Appendix-2
Influence of Culture on Health & Disease of Rural People

1 Personal data

1. Name & Address of the respondent with district

2. Sex - 1. Male 2. Female

3. Age - _______ Years


7. Monthly income of the family (in Rs) ____________

8. Present occupation ________________:

9. Family composition: (please give tick mark against those members who are residing with the respondent)
<table>
<thead>
<tr>
<th>Name</th>
<th>Age</th>
<th>Sex</th>
<th>Education</th>
<th>Marital status</th>
<th>Occupation</th>
</tr>
</thead>
</table>

10. Type of family
   1. Nuclear   2. Joint   3. Extended

11. Who is the head of the house hold
   1. Self   2. Son   3. Daughter

II. Socio-Economic Status

12. Are you residing in your own house?
   1. Yes   2. No

13. If yes, what is the type of house
   1. Pacca   2. Kacha

14. Is the house electrified?
   1. Yes   2. No

15. Do you open the ventilation at day time
   1. Yes   2. No

16. No of rooms
   ____

17. Type of flooring
   ____

18. Type of roofing
   ____

19. Plinth area of your house (in square feet)
   ____

20. Total land under cultivation:
   ____

21. What is your income other than occupation
   ____

22. Type of water supply:
   1. Own well   2. Common well   3. Own pipe system

23. If it is well, is to protect sidewall?
   1. Yes   2. No
24. If you use well water, do you purify the well? 1. Yes 2. No
25. Distance of the well from leach pit 1. 50 ft away 2. Close 3. Near
27. Toilet facility 1. Attached to the bed room 2. Attached to the house 3. Detach from the house 4. Open air
28. Type of latrine used 1. Sanitary 2. Insanitary
29. Do you think latrine is not need in rural area? 1. Yes 2. No
31. What do you mean by Health 1. Free from disease 2. Mental and physical well being 3. Able to do day- today activities 4. Others
34. How much money spend for medical care __________
35. When you are ill what will you do first? 1. Consult doctor 2. Consult the priest 3. Others
37. What is your opinion about the cause of mental illness? 1. Wrath of God \ Goddess 2. Ghost intrusion 3. Others
38. If some body becomes ill do you tell the fact to others? 1. Yes 2. No
39. If some body in your family got contagious disease like leprosy, do you tell the fact to others? 1. Yes 2. No
40. What is your opinion about cause of disease?
   1. Heredity  2. Past sin  3. Worth of God or Goddess

41. Do you think S T D is caused by
   1. Breach of taboo  2. Illicit sexual  3. Heredity
   4. Past sin

42. Do you observe specific day for beginning treatment  1. Yes  2. No

43. Do you believe that certain medical parishioners have non-rational
talent for treating (kaipunnyam)  1. Yes  2. No

44. Do your environment is related health & Disease  1. Yes  2. No

45. Do you keep around your house neat and clean:  1. Yes  2. No

46. Do you open the ventilation at daytime?  1. Yes  2. No

47. Do you know that over crowding is one of infection  1. Yes  2. No

48. Do you know that certain disease s are spread through contaminated
water  1. Yes  2. No
   If yes, how will you make water safe to drink

49. Do you know that certain diseases are related to air pollution
   1. Yes  2. No

50. Do you wash cloths near to the well?  1. Yes  2. No

51. Do you wash utensils near the well?  1. Yes  2. No

52. Do you know these habits are harmful to health?  1. Yes  2. No

53. Do you know fly breeding places are harmful to health  1. Yes  2. No

54. Can you identify which of the diseases caused by flies  1. Yes  2. No

55. Do you know mosquitoes are harmful to health  1. Yes  2. No
   If yes how will you protect from mosquitoes
   1. Use net  2. Use fan  3. Use fumigants  4. Others

56. Do you use chapels for walking outside home?  1. Yes  2. No
<table>
<thead>
<tr>
<th>Question</th>
<th>1. Yes</th>
<th>2. No</th>
</tr>
</thead>
<tbody>
<tr>
<td>57. Do you know walking without chapels cause disease?</td>
<td></td>
<td></td>
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<tr>
<td>58. Do you know personal hygiene is necessary for good health?</td>
<td></td>
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<tr>
<td>59. Do you wash your hand before and after food?</td>
<td></td>
<td></td>
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<tr>
<td>60. Do you change your dress daily?</td>
<td></td>
<td></td>
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<td>61. Do you cut your nail occasionally?</td>
<td></td>
<td></td>
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<tr>
<td>62. How often clean your teeth one day?</td>
<td>Once</td>
<td>Twice</td>
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<tr>
<td>63. What type of food you prefer?</td>
<td>Vegetarian</td>
<td>None vegetarian</td>
</tr>
<tr>
<td>64. Do you know that daily one has to take various items food stuffs?</td>
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<tr>
<td>65. What are the usual foodstuffs that you daily take?</td>
<td></td>
<td></td>
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<tr>
<td>66. What type of food you prefer for pregnant ladies?</td>
<td></td>
<td></td>
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<tr>
<td>67. Do your family has any belief related to the food habit of pregnant ladies</td>
<td></td>
<td></td>
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<tr>
<td>If yes, mention the reason</td>
<td></td>
<td></td>
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<tr>
<td>68. Do you think fatty food harmful to pregnant lady?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>If yes, give the reason</td>
<td></td>
<td></td>
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<tr>
<td>69. Do you antenatal checkup for pregnant ladies?</td>
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<td>70. Do you give special care to pregnant ladies?</td>
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<tr>
<td>71. Do you have any special ceremony regarding the birth of male child?</td>
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<td>72. Do you believe colostrums is not given to the new born?</td>
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<td></td>
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<td>73. Do you encourage breast-feeding?</td>
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<tr>
<td>74. Do you categories food into hot and cold?</td>
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</table>

If yes mentioned the name of hot and cold stuffs
1. Hot __________________
2. Cold __________________

75. Do you believe any combination of food considered harmful?  
   1. Yes  2. No

76. Do you practice any exercise?  
   1. Yes  2. No

77. Do you know exercises are needed to good health?  
   1. Yes  2. No

78. Do you know walking is a good exercise?  
   1. Yes  2. No

79. Do you have any religious beliefs regarding seeking medical care  
   1. Yes  2. No

80. Do you believe traditional system of medicine?  
   1. Yes  2. No

81. Do you believe yoga or meditation is good for health?  
   1. Yes  2. No

82. Do you think mental health is important for good health?  
   1. Yes  2. No

83. Do you feel low income is the reason for ill health?  
   1. Yes  2. No

84. Do you feel lack of education is the reason for ill health?  
   1. Yes  2. No