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Declaration

I hereby declare that this research work entitled, “EFFECT OF YOGIC PRACTICE ON SELECTED HORMONES AND BIOMOTOR VARIABLES” being submitted through the Department of Physical Education & Sports, H. H. The Rajah’s College, Pudukkottai Tamil Nadu, India in partial fulfillment of the requirement for the degree of Doctor of Philosophy in Physical Education under the guidance and supervision of Dr. A.S. Nageswaran Reader, Department of Physical Education, H.H. The Rajah’s College, Pudukkottai, Tamil Nadu is an original piece of research work done by me and that the thesis has not previously been formed the basis for the award of any degree, diploma, associateship, fellowship or any other similar title.

I have specified by means of reference from where the information has been gathered.

Place: Pudukkottai
Date: (P. Muni krishnaiah.)
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