ANNEXURE: II

OCCUPATIONAL STRESS INDEX

INSTRUCTIONS

This questionnaire is meant for a psychological investigation. The questionnaire consists of some statements that employees say or feel about various components and conditions of their job. You are required to select any one of the following ‘five responses’ to indicate the extent to which you agree or disagree with each statement to describe the nature and conditions of your job and also your own experiences and feelings about your job.

KINDLY ANSWER ALL THE QUESTIONS

1. I have to do a lot of work in this job.
   Strongly disagree    Disagree    Undecided    Agree    Strongly agree

2. The available information relating to my job-role and its outcomes are vague and in sufficient.
   Strongly disagree    Disagree    Undecided    Agree    Strongly agree

3. My different officers often give contradictory instructions regarding my work.
   Strongly disagree    Disagree    Undecided    Agree    Strongly agree

4. Sometimes it becomes a problem for me to make adjustment between political/group pressures and formal rules and regulations.
   Strongly disagree    Disagree    Undecided    Agree    Strongly agree

5. The responsibility for the efficiency and productivity of many employees is thrust upon me.
   Strongly disagree    Disagree    Undecided    Agree    Strongly agree

6. Most of my suggestions are followed and implemented here.
   Strongly disagree    Disagree    Undecided    Agree    Strongly agree

7. My decisions regarding distribution of assignments among employees are properly followed.
   Strongly disagree    Disagree    Undecided    Agree    Strongly agree
8. I have to work with persons whom I like. | Strongly disagree | Disagree | Undecided | Agree | Strongly agree
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9. My assignments are of nature. | Strongly disagree | Disagree | Undecided | Agree | Strongly agree
10. Higher authorities do care for my self-respect. | Strongly disagree | Disagree | Undecided | Agree | Strongly agree
11. I get less salary in comparison of the quantum of my labour/work. | Strongly disagree | Disagree | Undecided | Agree | Strongly agree
12. I do my work under tense circumstances. | Strongly disagree | Disagree | Undecided | Agree | Strongly agree
13. Owing to excessive load I have to manage with insufficient no. of employees and resources. | Strongly disagree | Disagree | Undecided | Agree | Strongly agree
14. The objectives of my work role are quite clear and adequately planned. | Strongly disagree | Disagree | Undecided | Agree | Strongly agree
15. Officials do not interfere with my jurisdiction and working methods. | Strongly disagree | Disagree | Undecided | Agree | Strongly agree
16. I have to do some work unwillingly owing to some group/political pressures. | Strongly disagree | Disagree | Undecided | Agree | Strongly agree
17. I am responsible for the future of a number of employees. | Strongly disagree | Disagree | Undecided | Agree | Strongly agree
18. My co-operation is frequently sought in solving administrative or industrial problems at higher level. | Strongly disagree | Disagree | Undecided | Agree | Strongly agree
19. My suggestions regarding training programmes of employees are given due significance. | Strongly disagree | Disagree | Undecided | Agree | Strongly agree
20. Some of my colleagues & juniors try to defame and malign me as unsuccessful. | Strongly disagree | Disagree | Undecided | Agree | Strongly agree
21. I get ample opportunity to utilize my abilities & experience independently. 

22. This job has enhanced my social status. 

23. I am seldom rewarded for my hardwork & efficient performance. 

24. Some of my assignments are quite risky & complicated. 

25. I have to dispose off my hurriedly owing to excessive workload. 

26. I am unable to perform my duties smoothly owing to uncertainty & ambiguity of the scope of my jurisdiction. 

27. I am not provided with clear instructions & sufficient facilities regarding the new assignments entrusted to me. 

28. In order to maintain group conformity sometimes I have to do more than the usual. 

29. I bear the great responsibility for the progress & prosperity of this organization. 

30. My opinions are sought In framing important policies of the organization/department. 

31. Our interest and opinion are duly considered in making appointments for important posts. 

32. My colleagues do cooperate me voluntarily in solving administrative and industrial problems. 

33. I get ample opportunity
to utilize my aptitude and proficiency properly.

34. My higher authorities don’t give due significance to my post and work.
   Strongly disagree Disagree Undecided Agree Strongly agree

35. I often feel that this job has made my life cumbersome.
   Strongly disagree Disagree Undecided Agree Strongly agree

36. Being too busy with official work, I’m not able to devote sufficient time to my domestic & personal problems.
   Strongly disagree Disagree Undecided Agree Strongly agree

37. It is not clear what type of work & behavior my higher authorities & colleagues expect from me.
   Strongly disagree Disagree Undecided Agree Strongly agree

38. Employees attach due importance to formal working procedures.
   Strongly disagree Disagree Undecided Agree Strongly agree

39. I am compelled to violate formal and administrative procedures and policies owing to group/political pressures.
   Strongly disagree Disagree Undecided Agree Strongly agree

40. My opinion is sought in changing or modifying the working system, instrument and conditions.
   Strongly disagree Disagree Undecided Agree Strongly agree

41. There exists sufficient mutual co-operation & team spirit among the employees of this organization/department.
   Strongly disagree Disagree Undecided Agree Strongly agree

42. My suggestions and co-operation are not sought in solving even those problems for which I am quite competent.
   Strongly disagree Disagree Undecided Agree Strongly agree

43. Working conditions are satisfactory here from the point of view of our welfare and convenience.
   Strongly disagree Disagree Undecided Agree Strongly agree

44. I have to do such work as ought to be done by others.
   Strongly disagree Disagree Undecided Agree Strongly agree

[191]
45. It becomes difficult to strongly disagree disagree undecided agree strongly agree implement all of a sudden the new dealing procedures and policies in place of those already in practice.

46. I am unable to carry out strongly disagree disagree undecided agree strongly agree my assignment to my satisfaction on account of excessive load of work and lack of time.

THANKS