Today world sports plays an important role in our profession. In games and sports the function of efficient body movement or neuromuscular skill is to provide the individual with the ability to perform proficiently which results in greater enjoyment of participation. Movement in sports and games are highly specific and are the result of training & experience. The role of motor abilities, for successful sports performance cannot be disputed. Strength, endurance, speed, flexibility, agility and coordinative abilities are the prerequisites for motor actions, in all sports. The improvement and maintenance of these components are very important in sports training. Physical education has recently been considered almost exclusively as a profession providing programmes in educational institutions but is now also an academic discipline with a growing knowledge base whose focus point is human movement. Academic achievement is the most important objective of education. It signifies accomplishment of a performance carried out successfully. Low achievement is an educational wastage of a nation, which amounts to a big loss to nation’s monetary resources. As psychology plays a dominant role in every sphere of human life, it also has many eminent factors which influence human psychology. In short, there are many factors influencing the individual’s mind and those factors are reflected on his/her psychology. For finding out the variables of psychology, the
investigator undertook this study to find out the selected motor ability, academic achievement and psychological variables for district level football and kabaddi players.

This thesis comprises five chapters. Chapter-I includes the background, problem, nature & scope, purpose, significance, delimitation, limitation, hypothesis, and definition of the terms. Chapter-II deals with finding of the other researchers. Chapter-III contains methodology, materials and tools, statistical techniques etc. Chapter-IV incorporates computation of the data, results of various estimations and test, their analysis. Chapter-V comprises of summary of the study, specific conclusions and recommendations. A comprehensive list of references has been compiled and presented alphabetically at the end.

The findings of the present study will help the sports administrators and teachers who are interested for the development of sports & physical education. It will also contribute to the society of our country.

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