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DECLARATION

I, hereby state that the thesis “Relationship between Athletic Coping Skill and Cognitive Coping Strategies among National Level Athletes of Various Sports” submitted to MAHATMA GANDHI UNIVERSITY, KOTTAYAM requirement for the Doctor of Philosophy in Physical Education is my original work and that it has not formed the basis for the award of any degree, diploma, associateship, fellowship or any similar title.

Kottayam,
Dated: 13 July 2012

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