10. FUTURE PROJECTIONS

- Longitudinal study can be done for evaluating influence of visceral fat on blood pressure reactivity with use of direct measurement of visceral fat for development of future hypertension for large population.

- Same study can be done by using other physical stresses like bicycle ergometry, step test or Isometric Test.

- Longitudinal study can be conducted for assessing blood pressure reactivity may be with ambulatory blood pressure monitoring and its relation with cardiovascular risk factors along with cardiovascular autonomic functions for understanding prospective pathophysiology.