References

For Journals:-


**Dissertations and Thesis:**


**Online books:-**


20. Rajeev Kumar, Dr. Amritpal Kaur (2006). Internet Use by Teachers and Students in Engineering Colleges of Punjab, Haryana, and Himachal Pradesh States of India: An Analysis. Electronic Journal of Academic and Special Librarianship, 7 (1) http://southernlibrarianship.icaap.org/content/v07n01/kumar_r01.htm


Appendix 1

**This questionnaire is conducted for student to find ‘Kids Internet Addiction’**

Name…………………………………………Birth date………………city
…………………………………………

**Gender**………………… **Age:**……../Edu ……………………..

<table>
<thead>
<tr>
<th>SR No</th>
<th>Questions</th>
<th>Rarely</th>
<th>Occasionally</th>
<th>Frequently</th>
<th>Often</th>
<th>Does Not Apply</th>
<th>Always</th>
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<tbody>
<tr>
<td>1</td>
<td>How often do you find that you stay on-line longer than you intended?</td>
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<td>2</td>
<td>How often do you neglect household chores to spend more time on-line?</td>
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<td>3</td>
<td>How often do you prefer the excitement of the Internet to intimacy with your partner?</td>
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<td>4</td>
<td>How often do you form new relationships with fellow on-line users?</td>
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<td>5</td>
<td>How often do others in your life complain to you about the amount of time you spend on-line?</td>
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<td>6</td>
<td>How often do your grades or school work suffer because of the amount of time you spend on-line?</td>
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<td>7</td>
<td>How often do you check your e-mail before something else that you need to do?</td>
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<td>8</td>
<td>How often does your job performance or productivity suffer because of the Internet?</td>
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<td>9</td>
<td>How often do you become defensive or secretive when anyone asks you what you do on-line?</td>
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<td>10</td>
<td>How often do you block out disturbing thoughts about your life</td>
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<td>with soothing thoughts of the Internet?</td>
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<td>11</td>
<td>How often do you find yourself anticipating when you will go on-line again?</td>
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<td>12</td>
<td>How often do you fear that life without the Internet would be boring, empty, and joyless?</td>
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<td>13</td>
<td>How often do you snap, yell, or act annoyed if someone bothers you while you are on-line?</td>
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<td>14</td>
<td>How often do you lose sleep due to late-night log-ins?</td>
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<td>15</td>
<td>How often do you feel preoccupied with the Internet when off-line, or fantasize about being on-line?</td>
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<td>16</td>
<td>How often do you find yourself saying &quot;just a few more minutes&quot; when on-line?</td>
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<td>17</td>
<td>How often do you try to cut down the amount of time you spend on-line and fail?</td>
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<td>18</td>
<td>How often do you try to hide how long you've been on-line?</td>
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<td>19</td>
<td>How often do you choose to spend more time on-line over going out with others?</td>
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<td>20</td>
<td>How often do you feel depressed, moody, or nervous when you are off-line, which goes away once you are back on-line?</td>
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<td>SR No</td>
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<td>1</td>
<td>तुम्हारा गरज नसतामा तुम्ही इंटरनेट उपयोग करता का?</td>
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<td>2</td>
<td>घरातील काम सोट्टा तुम्ही इंटरनेट वस्त्रविद्या का?</td>
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<td>3</td>
<td>तुमच्या मित्राच्या तुम्हाला इंटरनेट बदल जास्त माहिती दिल्यास का?</td>
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<td>4</td>
<td>इंटरनेटवर नवीम/अनोळखवी लोकांसोबत तुम्ही मेत्री करता का?</td>
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<td>5</td>
<td>इंटरनेटमध्ये तुमच्या अभ्यासाचा वाईट पैरिशियम शाळा आहे का?</td>
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<td>6</td>
<td>तुम्ही जास्तकिंच इंटरनेट वापरता श्वेतेचं पालक तजांत करतात का?</td>
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<td>7</td>
<td>इंटरनेटवर काम करताना आधी तुम्ही मेत्री वेक करता का?</td>
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<td>इंटरनेटपासून तुम्ही काम करताना वेक करता का?</td>
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<td>9</td>
<td>कुणींच्या विवाहात इंटरनेटच्या वापरात तणाव, सहकता का?</td>
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<td>10</td>
<td>इंटरनेटमध्ये तुम्ही जीवन चांगलं शाळा असं वाददं आहे का?</td>
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<td>11</td>
<td>इंटरनेटवर पर परता परत थसाम्यांदर चांगलं वाददं आहे का?</td>
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<td>तुम्हाला मित्री वादोरे का इंटरनेट</td>
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<td>13</td>
<td>नसेल तर तुम्हारे जीवन उदास, दु:खी होईल?</td>
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<td>14</td>
<td>जर कोणी तुम्हाला इंटरनेट वापरल नकसे म्हणून सांगीतले तर शरू केलो का?</td>
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<td>15</td>
<td>इंटरनेट पुढे तुम्ही झोप किंवा होते का?</td>
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<td>16</td>
<td>इंटरनेट वापरत नाही तोंघा इंटरनेटचा विचार करता का?</td>
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<td>17</td>
<td>जेव्हा इंटरनेट वापरत तेव्हा अजून पाव निमित्त वसावं आसं वाढत का?</td>
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<td>18</td>
<td>पुढील इंटरनेटवर वेळी वेळ धालवल्यास ते लपवण्याचा प्रयत्न करता का?</td>
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<td>19</td>
<td>तुम्ही बाहेर निवासात बेक धालवणपासाठी इंटरनेटवर वेळ धालवणे पसंद करता का?</td>
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<td>20</td>
<td>इंटरनेट वापरत नसेल तर नी कधी वापरत या विचाराचे खचून जाता का?</td>
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Appendix 3

This questionnaire is conducted for Kids to measure ‘kids Internet Addiction’

Name…………………………………………Birth date……………….city………………………………

Gender………………………………………Age:………/Edu

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1) इंटरनेटकुठेवापरावे?
   अ. संघनक्षयोगशाळावर घरिया. मोबाईलवर. नेटकर्फे
   2) तुम्हीकोणाकृतपरिवर्तितखोजपाहोते?
   अ.लोकक्षयोगशाळात संघनक्षयोगशाळेतीलपरिवर्तितखोजमित्र / परिवारवर स्वतःशिकले
   3) तुम्हीकीवर्षापूर्वे इंटरनेटवापरातहात?
   अ. 0-1व. 2-3व. 4-5व. 6+
   4) तुम्हाले इंटरनेटचाचारपत्रकसाहे?
   अ. दररोज.आठव्यानदर आठव्या-पाचव्याकाळ. महिन्यालागढीती
   5) दिवसानुसारक्तीवेकाइंटरनेटचाचारपत्रकरतात?
   अ. 1व. 2व. 3व. 4वतास +
   6) इंटरनेटचाचारयापयादेश (विविधुदेशसंकारात)
   अ. अभ्यासातिरित. ई-मेलपाठवण्याकरितक. PPT बनवण्याकरिता. बात-बातातिरित
   इंटरनेटवर खेळके खेळचारात, गणितचित्रभारतमित्रवण्याकरिता. ऑनलाईनसेवाचारित
   अ.अंतरसंधेचारात ऑनलाईनखरेदीकरणाचारिता
   7) इंटरनेटकाँचालावर?
   अ. अभ्याससुलभता
   इंटरनेटवर वाजासाठीमनसोपामाग3उन्मादकान्नमालकमालान्माग  
   वरेनाहक इंटरनेटवर वाचनाचारीलासेवाई  
   अ. गुगलब. फेसबुकक. ट्विटरड. ऑक्ट
   8) तुम्हीसंत. लाइंटरनेटवर पात्राच्यापुर्वमित्रयांच्या वाचणात?
   अ. होब. नाही.
   9) इंटरनेटवर वाचणात तेजस्वीवर वाचणात?
   अ. होब. नाही.
   10) इंटरनेटवर मुळे जेवणावरकाही प्रभावावर लागाहेत?
   अ. होब. नाही.
   11) इंटरनेटवर मुळे तेजस्वीवर वाचणात?
   अ. होब. नाही.
   12) इंटरनेटवर मुळे तेजस्वीवर वाचणात?
   अ. होब. नाही.
   13) जेवहाल्यायले केंद्रसंवेदनातहालासतसामाजिकसंबंधितानुवारकिवा?
   ऑनलाईनसेवाढेशपाठवताहात?
   अ. होब. नाही.
   14) जेवहाल्यायले इंटरनेटवर त्याच्या देखभालसामाजिकसंबंधितानुवारकिवा?
   अ. होब. नाही.
अ. होब. नाही
15) जेव्हावीप्रवाहकारकतत्त्वाकितम्हीअसहनशीलबनता?
अ. होब. नाही
16) जेव्हातुम्हीतरोपविकोटवरघालवतात्यानंतरतुम्हातपरिवारासोबतवेजघालवणेआवडतनाही?
अ. होब. नाही
17) तुम्हाताखनचेहुन्यादेटिंगलेखकाअभासीडेटिंगजास्तआवडते?
अ. होब. नाही
18) तुम्हीकाहीकारणनसतानाशारीरिकमाहितीशीघ्रतअसता?
अ. होब. नाही
19) तुम्हासाईटनेटअवडतेकारण
अ. संघनकब. मोबाईल
20) तुम्हीकोणात्याउपकरणाद्वारेइंटरनेटवापरता?
अ. संघनकब. मोबाईल
21) इंटरनेटव्यवस्थावरआपल्यांचाविचारआहेत?
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Appendix 4

This questionnaire is conducted for Kids to measure ‘kids Internet Addiction’

Name…………………………………………Birth date……………………city………………………………
Gender……………………………………….. Age:………/Edu

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1. Where to use the internet

2. From whom you take the training
1. From teacher  2. Staff of computer lab  3. From friend/family  4. Self learning

3. From how many years you use the internet
0-1  2-3  4-5  6+

4. Frequency of internet use

5. Daily internet usage in one day
1 hour  2 hours  3 hours  4+ hours

6. Purpose of internet use (multi selection)
1. Study  2. Sending Mails  3. Preparing PPT
4. Reading news papers  5. Sport information  6. Playing games
7. Downloading Songs/movies  8. Chatting with friends
9. Buying online product

7. Why use the internet
1. Easy in study  2. Can not study without internet  3. Information gathering is easy than library
4. It is fastest way to get accurate information  5. This service provided 24*7 days  6. It is best communication device
7. Good intermediate for online learning

8. Which sites mostly visiting

9. Can you control yourself to use internet

10. Because of internet you have eating disorder
1. Yes  2. No

11. You have joint pain when you use the internet
1. Yes  2. No

12. You have eye strain problem because of internet use
1. Yes  2. No

13. When you offline always feel like you have smgs on social websites or in what up internet problem
1. Yes  2. No

14. When social networking sites are not open you get angry
1. Yes  2. No

15. When power cut off you not tolerant
1. Yes  2. No
16. You spend so much time on internet so you don’t like to spend time with your family
1. yes 2. No

17. You like virtual dating than real dating
1. yes 2. No

18. Always searching health information without any reason
1. yes 2. No

19. You like to internet for
1. playing games 2. searching information 3. listening songs
4. all

20. What is your option about internet addiction?

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Appendix 5

This questionnaire is conducted for parents to measure ‘kids Internet Addiction’

Name…………………………………………Birth date………………city………………………………
Gender…………………………………….Age:………/Edu ……………………………..

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<tr>
<th>Sr. no</th>
<th>Questions</th>
<th>N/A or Rarely</th>
<th>Occasionally</th>
<th>Frequently</th>
<th>Often</th>
<th>Always</th>
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<tbody>
<tr>
<td>1</td>
<td>How often does your child disobey time limits you set for on-line use?</td>
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<td>2</td>
<td>How often does your child neglect household chores to spend more time on-line?</td>
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<td>3</td>
<td>How often does your child prefer to spend time on-line rather than with the rest of your family?</td>
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<td>4</td>
<td>How often does your child form new relationships with fellow on-line users?</td>
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<td>5</td>
<td>How often do you complain about the amount of time your child spends on-line?</td>
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<td>6</td>
<td>How often do your child’s grades suffer because of the amount of time he or she spends on-line?</td>
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<td>7</td>
<td>How often does your child check his or her e-mail before doing something else?</td>
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<td>8</td>
<td>How often does your child seem withdrawn from others since discovering the</td>
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<td>9</td>
<td>How often does your child become defensive or secretive when asked what he or she does on-line?</td>
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<td>10</td>
<td>How often have you caught your child sneaking on-line against your wishes?</td>
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<td>11</td>
<td>How often does your child spend time alone in his or her room playing on the computer?</td>
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<td>12</td>
<td>How often does your child receive strange phone calls from new &quot;on-line&quot; friends?</td>
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<td>13</td>
<td>How often does your child snap, yell, or act annoyed if bothered while on-line?</td>
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<td>14</td>
<td>How often does your child seem more tired and fatigued than he or she did before the Internet came along?</td>
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<td>15</td>
<td>How often does your child seem preoccupied with being back on-line when off-line?</td>
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<td>16</td>
<td>How often does your child throw tantrums with your interference about how long he or she spends on-line?</td>
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<td>17</td>
<td>How often has your child choose to spend time on-line rather than doing once enjoyed hobbies and/or outside interests?</td>
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<td>18</td>
<td>How often does your child become angry or belligerent when you place time limits on how much time he or she is allowed to spend on-line?</td>
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<td>19</td>
<td>How often does your child choose to spend more time on-line than going out with friends?</td>
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<td>20</td>
<td>How often does your child feel depressed, moody, or nervous when off-line which seems to go away once back on-line?</td>
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