# TABLE OF CONTENT

<table>
<thead>
<tr>
<th>Sr. No.</th>
<th>Index</th>
<th>Page no.</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>INTRODUCTION</td>
<td>1-76</td>
</tr>
<tr>
<td>1.1</td>
<td>Family Size</td>
<td>8</td>
</tr>
<tr>
<td>1.1.1</td>
<td>Defining family size</td>
<td>8</td>
</tr>
<tr>
<td>1.1.2</td>
<td>Effects of different Family Sizes on children/adolescents</td>
<td>8</td>
</tr>
<tr>
<td>1.2</td>
<td>Birth Order</td>
<td>10</td>
</tr>
<tr>
<td>1.2.1</td>
<td>Defining Birth Order</td>
<td>10</td>
</tr>
<tr>
<td>1.2.2</td>
<td>History of Birth Order</td>
<td>10</td>
</tr>
<tr>
<td>1.2.3</td>
<td>Theories and Models of Family Size</td>
<td>11</td>
</tr>
<tr>
<td>1.2.4</td>
<td>Theories and Models of Birth Order</td>
<td>12</td>
</tr>
<tr>
<td>1.2.5</td>
<td>Combined Theories of Family Size and Birth order</td>
<td>20</td>
</tr>
<tr>
<td>1.3</td>
<td>Intelligence</td>
<td>25</td>
</tr>
<tr>
<td>1.3.1</td>
<td>Defining Intelligence</td>
<td>25</td>
</tr>
<tr>
<td>1.3.2</td>
<td>Theories of intelligence</td>
<td>26</td>
</tr>
<tr>
<td>1.3.3</td>
<td>The Nature versus nurture debate</td>
<td>31</td>
</tr>
<tr>
<td>1.3.4</td>
<td>Intelligence, Family Size and Birth Order</td>
<td>34</td>
</tr>
<tr>
<td>1.4</td>
<td>MENTAL HEALTH CONDITIONS</td>
<td>35</td>
</tr>
<tr>
<td>1.4.1</td>
<td>Depression</td>
<td>36</td>
</tr>
<tr>
<td>1.4.1(A)</td>
<td>Defining Depression</td>
<td>36</td>
</tr>
<tr>
<td>1.4.1(B)</td>
<td>Types of Depression</td>
<td>37</td>
</tr>
<tr>
<td>1.4.1(C)</td>
<td>Theories of Depression</td>
<td>39</td>
</tr>
<tr>
<td>1.4.1(D)</td>
<td>Treatment/Therapies Of Depression</td>
<td>40</td>
</tr>
<tr>
<td>1.4.1(E)</td>
<td>Depression, Family Size, and Birth Order</td>
<td>42</td>
</tr>
<tr>
<td>1.4.2</td>
<td>Anxiety</td>
<td>43</td>
</tr>
<tr>
<td>1.4.2(A)</td>
<td>Defining Anxiety</td>
<td>43</td>
</tr>
<tr>
<td>1.4.2(B)</td>
<td>Components of Anxiety</td>
<td>44</td>
</tr>
<tr>
<td>1.4.2(C)</td>
<td>Theories of Anxiety</td>
<td>45</td>
</tr>
<tr>
<td>1.4.2(D)</td>
<td>Anxiety, Family Size, and Birth Order</td>
<td>48</td>
</tr>
</tbody>
</table>
1.4.3 Self-Esteem
1.4.3(A) Defining Self-Esteem
1.4.3(B) Theories of Self-Esteem
1.4.3(C) Self-Esteem, Family Size and Birth Order
1.4.4 Parent-Child Relationship
1.4.4(A) Definitions
1.4.4(B) Types of Parent-Child Relationships
1.4.4(C) Theories of Parent-Child Relationship
1.4.4(D) Parent-Child Relationship, Family Size and Birth Order
1.4.5 Career Choice Patterns
1.4.5(A) Defining Career
1.4.5(B) Defining Career Choice / Career Decision Making
1.4.5(C) Theories of Career Choice/Career Decision Making
1.4.5(D) Career Choice patterns, Family size, and Birth Order

2. REVIEW OF LITERATURE
2.1 Intelligence, Family Size and Birth Order
2.2 MENTAL HEALTH CONDITIONS
2.2.1 Depression, Family size, and Birth order
2.2.2 Anxiety, Family size, and Birth order
2.2.3 Self Esteem, Birth Order and Family Size
2.3 Parent Child Relationship, Family Size and Birth Order
2.4 Career Choice Patterns, Family Size and Birth Order

3. NEED OF THE STUDY
3.1 Overview and Relevance of the study
3.2 Objectives of the study
3.3 Hypotheses

4. METHODOLOGY
4.1 Sample
4.1.1 Initial Stage
4.1.2 Final Sample
4.2 Tests
4.2.1 Raven’s progressive matrices (Raven, 1936)
4.2.2 Self-Rating Depression Scale (Zung, 1965)
4.2.3  Self-Esteem Scale (Rosenberg, 1965)  153
4.2.4  State-Trait Anxiety Inventory (Spielberger et al., 1970)  154
4.2.5  Parent-Child Relationship (Nalini Rao, 1989)  155
4.2.6  Comprehensive Interest Schedule (Vohra, 1992)  157

4.3  Procedure  161
4.4  Scoring  162
4.5  Statistical Analyses  162
4.5.1  Preliminary Analyses  162
4.5.2  Differential Analyses  162
4.5.2(i)  Analyses of Variance (ANOVA)  162
4.5.2(ii)  Multiple comparison (Scheffe’s post-hoc test)  163

5.  RESULTS  165

5.1  Descriptive Analyses  165
5.1.1  Prevalence  165
5.2  Differential Analyses  168
5.2.1  Analyses of Variance (ANOVA)  169
5.2.1(A)  Intelligence  171
5.2.1(B)  MENTAL HEALTH CONDITIONS  174
5.2.1(B)(i)  Depression  174
5.2.1(B)(ii)  Self-Esteem  180
5.2.1(B)(iii)  Trait Anxiety  184
5.2.1(B)(iv)  State Anxiety  186
5.2.1(C)  Parent-Child Relationship  191
5.2.1(C)(i)  Protecting  191
5.2.1(C)(ii)  Rejecting  195
5.2.1(C)(iii)  Loving  199
5.2.1(D)  Career Choice Patterns  204
5.2.1(D)(i)  Administrative Occupational Field  207
5.2.1(D)(ii)  Defence Occupational Field  210
5.2.1(D)(iii)  Sports Occupational Field  212
5.2.1(D)(iv)  Creative Occupational Field  214
5.2.1(D)(v)  Performing Occupational Field  217
5.2.1(D)(vi)  Expressive Occupational Field  219
5.2.1(D)(vii) Humanitarian occupational Field 222
5.2.1(D)(viii) Educational Occupational Field 224

5.2.2 Multiple Comparisons (Scheffe’s Post-Hoc Test) 164
5.2.2(A) Multiple Comparisons of Family Size (Depression) 176
5.2.2(B) Multiple Comparisons of Birth Order (Depression) 178
5.2.2(C) Multiple Comparisons of Birth Order (Self-Esteem) 183
5.2.2(D) Multiple Comparisons of Family Size (State-Anxiety) 188
5.2.2(E) Multiple Comparisons of Birth Order (State-Anxiety) 190
5.2.2(F) Multiple Comparisons of Family Size (Protecting) 193
5.2.2(G) Multiple Comparisons of Birth Order (Protecting) 195
5.2.2(H) Multiple Comparisons of Family Size (Rejecting) 197
5.2.2(I) Multiple Comparisons of Birth Order (Rejecting) 199
5.2.2(J) Multiple Comparisons of Family Size (Loving) 201
5.2.2(K) Multiple Comparisons of Birth Order (Loving) 203
5.2.2(L) Multiple Comparisons of Birth Order (Administrative Career) 209
5.2.2(M) Multiple Comparisons of Birth Order (Expressive Career) 221
5.2.2(N) Multiple Comparisons of Birth Order (Educational Career) 227

6. DISCUSSION 228-328
6.1 DESCRIPTIVE ANALYSES 229
6.1.1 Prevalence 229
6.2 DIFFERENTIAL ANALYSES 231
6.2.1 INTELLIGENCE 231
6.2.2 MENTAL HEALTH CONDITIONS 237
6.2.2(A) Depression 237
6.2.2(B) Self-Esteem 244
6.2.2(C) Trait Anxiety 251
6.2.2(D) State Anxiety 256
6.2.3 PARENT CHILD RELATIONSHIP 264
6.2.4 CAREER CHOICE PATTERNS 275
6.2.4(A) Administrative Occupational Field 276
6.2.4(B) Defence Occupational Field 284
6.2.4(C) Sports Occupational Field 289
| 6.2.4(D) | Creative Occupational field | 294 |
| 6.2.4(E) | Performing Occupational Field | 300 |
| 6.2.4(F) | Expressive Occupational Field | 306 |
| 6.2.4(G) | Humanitarian Occupational Field | 312 |
| 6.2.4(H) | Education Occupational Field | 317 |
| 7.      | Summary                      | 329-341 |
| 7.2     | Implications Of The Study    | 339 |
| 7.3     | Suggestions For The Future Research | 340 |
| 8       | REFERENCES                   | 342-374 |
|         | APPENDICES                   | 375 |