# TABLE OF CONTENTS

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>ACKNOWLEDGEMENT</td>
<td>iii</td>
</tr>
<tr>
<td>LIST OF TABLES AND FIGURES</td>
<td>x</td>
</tr>
<tr>
<td>LIST OF ABBREVIATION</td>
<td>xvii</td>
</tr>
<tr>
<td>INTRODUCTION</td>
<td>1</td>
</tr>
<tr>
<td>CHAPTER ONE – Ecology of Malaria and Control Strategies</td>
<td>8</td>
</tr>
<tr>
<td>Brief historical Background of Malaria</td>
<td>8</td>
</tr>
<tr>
<td>Biomedical Perspective on Malaria and its Control</td>
<td>10</td>
</tr>
<tr>
<td>Global Burden of Malaria</td>
<td>13</td>
</tr>
<tr>
<td>Global Efforts to Malaria Control</td>
<td>15</td>
</tr>
<tr>
<td>Situation of Malaria and Control Efforts in Nepal</td>
<td>19</td>
</tr>
<tr>
<td>General background of Nepal</td>
<td>19</td>
</tr>
<tr>
<td>Ecological belts and classification of the malaria problem</td>
<td>23</td>
</tr>
<tr>
<td>The problem of malaria in Nepal: past and present situation</td>
<td>27</td>
</tr>
<tr>
<td>The problem of malaria in the study districts</td>
<td>35</td>
</tr>
<tr>
<td>History of malaria control programme in Nepal</td>
<td>38</td>
</tr>
<tr>
<td>Organization of malaria control programme under health care systems</td>
<td>42</td>
</tr>
<tr>
<td>Present malaria control activities</td>
<td>46</td>
</tr>
<tr>
<td>Problem and Issues in Malaria Control Programme of Nepal</td>
<td>50</td>
</tr>
<tr>
<td>CHAPTER TWO – The Social Dimensions of Malaria: Theoretical and Methodological Issues</td>
<td>54</td>
</tr>
<tr>
<td>Socioeconomic Development and Ecological Factors in Malaria Transmission</td>
<td>54</td>
</tr>
<tr>
<td>People’s Perceptions of Malaria and their Responses to the Problem</td>
<td>63</td>
</tr>
<tr>
<td>Community Participation and Health Education in Malaria Control Activities</td>
<td>77</td>
</tr>
<tr>
<td>Effort to Measure the Impact of Malaria on Socioeconomic Conditions</td>
<td>80</td>
</tr>
<tr>
<td>Theoretical Approaches to the Study of Health-seeking Behaviour</td>
<td>84</td>
</tr>
<tr>
<td>Methodological Approaches to Health-seeking Behaviour</td>
<td>90</td>
</tr>
<tr>
<td>The Gaps and Issues</td>
<td>95</td>
</tr>
<tr>
<td>An Overview of Conceptual Framework and Research Questions</td>
<td>96</td>
</tr>
</tbody>
</table>
CHAPTER THREE - Conceptualisation and Research Design .......................... 98

Conceptualisation of the Research Problem .................................................... 98
Research Objectives ................................................................................... 104
Research Design ......................................................................................... 105
  Selection of study areas and villages ........................................................ 105
  Coverage and selection of households ....................................................... 112
  Tools and techniques of data collections ..................................................... 113
  Data collection process ................................................................................ 115
  Units of data analysis ................................................................................... 120
  Method of data processing and analysis ....................................................... 122
  Limitation of the study ................................................................................ 124

CHAPTER FOUR - The Socioeconomic Profile of the Study Areas .................... 126

A Brief Overview of Kanchanpur and Kavre Districts .................................... 126
Location and Ecology of the Study Villages ..................................................... 135
Composition and Distribution of Population .................................................. 141
Social Structure ............................................................................................. 143
  Caste and ethnic groups .............................................................................. 143
  Household Sizes .......................................................................................... 147
  Literacy Status and educational attainments ................................................. 148
  Language and mother tongue ..................................................................... 151
  Religion and social beliefs .......................................................................... 153
  Mother groups and other voluntary Organisations ....................................... 159
Economic Structure and Activities ................................................................ 161
  Agriculture ................................................................................................. 161
  Landholding ................................................................................................. 162
  Occupations ................................................................................................. 164
  Portrait of poverty structure ....................................................................... 171
  Economic activities throughout the year ....................................................... 174
  Population movement ................................................................................... 177
Access to House, Food, Water, Irrigation, Health and other Welfare Services... 180
Some Contrasting Features of the Study Areas ............................................... 189
Multiple therapies and Choice of Treatment Sources ........................................ 286

Gender and Treatment- Seeking behaviour .................................................. 300

Symptoms Recognition and Perceived severity and Treatment Seeking behaviour ................................................ 303

Location of Villages and Treatment Seeking behaviour .............................. 307

Treatment Compliance .............................................................................. 316

Economic Loss due to malaria .................................................................... 317

Factors Associated with Treatment Seeking Behaviour ................................ 319

   Availability of health services .......................................................... 319

   Access to health care facilities ......................................................... 323

   Quality of health Services and government health policy .................. 330

Conclusion ............................................................................................... 337

CHAPTER EIGHT - Community Understanding and Practices related to Prevention of Malaria ...................................................... 339

Knowledge/Perceptions about Prevention and Control of Malaria and Mosquitoes ................................................................. 339

   Popular concepts of malaria prevention ............................................. 339

   Knowledge of preventive measures .................................................. 341

   Knowledge of sources of mosquito breeding .................................... 344

   Knowledge about prevention and control of mosquito population ...... 347

Use of Preventive Measures against Malaria and Mosquitoes ....................... 351

   Use of bednets across different castes and classes ............................. 352

   Introducing bednets in the villages .................................................... 354

   Household ownership of bednets ....................................................... 356

   Perceived efficacy of bednets against malaria .................................. 362

   Reasons for not using bednets .......................................................... 364

   Use of traditional methods against malaria and mosquitoes .............. 365

   Use of bednets and occurrence of malaria .......................................... 368

Anti-malaria Activities and People’s Responses towards them ....................... 369

   Acceptance of insecticide spraying programme ................................ 371

   Perception/attitude towards insecticide spraying activity ................... 374

   Interaction between the villagers and insecticide spray teams ............ 377

   Health education in the villages ......................................................... 379
Factors Influencing Preventive Behaviour ........................................ 380
Knowledge/perceptions and use of preventive measures .................. 380
Castes, classes and use of preventive measures ............................ 382
Season, density mosquitoes and use of preventive measures .......... 383
Conclusion ................................................................................... 385

CHAPTER NINE - Discussion and Conclusion ............................ 388

CHAPTER TEN - Summary and Recommendations ...................... 415

REFERENCES ............................................................................ 427

APPENDIX .................................................................................. 450