# CONTENTS

<table>
<thead>
<tr>
<th>Acknowledgement</th>
</tr>
</thead>
<tbody>
<tr>
<td>List of Abbreviations</td>
</tr>
<tr>
<td>List of Tables</td>
</tr>
<tr>
<td>List of Maps, Graphs and Diagrams</td>
</tr>
</tbody>
</table>

## Chapter I  INTRODUCTION

1.1 Women: Conditions and Institutional Coverage  
1.2 Statement of the Problem  
1.3 Objectives  
1.4 Hypothesis  
1.5 Scope of the Study  
1.6 Limitations  
1.7 Plan of the Study

## Chapter II  REVIEW OF LITERATURE

2.1 State of Women  
2.2 State of Rural Woman  
2.3 Women Empowerment  
2.4 Rural Women Empowerment  
2.5 Programmes and Women Empowerment  
2.6 NGOs and Women Empowerment  
2.7 SHGs and Women Empowerment

## Chapter III  A PROFILE OF STUDY AREA

3.1 History  
3.2 Geographical Features  
3.3 Socio Economic and Demographic Features  
3.5 Administration  
3.6 SHGs Activities
Chapter IV METHODOLOGY AND CONCEPTS 37-44
4.1 Methodology
4.2 Concepts

Chapter V ANALYSIS AND DISCUSSION 45-167
5.1 Performance of Women Development Programme
5.2 Socio Economic Profile of SHGs
5.3 SHGs Formation
5.4 Empowerment Indicators
5.5 Testing of Hypotheses and Statistical Inferences

Chapter VI SUMMARY OF FINDINGS, CONCLUSIONS AND SUGGESTIONS 168-179
6.1 Findings and Conclusions
6.2 Suggestions

APPENDICES
Appendix 1 – Interview Schedule A1-A4
Appendix 2 – Annual Report of TNCDW A5-A6
Appendix 3 – Bibliography A7-A14