERT/CBSE and Ministry of Education, Government of India.

Distinction in Sports and Games:

School through College/University - won University College Colours in Basketball (Captain), Football, Tennis and Track and Field.

Travel Abroad:

Widely travelled world over for higher studies, ICHPER/UNESCO meetings, National and International Seminars/Conferences, Cultural Exchange Programmes, Olympic Games, Commonwealth Games, Asian Games etc.

***
VISIT TO
CZECHOSLOVAKIA FOR 'SPARTAKIAD' AND STUDY TOUR
OF HUNGARY AND ROMANIA.
(June 25 to July 15, 1980)

REPORT

Submitted by
Dr. M. Robson, Principal.

July 31, 1980
LAKSHMIBI NATIONAL COLLEGE OF PHYSICAL EDUCATION, Gwalior.  
(Established by Union Ministry of Education and Culture)

REPORT
on the
VISIT
to
GERMAN DEMOCRATIC REPUBLIC
from JULY 19 to 28, 1981

by
Dr. M. Kotson, Principal

(A member of the Indian Delegation)
LAKSHMIBAI NATIONAL COLLEGE OF PHYSICAL EDUCATION, SWALIOR
(Established by Union Ministry of Education & Culture)
(AUTONOMOUS COLLEGE)

UNESCO INTER-DISCIPLINARY REGIONAL MEETING OF EXPERTS IN PHYSICAL EDUCATION AND SPORTS & CONFERENCE '82, HELD AT BRISBANE, AUSTRALIA.

(From Sept. 19 to 29, 1982)

REPORT

By

Dr. M. Robson,
Dean,
Lakshmibai National College of Physical Education, Swalior.
LAKSHMIBAI NATIONAL COLLEGE OF PHYSICAL EDUCATION, GWALIOR, INDIA.
(Established by the Ministry of Education & Culture)
(AUTONOMOUS COLLEGE)

UNESCO International Symposium on Physical Education and Sport Programmes for
the Physically & Mentally Handicapped held at the
University of Maryland,
College Park, Maryland,
U.S.A.

(November 22 - 27, 1982)

REPORT

BY

Dr. M. ROBSON
Dean
Lakshmibai National College of Physical Education
Gwalior.
LAKSHMBAI NATIONAL COLLEGE OF PHYSICAL EDUCATION, GWALIOR
(Established by Union Ministry of Education & Culture)
(Autonomous College)

REPORT

ON THE VISIT TO U.S.S.R.
UNDER THE INDO-SOVIET CULTURAL EXCHANGE PROGRAMME

(From October 21 to 31, 1982)

By
Dr. M. Robson,
Dean,
Lakshmibai National College of
Physical Education, Gwalior

* * * * *
Silver Jubilee Celebrations

1981–82

National Conference on Physical Education

THEME: Physical Education in Developing Countries in the next 25 years

REPORT AND PAPERS
LIST OF PARTICIPANTS

SPECIAL INVITEE:

1. Dr. (Mrs.) P.P. Singh,
   Former Reader and Head of
   Extension Unit,
   N.C.E.R.T.,
   M-59, Greater Kailash - I,
   NEW DELHI - 110 048

Delegates:

2. Shri Karan Singh,
   Prof. & Head of Department of
   Physical Education,
   Banaras Hindu University,
   VARANASI - 5.

3. Shri S. Srivatsak,
   Prof. & Head of Department of
   Physical Education,
   G.N.D.U.,
   AMRITSAR.

4. Shri P. Venugopal Rao,
   Principal,
   S.S.R., Govt. College of
   Physical Education,
   GOPENNAARELIM (ELURU) AP

5. Dr. K.T. Mehare,
   Principal,
   Shivaji College of Education
   (PE)
   Amravati.

6. Shri S.K. Upadhyay,
   Head, Deptt. of Physical Edu
   Ravishankar University,
   RAIPUR (M.P)

7. Shri P.N. Chaturvedi,
   Principal,
   Govt. Women Physical Training
   College,
   Pendra (Distt. Bilaspur)
   Pendra Road, (M.P)

8. Shri M.G. Patwardhan,
   Principal,
   C.S.A. College of Physical
   Education,
   JUNE - 37

9. Shri S.N. Khanna,
   Head, Deptt. of Physical
   Education,
   University of Kalyani,
   KALYANI (WB).

10. Shrimati S. Mehta,
    (M.P.)

11. Shri C.S. Sohi,
    Principal,
    S.K.R. College of Phy.Ed.,
    Bhagwanpur (Kharar)
    ROPAR.

12. Shri R.R. Hamlin,
    Principal,
    Christian College of Phy.Ed.,
    LUCKNOW (UP)

13. Shri H.K. Sharma,
    Principal,
    Govt. Training College of
    Physical Education,
    RAIPUR (UP)

14. Shri V.K. Kanade,
    Principal,
    B.P.C.A's College of Phy.Ed.,
    VADALA, BOMBAY - 400 031

15. Shri Tejinder Singh,
    Principal,
    Govt. College of Phy.Ed.,
    PATIALA.

16. Shri A.Y. Sathaye,
    Principal,
    Govt. College of Phy.Ed.,
    Naseem Bagh,
    SRINAGAR ( J & K ) 190 006

17. Shri J.S. Naruka,
    Director of Phy.Ed.,
    Jiwaji University,
    GWALIOR.

18. Shri C.S. Rathore,
    Head, Deptt. of Phy.Ed.,
    Jabalpur University,
    JABALPUR.

19. Shri Babir Singh,
    Regional College of Education,
    AJMER.

20. Shri R.S. Wilson,
    Principal,
    Tirhut College of Phy.Ed.,
    Muzaffarpur,
    BIHAR.

21. Dr. M. Robson,
    Principal,
    Lakshmibai National College
    of Physical Education,
    GWALIOR.

22. Dr. V.S.S.M. Rao,
TWENTY SECOND ALL INDIA COMPETITION
FOR
NATIONAL AWARDS
IN
PHYSICAL FITNESS

Lakshmibai National College of Physical Education, Gwalior
(Autonomous College)
February 14 to 16, 1983

NATIONAL PHYSICAL FITNESS PROGRAMME
(Sponsored by the Union Ministry of Education & Culture)
Directorate: Lakshmibai National College of Physical Education, Gwalior-474 002
ORGANISING COMMITTEE

1. Dr. M. Robson
2. Dr. V. S. S. M. Rao
3. Shri R. P. Shrivastava
4. Dr. A. K. Uppal
5. Smt. Indu Mazumdar
6. Shri T. S. Brar

Chairman

TECHNICAL COMMITTEE

1. Dr. A. K. Uppal
2. Shri T. S. Brar
3. Shri Ramesh Pal
4. Shri D. S. Nirbhay

Secretary

Convenor

SEATING COMMITTEE

1. Shri R. P. Shrivastava
2. Shri S. L. Bajpai
3. Shri V. S. Bhadoria

Convenor

RECEPTION COMMITTEE

1. Shri C. V. Rao
2. Smt. S. Awasthy
3. Shri Premchand
4. Shri Victor P.
5. Shri R. K. Bajpai
6. Kumari Mowthika Subramanian
7. Kumari Sadhana Singh
8. Kumari Kiran Gurung

Convenor

COMMITTEE FOR CEREMONIES

1. Shri B. S. Brar
2. Shri A. K. Datta
3. Shri S. Mukerjee
4. Shri Amtosh Kumar
5. Shri Alifreti Chwanibuka
6. Shri Joseph Mammon

Convenor
SEMINAR
ON
RESEARCH IN PHYSICAL EDUCATION
Theme: RESEARCH GUIDANCE AND DEVELOPMENT OF RESEARCH LABORATORIES
(February 2 to 4, 1984)

REPORT & PAPERS
SEMINAR ON RESEARCH IN PHYSICAL EDUCATION
(FEB. 2 TO 4, 1984)

//PROGRAMME//

2.2.84

9.30 A.M. Registration of the Delegates.
10.00 A.M. Inauguration of the Seminar.
11.15 A.M. Tea for Faculty and Delegates.

Group Photograph.

11.30 A.M. FIRST SESSION
Chairman: Dr. Max Howell

PAPER -I
Speaker: Dr. M. Robson

TOPIC: Research Guidance

LUNCH BREAK

3.00 P.M. SECOND SESSION
Chairman: Dr. M. Robson

PAPER -II
Speaker: Dr. P.K. Pande


PAPER -III
Speaker: Dr. T.S. Brar

TOPIC: Measurement and Evaluation Techniques in Research.

TEA BREAK
VIII ANNUAL CONFERENCE
of
Indian Association of Sports Medicine
4th & 5th NOVEMBER, 1978

Sponsored by
PUNJAB STATE ASSOCIATION OF SPORTS MEDICINE

Organisers
CHRISTIAN MEDICAL COLLEGE
LUDHIANA
PUNJAB AGRICULTURAL UNIVERSITY
LUDHIANA
5TH NOV. 1978 (SUNDAY)

**Scientific Session III:**
Chairman: Dr. B. L. Gupta
09.00—09.15 a.m. Sports Ophthalmology
09.15—09.30 a.m. A comparison of physical efficiency between female Kabaddi & Volley Ball players
09.30—09.45 a.m. Exercise induced asthma
09.45—10.00 a.m. Some electrolyte changes in mountaineers at high altitude during expedition
10.00—10.15 a.m. Recent trends in physical education and sports
10.15—10.45 a.m. **COFFEE BREAK**

**Scientific Session IV:**
Chairman: Dr. L. H. Lobo
10.45—12.15 p.m. **GUEST LECTURE**
12.15—12.45 p.m. **GUEST LECTURE**
12.45—01.15 p.m. **GUEST LECTURE**
01.15—02.30 p.m. **LUNCH**
02.30—03.30 p.m. **GUEST LECTURE**
03.30—04.45 p.m. **FREE TIME**
04.45—05.00 p.m. **TEA TIME**
05.00—07.00 p.m. General Body Meeting
08.00—09.00 p.m. **DINNER**

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**Guest Speakers:**

1. Prof. (Dr.) Francis J. Nagle PhD,
   Dept. of Physical Education and Physiology, University of Wisconsin,
   Madison. Wis. USA.
2. Dr. James D. Key MD,
   National Orthopedic Consultant,
   Nautilus Sports/Medical Industries
   Deland, Florida, USA.
3. Dr. B. L. Gupta D. Ed.
   Former Director of Phy. Ed. & Sports
   Panjab University, Chandigarh.
4. Mr. Shamsher Singh
   New Delhi
5. Sardar Shamsher Singh M. Tex. Ph. D
   Chief Mechanical Engineer,
   N. Rly. New Delhi.
6. Dr. A. Ghosh
   Calcutta
7. Dr. A. K. De et al
   BHU Varanasi
   New Delhi
9. Dr. R. G. Singh et al
   BHU Varanasi
10. Dr. G.S. Sundarajan
    Madras
11. Dr. James D. Key, Key
    Florida USA
12. Dr. B. L. Gupta
    Chandigarh
13. Mr. Shamsher Singh
    New Delhi
14. Dr. F. J. Nagle
    Univ. of Wisconsin,
    USA
IMPROVE YOUR PHYSICAL FITNESS
अपने शारीरिक स्वास्थ्य का विकास कीजिए
प्रस्तावना

शारीरिक स्वास्थ्य व्यक्तिविशेष का बहुमूल्य आधिपत्य है। इसके कारण नहीं कि जा सकता 
बिन्दु नियमित शारीरिक योग से होती है। शारीरिक स्वास्थ्य को प्रोत्साहित न करने के कारण जीवन का मूल्य, समृद्धि एवं जीवन की 
लागता पुरुष हो जाती है।

किसी भी व्यक्ति के माद्रेस में ७० के ६० प्रतिशत से भी अधिक भार मास-पेटिशों ने होता है 
वर व्यक्तिगत मूल्य एवं ब्याहार बढ़ते आवश्यक है। हमारी मान-पेटिशों के जीता हुमें 
बनाया है, हम उसीके अनुसार दिखायी देते हैं, जैसे--‘दुर्बल या बलवान, अजीजी या उदासीन। रोगी 
की बीमत उपचारों एवं स्वास्थ्य-लाभ के लिए ब्याहार ही प्रभाव उत्सुक है।

हमारे खिलाड़ियों के शारीरिक स्वास्थ्य के उच्चतम विकास के बिना हम अपने देश में है-ल-कौ 
का अधिकतम विकास नहीं कर सकते।

राष्ट्रीय शारीरिक स्वास्थ्य कार्यक्रम की १९वें अभिल भारतीय संगीत, जो मई १९७९ में 
गंगटोक में सम्मेलन हुई थी, उसमें तब किया जनुसार द्वितीय पुस्तिका का क्रियापद समाधान बोल-चाल की 
वक्त तक नसीहीम भाषा में किया गया है जिसमें शारीरिक स्वास्थ्य कार्यक्रम से सम्बन्ध शारीरिक 
स्वास्थ्य की सत्ता विशेष विषयों, जैसे--गति, बल, समृद्धि, वस्तुनिष्ठता एवं स्तूति आदि अवयवों का 
मूल्य कैसे किया जाय, बाद में विषयों का वर्णन किया गया है।

“अपने शारीरिक स्वास्थ्य का विकास कीजिए” से अन्तर्भित इस पुस्तिका का क्रियापद सामाजिक 
से हमें पूर्ण विश्वास है कि यह पुस्तिका व्यक्तिविशेष के शारीरिक स्वास्थ्य के प्रति अधिक सत्ि 
रहने, उपलब्धियों को प्राप्त करने एवं उत्साहबद्ध में सहायता होगी।

भू. एम. रावण 
अध्यक्षा——
शाहीनगर, नगर ४७००२ ( म. प.)

लक्ष्मीबाई राष्ट्रीय शारीरिक शिक्षण महाविद्यालय एवं 
संचालक—राष्ट्रीय शारीरिक स्वास्थ्य कार्यक्रम
Lakshmibai National College of Physical Education, Gwalior
(Autonomous College)
(Established by the Union Ministry of Education & Culture)

SILVER JUBILEE REPORT
(August 17, 1982)

I have great pleasure in presenting this brief report of the Lakshmibai National College of Physical Education, Gwalior on the occasion of its Silver Jubilee Celebrations.

Origin:

This National College of Physical Education was established by the Ministry of Education and Culture, Government of India on August 17, 1957. The College stands as a living monument to the heroism and supreme sacrifice of the most revered heroine, Rani Lakshmibai of Jhansi, whose life shall be an eternal inspiration to the youth of our nation who pass through the portals of this great Institution. The College is under the administration of the Society for the National Institutes of Physical Education and Sports (SNIPES), a registered society constituted by the Ministry of Education and Culture, Government of India.

Objectives:

The Central Advisory Board of Physical Education and Recreation and the University Education Commission, under the Chairmanship of Dr. S. Radhakrishnan, had recommended the need for the introduction of Degree Courses in Physical Education. It is in culmination of these ideas, the College was started (a) to improve the quality of teachers of Physical Education, (b) to serve as a model for the Colleges of Physical Education in the Country, (c) to serve as a centre of excellence and to promote research
and disseminate research knowledge, (d) to provide professional and academic leadership and promote professional programmes to meet the changing needs of the Country. Besides these objectives, the College provides opportunities for in-service teachers to raise their professional competence through special programmes as a part of its extension services.

Growth and Development:

The College made its beginning in the old barrack like structures in the Mela Ground with less than half a dozen teachers and twenty-six students. Within six weeks the College shifted to its present location covering 150 acres of picturesque land which was the old Race Course and Polo Ground of the Scindias, gifted to the College by late Maharaja Jiwaji Rao Scindia. The original buildings have been converted into Basketball and Volleyball-cum-Kabaddi stadia. The campus site was fenced off and within three years three hostels for men students, one hostel for women students, one health centre and residential quarters for the faculty and the administrative staff came up. Further additions included two more hostels for men, an imposing Gymnasium and Swimming Pool complex, and a number of play fields. The three storeyed Main College Building is housing, lecture rooms, museum, laboratories, staff rooms, administrative block, library and auditorium, was inaugurated by late Dr. S. Radhakrishnan, the then President of India, on 16th March, 1966. Further additions over the years include additional residential accommodation for all categories of staff and a new wing to the College building. All these buildings have been aesthetically designed to lend an atmosphere of quiet dignity and charm and to harmonize with the beauty of landscape and natural surroundings. The original greenery has been preserved along with a variety of bird life.

Academic Programme:

To start with, the College offered a three years degree course leading to Bachelor's Degree in Physical Education so that teacher-trainees could acquire superior sports skills as well as width and adequate depth of knowledge concerning philosophy, purpose and methodology of Physical Education, which are impossible to achieve in one academic year. In 1963 a two-year Master's Degree Programme was introduced for those who had taken a Bachelor's Degree in Physical Education. In 1970 a Master's Degree Course in Recreation of two years duration was started; but it had to be discontinued in 1975, since full time recreation leaders could not find appropriate placement. In 1980 the College started the M. Phil. Degree Course as a Pre-doctoral Programme in Physical Education for the first time in India. The course is intended to strengthen the competency of lecturers working in College and University Teaching Departments of Physical
Education and those who are interested in research. The College is also recognised as Centre for Ph. D. Programme in Physical Education.

Our Outstanding Sportsmen:

A number of our College students, past and present, have distinguished themselves in different sport disciplines. Ajmer Singh and Labh Singh represented India at Tokyo and Mexico Olympic Games and had won Gold Medals in Track and Field events in Asian Games. V. S. Chauhan represented India at Munich Olympic Games and Commonwealth Games and won Gold Medal in Decathlon in Asian Games. Miss Kusum Chhatwal donned Indian colours at Tehran Games. Miss Kamlesh Chhatwal had two national records in Shotput and Discus to her credit. R. Rajagopalan and B. Thomas set up Inter-Varsity records in Track and Field. Other athletes who represented India were S. P. Pillai (Universiadi at Tokyo) and A. S. V. Prasad (Indo-Soviet Duel Meet). Two Fijian scholars Vilimae Tunidau and R. Cawaniduka represented their country at Commonwealth Games. Kumari Kalpana Debnath has won the National Championship in Gymnastics in Junior and Senior categories for nine years, a unique record.

Review Committee:

On the suggestion emanating from the Union Ministry of Education and Culture, the SNIPES Board appointed a seven-member Committee in 1977 with Prof. S. S. Bhandarkar, Ex-Vice Chancellor, Jiwaji University, as Chairman to review the working of the College and to suggest new areas of service to be developed at the College. The Committee's important recommendations included selective admission to BPE Course, strengthening of Post-graduate and Research Programmes, introduction of M. Phil. and a two year M. A. / M. Sc. (Physical Education) Programme for Graduates in Arts/Science/Commerce, with outstanding sports career, augmentation of staff-strength at the College, provision of additional facilities, developing sports halls, greater emphasis on research work and development of extension services. These recommendations are being implemented in stages.

Autonomous Status:

In recognition of its past contribution and to facilitate its future growth, the Institution, in its Silver Jubilee Year, has been granted the status of an Autonomous College by the Jiwaji University, with the concurrence of the University Grants Commission with effect from 1st July, 1982. Among other things, the College has now its own academic bodies and has been given the freedom to frame its own admission policies and procedures, develop its curricula, instructional methodology, and to evaluate the students. However, Jiwaji University will continue to award the degrees.
This will enable the College to introduce new innovations, and experiments and to develop Physical Education Courses better suited to the national needs and aspirations, which in due course will also be adopted by other Institutions in the Country.

Research:

In pursuance of its declared objectives and as recommended by the Review Committee, greater emphasis is now being laid on research work. The courses of studies, especially at the Master's Degree level have been revised to make them research-oriented. The M. Phil. Programme is mainly devoted to enhance professional knowledge and research experience. To promote research, a Research Division has been constituted with adequate staff, including one Reader, one Lecturer and three Research Assistants. A Physiologist and an expert in Statistics are also associated with this Division. The Division has initiated and completed a number of studies, some of them on behalf of the Union Ministry of Education. The Research Division has been publishing abstracts of research studies undertaken by it. A four-member Research Committee under the guidance of the Dean, co-ordinates and supervises the research activities at the College.

In order to promote research of a high order necessary physical facilities are being provided. Two new Research Laboratories in the areas of Human Performance and Applied Psychology with sophisticated instruments are being developed. As a Silver Jubilee Project a new Research Block will be constructed, for which our revered Chief Guest, the Governor of Madhya Pradesh, will unveil the Foundation Tablet. Research Fellowships on the UGC pattern have also been instituted to benefit the M. Phil. and Doctoral candidates.

Extension Services:

The College administers the following programmes entrusted by the Union Ministry of Education and Culture/SNIPES:

1. National Physical Fitness Programme.
2. National Prize Competition for Published Literature in Physical Education, Sports, Yogic Culture, Health Education, Recreation, etc.
3. Financial Assistance to Colleges of Physical Education.
4. Physical Education Orientation Courses for elementary school teachers under Madhya Pradesh Tribal Welfare Programme.
5. Professional workshops and clinics on All India basis.

To strengthen the Extension Services Division, a Reader has been recently appointed.
Other Professional Services:

(a) Physical Education Orientation Courses for pre-release Army Personnel.
(b) Certificate Course in Sports (NSNIS) during summer.
(c) The College is also the Headquarters of the Physical Education Standing Committee of the SNIPES, which deals with the promotion of Physical Education in the Country.
(d) The College serves as an Expert Professional Agency, providing consultancy services to State Governments, Colleges of Physical Education and Universities.
(e) The College renders facilities for conduct of Coaching Camps and Clinics for District, State, University and Combined University Teams, besides National Sports Federations.

Laboratory School:

We are happy that Kendriya Vidyalaya No. 1, Gwalior is located in the College Campus and this serves as the Laboratory School for Students Teaching Practice Work. The College has allotted 15 acres of land for this School. The Laboratory School is a fully grown Higher Secondary Institution maintaining high standards.

This provides us extensive facilities for research work for the M. Phil. and Ph. D. candidates.

Youth Club:

The College extends its excellent facilities for the youth of Gwalior for all Indoor and Outdoor games under the supervision of a member of our staff. In a crowded city like Gwalior, this opportunity is well utilised by the youth.

THE NEXT 25 YEARS

Research Block:

Construction of a separate Research Block is a land-mark in the life of the College and ushers in a vista of endless possibilities to keep abreast with latest trends and techniques in the field of Physical and allied disciplines. The Research Block will accommodate Bio-chemical Laboratory, Cardiovascular Laboratory, Animal-Laboratory, Photography Laboratory, General Testing Rooms, Faculty Research Facilities and a Statistical Cell. It is hoped that the College will develop into a National Research Centre in Physical Education and Sports.
Statistical Cell:

The College is expected to open a National Statistical Centre for Physical Education and Sports providing information on National School Games and Sports, Inter-University Competitions and various other sports events in the Country. Such a Centre will prove useful as statistical information are not readily available for reference purposes.

National Library for Physical Education:

The College will be developing a National Library for Physical Education containing journals, research literature, books, manuscripts, films, micro-cards, etc. from all over the world, in Indian and major foreign languages, for advance studies and research purposes.

Publication Section:

A publication section will also be opened which will undertake publication of research work, text-books for staff and students in the field of Physical Education and translation of standard works in Indian Languages.

New Courses:

The courses offered now need to be redesigned to keep pace with the growing knowledge and needs of the society. Specialists will have to be trained to look after Health, Physical Education and Recreation programmes in health clubs, star hotels, industrial clubs, service organizations, and the like.

These courses would produce exercise therapists to work in hospitals and rehabilitation centres, experts to organise Physical Education and Sports Programmes for the handicapped, teachers of health education, specialized teachers in Movement Education for elementary schools and bi-focal teachers who can teach class-room subjects along-with Physical Education and Sports. Youth Leadership Courses at Post-graduate level would also be undertaken.

National Centre for Popularising Indigenous Physical Activities and Yoga:

The College will have to pay greater attention and give a fillip to yogic exercises and indigenous activities, as India's vast and varied traditional physical activities need to be popularised through systematic and scientific methods.

Regional Colleges of Physical Education:

Ill equipped Colleges of Physical Education are coming up all over this vast Country and these need direction and guidance. Model Regional Colleges of Physical
Education need to be started as a part of the extension programme of the College. Only such a step will help to meet the ever increasing demand for quality teachers in this field for the elementary, middle, high and higher secondary schools, besides colleges and universities.

Central University:

Lakshmibai National College of Physical Education may ultimately culminate into a Central University of Physical Education and affiliate Physical Education Colleges which maintain standards prescribed in terms of staff qualification, student strength, academic requirement and requisite facilities. This would be a positive way of promoting standards in the professional preparation of Physical Education teachers.

National Council of Physical Education:

There is a need for an independent autonomous body, like a National Council of Physical Education, to be set-up by the Ministry of Education and Culture to frame and co-ordinate the programmes and policies at the national level and implement them through appropriate agencies at the various levels at the States and Union Territories. It may be a technical wing of the Ministry of Education and Culture, Government of India to advise on all matters related to Physical Education in the Country.

Asian Centre of Higher Studies in Physical Education:

The trends and developments may significantly change during the course of the next twenty-five years. However, the designs projected above would continue to be the spring board of action in developing this National College into an international one, and it is expected that other developing nations will look up to this Institution for guidance and leadership in various fields related to Health, Physical Education and Recreation.

With our excellent facilities, infrastructure, and highly qualified staff, I am sure that the College may fall in line with the proposals of UNESCO and be recognised as an Asian Centre for advanced studies in Physical Education catering to the special needs of developing countries of the third world.

Let me close by placing on record my debt of gratitude to the officers in the Ministry of Education and Culture, Government of India, to the past Chairmen and members of the Board of Governors for their guidance and support and my illustrious predecessors, a dedicated band of Principals, who headed this College and to the staff and students for their tireless efforts to raise this College to the present stature. We are grateful to the State Government of Madhya Pradesh for their sustained support to all
our programmes and particularly for consenting to instal a statue of Maharani Lakshmilai of Jhansi in the College Campus in commemoration of the Silver Jubilee Celebrations.

We are privileged to have a dynamic new Chairman in Shri Vidya Charan Shukla, and we look forward to a bright future under his able leadership.

Jai Hind.

Gwalior,
August 17, 1982

Dr. M. Robson
DEAN
Lakshmibai National College of Physical Education

(Established by the Union Ministry of Education & Culture)

Gwalior

REPORT

of the

REVIEW COMMITTEE

May, 1979
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consisting of the following persons to review the working of the College and make a report pointing out any insufficiency which needed correction and also to suggest new areas of service to be developed at the College.

1. Shri Suraj Bhan
   former Vice Chancellor,
   Punjab University. 
   Chairman

2. Shri Kanti Chaudhry,
   Vice Chancellor,
   Jabalpur University. 
   Member

3. Joint Secretary (Sports)
   Government of India,
   Ministry of Education &
   Social Welfare or his nominee. 
   Member

4. Financial Adviser in the
   Ministry of Education &
   Social Welfare or his nominee 
   Member

5. Dr. P. M. Joseph,
   Ex-Principal, L. N. C. P. E.,
   and Member, "SNIPES" 
   Member

6. Shri D. G. Wakharkar,
   Member, "SNIPES" 
   Member

7. Dr. M. Robson,
   Principal, L. N. C. P. E. 
   Member-Secretary

Shri Suraj Bhan, who had accepted to be the chairman of the Committee, however, could not function as such due to continued ill health. The SNIPES Board, therefore, requested Professor S. S. Bhandarkar, Ex-Vice Chancellor, Jiwaji University, Gwalior to be the Chairman of the Committee which he kindly accepted.

The committee met twice, once on 13-2-1979 at Delhi and again on 6-7th April, 1979 at Gwalior. The members discussed various aspects of the working of the College and the points which should be covered in the Report at the First
MEMBERS OF THE 'SNIPES' APPOINTMENTS / ADMINISTRATIVE COMMITTEE FOR L. N. C. P. E.

1. Dr. Amrik Singh,  
   Secretary,  
   Association of Indian Universities,  
   Deen Dayal Upadhyay Marg,  
   New Delhi.  
   Chairman

2. Shri S. K. Chaturvedi,  
   Joint Secretary (Sports),  
   Government of India,  
   Ministry of Education & Culture,  
   New Delhi.  
   Member

3. Dr. K. K. Tiwarl,  
   Vice-Chancellor,  
   Jiwaji University,  
   Gwalior.  
   Member

4. Shri Kanti Chaudhary,  
   C/o Shri Kamal Chaudhary,  
   370/1/14, Netaji Subhas Chandra Bose Road,  
   Calcutta-700047.  
   Member

5. Shri R. L. Anand,  
   Director,  
   Netaji Subhas National Institute of Sports,  
   Patiala.  
   Member

6. Shri Karan Singh,  
   Professor and Head of the  
   Deptt. of Physical Education,  
   Banaras Hindu University,  
   Varanasi.  
   Member

7. Dr. Ram Lakhan Prasad,  
   Principal,  
   Government College of Health  
   and Physical Education,  
   Patna (Bihar).  
   Member

8. Shri O. P. Tiwari,  
   Secretary,  
   Kaivalayadham Shree Shri Madhav  
   Yoga Mandir Samiti,  
   Lonavla (Maharashtra).  
   Member

9. Dr. M. Robson,  
   Principal,  
   Lakshmilai National College  
   of Physical Education,  
   Gwalior.  
   Member-Secretary
MEMBERS OF FACULTY

Principal
Dr. M. Robson,
M.P.E. (Spfd), D. Ed (U. O.) U. S. A.

Vice Principal
Dr. V. S. S. M. Rao,
B. Sc., M. Ed. (PE) (B.Y.U), U. S. A.
Ph. D. (S.I.I.) U. S. A.

Reader
Dr. A. K. Uppal,
M. A., M. P. E., Ph. D. Dip. in Athletics
(Liepzig) S. C. C. Yoga (Lonavia)

Lecturers:
1. Shri C. H. Dubey,
   M. A., M. S., (G. W. C.) U. S. A.

2. Shri R. P. Sharma,
   Cert. in Coaching, (Football) (U. K.)

3. Shri R. L. Chopra,
   M. A. (Pol. Sc.) M. A. (Eng.)

4. Shri L. T. Subbu,
   N. I. S. Dip. (Cricket)

5. Shri R. D. Dwivedi,
   B. Sc. (Hons), M. Sc. (Chemistry).

6. Shri C. V. Rao,
   B. A., D. P. Ed. M. Ed. (Spfd) U. S. A.

7. Shri A. K. Mukerjee,
   M. A., B. Com.

8. Shri C. G. Prabhakar,
   D. P. T., D. S. M.

9. Smt. S. Avasthy,
   M. A. (Eng.)

10. Shri A. Y. Sathaye, (on Deputation)
    M.P.E., N. I. S, Cert. in Coaching (Swimming)
    S. T. C. Rashtra Bhasha Praveen.

11. Smt. H. A. Jafri,
    M. A., B. P. E., Specialization in
    Volleyball and Basketball (U. S. S. R.)

12. Shri S. Mani Singh,
    M.P.E., Dip. in Football (Liepzig).

    M. A., M. Ed.
14. Shri B. S. Brar,  
     M. P. E.

15. Shri V. K. Sud,  
     M. A., M. P. E., N. I. S. (Hockey) S. C. C.  
     Yoga (Lonavla) Specialization in Football  
     (U. S. S. R.)

16. Shri A. K. Datta,  
     M. P. E.

17. Shri M. S. Gill,  
     M. P. E., N. I. S. Dip. (Gym.)  
     Dip. in Gym. (G. D. R.).

18. Dr. P. J. Sebastian,  
     Ph.D. (Leningrad) U. S. S. R.

19. Kum. Indumathil B. S.,  
     M. A., M. P. E.

20. Dr. R. N. Dey,  
     M. Sc., Ph. D.

21. Shri T. S. Brar,  
     M. P. E.

22. Shri Jasraj Singh,  
     M. A., M. P. E.

23. Shri Rishipal Singh,  
     M. P. E., N. I. S. Dip. (Basketball)

24. Shri Swapan Mukerjee,  
     M. P. E., N. I. S. Dip. (Swimming)

25. Dr. P. K. Pandey,  
     M. B. B. S., M. D.

26. Shri Jayant Mukerjee,  
     B. A., M. P. E., N. I. S. Cert. (Badminton,  
     Swimming and Tennis).

27. Shri Ramesh Pal,  
     M. P. E., N. I. S. Dip. (Athletics)

28. Shri J. P. Verma,  
     M. Sc. (Statistics)

Gymnastic Coaches:
1. Kum. Monika Debnath,  
     B. P. E., N. I. S. Dip. (Gymnastics)

2. Shri Prem Chand,  
     M. P. Ed., N. I. S. Dip. (Gymnastics)

Swimming Coach-cum-Life Guard,  
Shri V. K. Dabas,  
M. A. M. P. E., N. I. S. Dip. (Swimming)

Research Assistants:
1. Shri Rajender Singh,  
     M. P. E., N. I. S. Diploma (Judo)

2. Kum. S. K. Cheema,  
     M. P. Ed.

Basketball Coach:  
Shri S. S. Hasrani,  