BIBLIOGRAPHY

BOOKS


**JOURNALS AND PERIODICALS**


**UNPUBLISHED THESIS**


**WEBSITES VISITED**

http://en.wikipedia.org/wiki/physical_education

http://www.article-voip.com/Article/The-Importance-of-physical-Fitness-Education/209

http://www.brianmac.co.uk/medball.htm

http://www.brianmac.demon.co.uk/fat.htm

http://www.coachr.org/fitness.htm IAAF "Introduction to Coaching Theory"

http://www.en.wikipedia.org/wiki/sport

http://www.freeessays.cc/db/25/hpw84.shtml

http://www.kamat.com/database/books/kareducation/physical_education.htm


http://www.sport-fitness-advisor.com/intervaltraining.html

http://www.bbc.co.uk/schools/gcsebitesize/fitness/fitnessrev2.shtml

http://www.bbc.co.uk/schools/gcsebitesize/fitness/fitnessrev4.shtml

http://www.bbc.co.uk/schools/gcsebitesize/fitness/fitnessrev6.shtml

www.about.com

www.bddiabetes.co.uk/dyn_en/glossary.html

www.medicinenet.com/low_blood_pressure/page2.htm

www.onatariosciencecentre.ca/school/visits/glossary.asp

*****