ABBREVIATIONS

BMI – Body Mass Index
NCDs – Non Communicable Diseases
UTI – Urinary Tract Infections
PALs – Physical Activity Levels
MSS – Musculoskeletal Strains
PWB – Psychological Well Being
KP – Kashmiri Pandit
WHO – World Health Organization
NCHS – National Center for Health Statistics
ICMR – Indian Council of Medical Research
CDC – Centre for Disease Controller
RDA – Recommended Dietary Allowances