Chapter 9

CONCLUSIONS
CONCLUSIONS

After the literary studies it was concluded that

* **Shool** means not only the *Udar - shool*, but any type of *Pratikal Vedana* i.e. pain, any where in the body.
* **Shool** may be a disease or a symptom from any other disease, *Vata Dosh* takes an important role in production, as well as in transmission of Shool.

After clinical studies on 428 pts it was concluded that -

* **Upastambhit Vata** has greater role in the production of **Shool**.
* Predesposing factors like male sex, middle age, *Kaphavataja Prakruti*, are more prone to produce the **Shool**.
* **Efficacy of Panchakol** is reciprocal to the age. It means efficacy decreases as there is increase in the age.
* **Panchakol Yavagoo & Panchakol Choorna**, both the drugs are effective as **Shoolaghna**. Mean efficacy of **Panchakol Yavagoo** (68.75%) is more than that of **Panchakol Choorna** (61.13%)
* **Panchakol Yavagoo & Panchakol Choorna**, both the drugs are more useful in pts having *Kapha - Vataj Prakrati*, *Pravar Satva, Upastambhit Vata, Teevra Shool, Ashukari shool, satat shool. Udar Shoot & Sandhi Shool*. While both the drugs are less effective in *Nirupastambhit Vata, & Shirah Shool*.
* **Panchakol Yavagoo & Panchakol Choorna**, both these drugs are proved as statistically significant at 1% level of significance.