ACKNOWLEDGEMENT

The scholar expresses his deep sense of gratitude to Prof. Sudarsan Bhowmick, Department of Physical Education, University of Kalyani for his generous, competent and scholarly guidance apart from inspiration and encouragement given for the successful completion of the study.

The researcher is thankful to all the teaching and faculty members of the Physical Education Department for their co-operation, help and encouragement during the study.

The investigator is specifically thankful to the Headmaster, Teaching and non-teaching staff of his working school, “Sainthia Town High School”, Sainthia, Birbhum, West Bengal for their kind co-operation and encouragement.

Thank to the Secretary, Sainthia Sports Association for providing the K.K. Stadium for the study.

Thanks are expressed to my teacher A K Goswami, M. Rahman, F. Rafique, Chanchal Roy, Mahadev Das, Somnath Mondal for providing help to complete the research work within the stipulated time.

Last but not the least, heartful thanks are due to Mrs. Mahafuza Begam and daughters Nazia and Afsan for their encouragement which have made it possible for the researcher to complete the thesis in time.

He is also thankful to Mr. Jibanananda Goswami for composing and typing this thesis.

Date: 24-06-09

(Jamau Islam Khan)