SECTION 4.4

Relationship between lifestyle variables and selected health indicators among the sample adolescent group

SECTION OUTLINE

4.4.1 Association of BMI and selected lifestyle variables
   a) BMI and Eating habits
   b) BMI and Macro nutritional intake
   c) BMI and Physical activity levels
   d) BMI and Work related physical activity levels
   e) Concluding comments

4.4.2 Association of blood pressure profile and selected lifestyle variables
   a) Blood pressure profile and BMI
   b) Blood pressure profile and Eating habits
   c) Blood Pressure Profile and Macro nutritional intake
   d) Blood Pressure Profile and Physical activity levels
   e) Blood Pressure Profile and Work related physical activity levels
   f) Concluding comments

4.4.3 Association of musculoskeletal strains and selected lifestyle variables
   a) Musculoskeletal strains and BMI
   b) Musculoskeletal strains and Eating habits
   c) Musculoskeletal strains and Macro nutritional intake
   d) Musculoskeletal strains and Physical activity levels
   e) Musculoskeletal strains and Work related physical activity levels
   f) Concluding comments

4.4.4 Association of Urinary Tract Infections and selected lifestyle variables
   a) Urinary tract infections and BMI
   b) Urinary tract infections and Eating habits
   c) Urinary tract infections and Macro nutritional intake
   d) Urinary tract infections and Physical activity levels
   e) Urinary tract infections and Work related physical activity levels
   f) Concluding comments

4.4.5 Association of psychological well being and selected lifestyle variables
   a) Psychological well being and BMI
   b) Psychological well being and Eating habits
   c) Psychological well being and Macro nutritional intake
   d) Psychological well being and Physical activity levels
   e) Psychological well being and Work related physical activity levels
   f) Concluding comments