Bibliography
1. Hippocrates, Greek Physician, 460-375 BC.


10. Ming-Chun Wen, MD, Chun-Hua Wei, MD, Zhao-Qiu Hu, MD, Efficacy and tolerability of anti asthma herbal medicine intervention in adult patients with moderate-severe allergic asthma. *Allergy & Immunology*. 2005; 9 (3): 517-524.


---

**Effect of Pranayama on Chronic bronchial Asthma**

151


15. Naturopathic medicine, © Michael Alan Morton Ph.D, Mary Morton; excerpted from “Five steps to selecting the best alternative Medicine, New world Library; 1997.


Rebound increase in bronchial responsiveness after treatment with inhaled terbutaline. *Lancet* 1988; i: 554.


76. Tattersfield AE, Britton JR. β₂ adrenoreceptor agonists. In: Barnes PJ, Rodger IW, Thomson NC, eds. *Asthma: Basic Mechanisms and


86. Calhoun WJ, Stevens CA, Lambert SB. Modulation of superoxide production of alveolar macrophages and peripheral blood.


104. Ng SH, Dash CH, Savage SJ. Betamethasone valerate compared with

105. Francis RS, McEnery G. Disodium cromoglycate compared with beclamethsone dipropionate in juvenile asthma. *Clin Allergy* 1984; 14:537.


112. Bone MF, Kubik MM, Keaney NP, Summers GD, Connolly CK et al. Nedcumol sodium in adults with Asthma dependent on inhaled


118. Report to the Medical Research Council by the subcommittee on Clinical trials in asthma. Controlled trial of effects of cortisone acetate in chronic asthma. *Lancet* 1956; i: 798.


131. Toogood JH, High dose inhaled steroid therapy for asthma. *J Allergy


Patanjali’s Yoga Sutras. Pranayama and Breath control: 2.49- 2.53.


151. Vedanthan M.D., and N. V. Raghuram. Yoga Breathing Techniques (YBTs) in exercise induced asthma: A pilot study. *International*


160. Girodo M, Ekstrand KA, Metivier GJ. Deep diaphragmatic breathing:


166. Institutional Ethics Committee, Kasturba Medical College, Manipal University, Mangalore, December 2005.


170. American thoracic society, Guidelines for the Six-Minute Walk Test,
Official statement of the American thoracic society was approved by ATS, the Board of directors, March 2002.


175. Rachna Sirohi, Effect of Nadi Shodhan pranayama on Forced Vital Capacity, Dept. of yoga; dsvv publications.


